國立臺灣大學理學院數學系<br>博士論文<br>Department of Mathematics<br>College of Science<br>National Taiwan University<br>Doctoral Dissertation

## 均曲率流的拉格拉奇自同構解

# Lagrangian Self－Similar Solutions for Meãn Curvature Flow 

## 呂楊䟗

Yang－Kai Lue

指導教授：李瑩英博士
Advisor ：Professor Yng－Ing Lee

中華民國101年七月
July 2012

時光飛逝，一轉眼六年就過了，終於要畢業了。首先我要感謝我的指尊老師李瑩英教授。在這無邊無際的學海中，引領我方向。在我研究遇到瓶頸時，老師與我一起討論，給出不同思考方向。無論是在解題技巧上或是一些幾何直觀，我都在老師身上學習到很多。除此之外，老師時常在課堂上給予我正確的研究態度和眼界。這是我以前比較缺乏的。我眞的覮得自己很幸運遇到好老師。我也想要感謝王慕道教授。王教授常常回臺大訪問，在這些期間有很多機會可以跟他討論，關於我的研究，教授也提供些建議與看法。接著我想感謝默默陪伴我的家人。他們總是在背後支持我，讓我可以無須擔憂其他事情而致力於研究上。雖然他們不懂我的研究，但他們是我精神上的支柱。我也要感謝我的學長李國瑋和同學陳志偉，他們除了是討論數學的好伙伴外，也給予我很多的建議和帾忙。也是因爲有了他們，在論文寫作上順利許多。最後也感謝與我同間研究室的同學們以及系桌的學弟妹們，因爲與你們的相處互動，讓我在苦悶的研究生活中多些色彩，也是我可以持續作研究的動力之一。眞的很謝谢你們大家，我想跟你們説，有你眞好。

## 摘 要

在這篇論文裡，我們推廣Colding 和 Minicozzi 的工作，將收縮超曲面的 $F$－穏定性推廣到高稌維。我們推導了 $F$－泛函的一次變分和二次變分。對於一般高餘維，我們發現了一個關於 $F$－穏定性的等價條件。使用這等價條件，我們能對 $F$－穏定的乘積收縮解做分類以及證明 Anciaux 所造的拉格拉奇收縮解是 $F$－不穏定。


#### Abstract

In this thesis, we generalize Colding and Minicozzi's work on the stability of self-shrinkers in the hypersurface case to higher co-dimensional cases. The 1st and 2nd variation formulae of the F-functional are derived and an equivalent condition to the stability in general codimension is found. Using the equivalent condition, we can classify $F$-stable product self-shrinkers and show that the Lagrangian self-shrinkers given by Anciaux are $F$ - unstable.




## Contents

Acknowledgements ..... i
Abstract (in Chinese) ..... ii
Abstract (in English) ..... iii
Contents ..... iv
1 Introduction ..... 1
2 The 1st and 2nd variation formulae of $F$ ..... 6
2.1 Notation and Preliminaries ..... 6
2.2 The first variation formula of $F$ ..... 8
2.3 The general second variation formula of $F$ ..... 10
2.4 The second variation at a critical point ..... 12
3 An equivalent condition for $F$-stability ..... 15
3.1 Vector-valued eigenfunctions and eigenvalues of $L^{\perp}$ ..... 15
3.2 An equivalent condition ..... 17
4 Classification of stable product self-shrinkers ..... 21
4.1 For compact case ..... 21
4.2 For noncompact case ..... 22
5 The unstability of Anciaux's examples ..... 24
5.1 Anciaux's examples ..... 24
5.2 The unstability for general variations ..... 25
5.3 The unstability for Lagrangian variations ..... 32
6 Self-similar Lagrangian graph ..... 37
6.1 Expanding Lagrangian graph ..... 37
6.2 Translating Lagrangian graph ..... 39


## Chapter 1

## Introduction

Let $\Sigma$ be an $n$-dimensional manifold and $X$ be an isometric immersion of $\Sigma$ in $\mathbb{R}^{m}$. Mean curvature flow of $X$ is a family of immersions $X_{t}: \Sigma \rightarrow \mathbb{R}^{m}$ which satisfies

$$
\left\{\begin{aligned}
\left(\frac{\partial}{\partial t} X_{t}(x)\right)^{\perp} & =H(x, t) \\
X_{0} & =X
\end{aligned}\right.
$$

where $H(x, t)$ is the mean curvature vector of $X_{t}(\Sigma)$ at $X_{t}(x)$ and $\perp$ denotes the projection of a vector into the normal space of $X_{t}(\Sigma)$. Mean curvature flow of a submanifold in a Riemannian manifold can also be defined similarly. Because the mean curvature vector points in the direction in which the area decreases most rapidly, mean curvature flow is thus a canonical way to construct minimal submanifolds. It also improves the geometric properties of an object along the flow (e.g., see [7]).

A submanifold $\Sigma$ in $\mathbb{R}^{m}$ is called a self-shrinker if its position vector $X: \Sigma \rightarrow \mathbb{R}^{m}$ satisfies

$$
H=-\frac{1}{2} X^{\perp} .
$$

The terminology comes from the fact that $\sqrt{1-t} X(\Sigma)$ is a solution of mean curvature flow, i.e., a self-shrinker evolves homothetically along mean curvature flow in a shrinking way. Moreover, self-shrinkers describe all possible central blow-up limits of a finite-time singularity of the mean curvature flow. This follows from Huisken's monotonicity formula [8], and its generalization to type II singularity by Ilmanen [11] and White [18]. Singularities will occur in general along mean curvature flow and
are obstacles to continue the flow. It is therefore an important issue to understand singularities and the candidates of their blow-up limits, self-shrinkers.

Standard sphere $\mathbb{S}^{n}(\sqrt{2 n})$ and cylinder $\mathbb{S}^{k}(\sqrt{2 k}) \times \mathbb{R}^{n-k}$ are simple examples of self-shrinkers in $\mathbb{R}^{m}$. Abresch and Langer [4] found all immersed closed self-shrinkers in the plane. For higher dimensional complete hypersurface case, Huisken [9] classified all self-shrinkers with nonnegative mean curvature and bounded geometry. The bounded geometry condition is later weakened to polynomial volume growth by Colding and Minicozzi in [6]. On the other hand, many other different co-dimension one self-shrinkers are found (e.g., see [2]), and a classification of all self-shrinkers is not expected. Our understanding on self-shrinkers in higher co-dimension is even more limited. Smoczyk obtained a classification for self-shrinkers with parallel principal normal $\nu \equiv H /|H|$ and bounded geometry in [16]. In addition to above researches, a nice condition, Lagrangian condition, gives us another possibility to realize selfshrinkers for higher co-dimensional cases.

A half-dimensional submanifold $L$ in a symplectic manifold, equipped with a closed nondegenerate differential 2 -form $\omega$, is called a Lagrangian submanifold if $\left.\omega\right|_{L}=0$. Especially, the standard complex Euclidean space $\left(\mathbb{C}^{n}, \omega=\sum_{j=1}^{n} d x_{j} \wedge d y_{j}\right)$ is a trivial symplectic manifold. In this thesis, our ambient space is the standard Euclidean space $\mathbb{R}^{m}$ or $\mathbb{C}^{n}$. Fortunately, the Lagrangian condition is preserved by mean curvature flow. It was proved by Smoczyk in [15]. In $\mathbb{C}^{n}$, various different families of Lagrangian self-shrinkers are constructed in [1], [14] and [12].

Adapted from the back heat kernel introduced by Huisken in [8], Colding and Minicozzi [6] defined a functional $F$ by

$$
\begin{equation*}
F(\Sigma, x, t)=\frac{1}{\sqrt{4 \pi t}^{n}} \int_{\Sigma} e^{\frac{-|X-x|^{2}}{4 t}} d \mu \tag{1.0.1}
\end{equation*}
$$

for any submanifold $X: \Sigma^{n} \rightarrow \mathbb{R}^{n+1}, x \in \mathbb{R}^{n+1}$ and $t>0$. For the first variation of $F$, the critical points $\left(\Sigma, x_{0}, t_{0}\right)$ of $F$ are the surfaces shrinking to $x_{0}$ at the time $t_{0}$ along mean curvature flow. Especially, they are self-shrinkers when $x_{0}=0$ and $t_{0}=1$. The
entropy functional $\lambda=\lambda(\Sigma)$ of $\Sigma$ is defined by

$$
\lambda(\Sigma)=\sup _{x \in \mathbb{R}^{n+1}, t>0} F(\Sigma, x, t) .
$$

The entropy $\lambda$ has three main properties. First, it is positive and is invariant under dilations, translations and rotations of $\Sigma$. Secondly, it is non-increasing along mean curvature flow. Thirdly, its critical points are self-shrinkers. However, it is not smooth with respect to the variable $\Sigma$. A self-shrinker is entropy-stable if it is a local minimum for the entropy functional. From the study of Colding and Minicozzi [6], the singular models of a "perturbed" mean curvature flow must be an entropy-stable self-shrinker. Moreover, they also showed that shrinking spheres, cylinders and planes are the only stable self-shrinkers under mean curvature flow. In their proof, one can see that an $F$ unstable self-shrinker which does not split a line must be entropy-unstable. This also holds for higher co-dimensional case. So it is worthy to discuss the $F$-stability of selfshrinkers of higher codimensions. Here $F$-stable indicates that for every compactly supported smooth variation $\Sigma_{s}$ with $\Sigma_{0}=\Sigma$, there exist variations $x_{s}$ of 0 and $t_{s}$ of 1 such that $\frac{\partial^{2}}{\partial s^{2}} F\left(\Sigma_{s}, x_{s}, t_{s}\right) \geq 0$ at $s=0$.

In this thesis, we intend to generalize Colding and Minicozzi's work [6] to higher co-dimensional cases. The domain of the functional $F$ is now $(\Sigma, x, t)$ for $\Sigma^{n} \subset \mathbb{R}^{m}$, $x \in \mathbb{R}^{m}$ and $t>0$. Colding and Minicozzi's classification on stable self-shrinkers in co-dimension one is first to conclude that the mean curvature function $h$ is the first eigenvalue of an elliptic operator, it then implies $h \geq 0$, and Huisken's classification of self-shrinkers with nonnegative $h$ will lead to the conclusion. Although the counter part of Huisken's result in higher co-dimension is still not available, we can also pin down the stability of self-shrinkers in higher co-dimension to the mean curvature vector being the first vector-valued eigenfunction for an elliptic system. More precisely, the equivalent condition of stabilities is as in the following Theorem 3.2.1.

Theorem 3.2.1. Suppose $\Sigma \subset \mathbb{R}^{m}$ is an $n$-dimensional smooth closed self-shrinker, $H=-\frac{X^{\perp}}{2}$. The following statements are equivalent:
(i) $\Sigma$ is F-stable.
(ii) $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|x|^{2}}{4}} d \mu \geq 0$ for any admissible vector field $V$, namely, $a$ smooth vector field $V$ which satisfies

$$
\int_{\Sigma}\langle V, H\rangle e^{-\frac{|x|^{2}}{4}} d \mu=0 \quad \text { and } \quad \int_{\Sigma}\left\langle V, y^{\perp}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu=0
$$

for all constant vector $y \in \mathbb{R}^{m}$, where $L^{\perp} V=\Delta^{\perp} V+\left\langle A_{i j}, V\right\rangle g^{k i} g^{j l} A_{k l}+\frac{V}{2}-\frac{1}{2} \nabla_{X^{\top}}^{\perp} V$ is a second order operator and $A_{i j}$ is the second fundamental form as definition in (2.1.1), and $\nabla^{\perp}$ is the normal connection of $\Sigma$.

From the standard spectrum theory for unbounded domain, it is natural to consider the set $\mathcal{H}_{0}^{1}(\Sigma)$, which is the closure of the collection of all smooth normal vector fields with compact support with respect to the norm $\|\cdot\|_{1, e}$. See the definition of $\|\cdot\|_{1, e}$ in (2.1.2). We can also find the following equivalent condition for the stability of $F$ in the complete noncompact case.

Theorem 3.2.2. Let $\Sigma \subset \mathbb{R}^{m}$ be an $n$-dimensional smooth complete noncompact self-shrinker, $H=-\frac{X^{\perp}}{2}$. Suppose that the second fundamental form $A$ of $\Sigma$ is of polynomial growth and $\Sigma$ has polynomial volume growth. The following statements are equivalent:
(i) $\Sigma$ is $F$-stable.
(ii) $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \geq 0$ for any admissible vector field $V$ in $\mathcal{H}_{0}^{1}(\Sigma)$.

Let $\Sigma_{1}^{n_{1}} \subset \mathbb{R}^{m_{1}}$ and $\sum_{2}^{n_{2}} \subset \mathbb{R}^{m_{2}}$ be two smooth complete self-shrinkers, it is easy to see that $\Sigma=\Sigma_{1} \times \Sigma_{2}$ is also a self-shrinker in $\mathbb{R}^{m_{1}+m_{2}}$. Conversely, consider a self-shrinker $\Sigma \subset \mathbb{R}^{m_{1}+m_{2}}$, if $\Sigma$ can be expressed as $\Sigma_{1}^{n_{1}} \times \Sigma_{2}^{n_{2}}$ for smooth $\Sigma_{1}^{n_{1}} \subset \mathbb{R}^{m_{1}}$ and $\Sigma_{2}^{n_{2}} \subset \mathbb{R}^{m_{2}}$, then both $\Sigma_{1}^{n_{1}}$ and $\Sigma_{2}^{n_{2}}$ are self-shrinkers. Such $\Sigma$ is called a product self-shrinker in the thesis. In Chapter 4, we prove

Theorem 1.0.1 The n-plane is the only complete smooth F-stable product self-shrinker in $\mathbb{R}^{m}$ provided that its volume and second fundamental form are of polynomial growth.

In general, the $F$-stability of higher co-dimensional self-shrinkers is not clear.

Hence we need to impose certain structure on the submanifold. In this thesis, we introduce the Lagrangian condition on self-shrinkers and discuss the $F$-stability of the example constructed by Anciaux in [1]. The self-shrinkers are Lagrangian submanifolds in $\mathbb{C}^{n}$, which are expressed as $\gamma(s) \psi(\sigma)$, where $\psi: M^{n-1} \rightarrow \mathbb{S}^{2 n-1}$ is a minimal Legendrian immersion and $\gamma$ satisfies the system of ordinary differential equations (5.1.1). Because the $F$-functional is infinite on the complete noncompact Lagrangian examples constructed by Anciaux in [1], we will only discuss the closed cases. That is, the corresponding curves $\gamma$ are closed and the immersions $\psi: M \rightarrow \mathbb{S}^{2 n-1}$ are closed. We employ the equivalent condition Theorem 3.2.1 to investigate the $F$-stability of this example.

Theorem 5.2.1. If Anciaux's example is closed and has dimension $\geq 2$, then it is $F$-unstable.

Since Anciaux's examples are Lagrangian submanifolds in $\mathbb{C}^{n}$, it is thus natural to study whether Anciaux's example is furthermore $F$-unstable under the restricted Lagrangian variations. We have the following

Theorem 5.3.1. If Anciaux's example is closed and has dimension $n=2$ or $n \geq 7$, then it is $F$-unstable under Lagrangian variations.

For dimensions between 2 and 7 , this theorem still holds under a technical assumption on $\gamma$. Details can be found in Chapter 5. Besides self-shrinkers, in the last chapter, we also study expanding and translating Lagrangian graphs under certain conditions on symmetry.

## Chapter 2

## The 1st and 2 nd variation formulae of $F$

### 2.1 Notation and Preliminaries

Let $X: \Sigma^{n} \rightarrow \mathbb{R}^{m}$ be a smooth isometric immersion of a submanifold of codimension $m-n$. The Riemannian metric $g_{i j}$ on $\Sigma$ is induced by the standard metric of $\mathbb{R}^{m}$. $\bar{\nabla}$ and $\nabla$ denote the connection of the ambient space and $\Sigma$, respectively. If $\left\{e_{i}\right\}$ and $\left\{e_{\alpha}\right\}$ are orthonormal frames for the tangent bundle $T \Sigma$ and the normal bundle $N \Sigma$, respectively, then the coefficients of the second fundamental form and the mean curvature vector are defined to be

$$
\begin{align*}
& A_{i j}=A_{i j}^{\alpha} e_{\alpha} \equiv\left\langle\bar{\nabla}_{e_{i}} e_{j}, e_{\alpha}\right\rangle e_{\alpha}  \tag{2.1.1}\\
& \text { and } \quad H=H^{\alpha} e_{\alpha} \equiv A_{i i} \text {, }
\end{align*}
$$

where by convention we are summing over repeated indices. In general, $A^{B, C}$ and $H^{B, C}$ denote the second fundamental form and mean curvature of the submanifold $B$ which is contained in $C$, respectively. When $C$ is (complex) Euclidean space, $A^{B, C}$ and $H^{B, C}$ are simplified as $A^{B}$ (or $A$ ) and $H^{B}$ (or $H$ ), respectively. In particular, when $\Sigma$ is a hypersurface, the mean curvature vector $H$ and the second fundamental form reduce to the function $h=-\langle H, \mathbf{n}\rangle$ and the 2-tensor $h_{i j}=-\left\langle A_{i j}, \mathbf{n}\right\rangle$, respectively. Here $\mathbf{n}$ is the unit outer normal vector of $\Sigma$. Given a normal vector field $V$ in the space of cross sections $\Gamma(N \Sigma)$, in terms of local coordinates $\left\{x_{1}, \ldots, x_{n}\right\}$, a $(2,0)-$ tensor $\langle A, V\rangle$ is
written as $\left\langle A_{i j}, V\right\rangle d x_{i} d x_{j}$ and the norm of the (2,0)-tensor is defined to be

$$
|\langle A, V\rangle|^{2}=\sum_{i, j, k, l=1}^{n} g^{i k} g^{j l}\left\langle A_{i j}, V\right\rangle\left\langle A_{k l}, V\right\rangle .
$$

Definition 1 Let $\Sigma$ be a submanifold in $\mathbb{R}^{m}$ and $B_{r}(0)$ be the geodesic ball in $\mathbb{R}^{m}$ with radius $r$. $\Sigma$ is said to have polynomial volume growth if there are constants $C_{1}$, $C_{2}$ and $k \in \mathbb{N}$ so that for all $r \geq 0$

$$
\operatorname{Vol}\left(B_{r}(0) \cap \Sigma\right) \leq C_{1} r^{k}+C_{2} .
$$

Definition 2 A normal vector field $V$ (or the second fundamental form $A$ ) of $\Sigma$ is of polynomial growth if there are constants $C_{1}, C_{2}$ and $k \in \mathbb{N}$ so that for all $r \geq 0$

$$
|V| \leq C_{1} r^{k}+C_{2} \quad\left(\text { or } \quad|A| \leq C_{1} r^{k}+C_{2}\right) \quad \text { on } \quad B_{r}(0) \cap \Sigma .
$$

For any smooth normal vector fields $V$ and $W$ in the space of cross sections $\Gamma(N \Sigma)$, its weighted $L^{2}$ inner product, denoted as $\langle V, W\rangle_{e}$, is defined to be $\int_{\Sigma}\langle V, W\rangle e^{-\frac{|x|^{2}}{4}} d \mu$, where $\langle\cdot, \cdot\rangle$ denotes the standard inner product on $\mathbb{R}^{m}$. The weighted $L^{2}$ norm $\|V\|_{e}$ is induced by the weighted $L^{2}$ inner product $\langle V, V\rangle_{e}^{\frac{1}{2}}$. The space $\left(\Gamma(N \Sigma),\langle\cdot, \cdot\rangle_{e}\right)$ is called the weighted $L^{2}$ inner product space. For $V \in \Gamma(N \Sigma)$, we have the norm

$$
\begin{equation*}
\|V\|_{1, e}=\left(\int_{\Sigma}|V|^{2} e^{-\frac{|X|^{2}}{4}} d \mu\right)^{1 / 2}+\left(\int_{\Sigma}\left|\nabla^{\perp} V\right|^{2} e^{-\frac{|X|^{2}}{4}} d \mu\right)^{1 / 2} . \tag{2.1.2}
\end{equation*}
$$

Let $N_{c}(\Sigma)$ be the collection of all smooth normal vector fields in $\Gamma(N \Sigma)$ with compact support and denote the space $\mathcal{H}_{0}^{1}(\Sigma)$ as the closure of $N_{c}(\Sigma)$ with respect to the norm $\|\cdot\|_{1, e}$.

Definition 3 A submanifold $\Sigma$ in $\mathbb{R}^{m}$ is called a self-similar solution if

$$
H=\alpha X^{\perp}+T^{\perp}
$$

for some constant $\alpha \in \mathbb{R}$ and some constant vector $T \in \mathbb{R}^{m}$, where $X$ is the position vector. $\Sigma$ is called a self-shrinker if $T=0$ and $\alpha=-\frac{1}{2}$, a self-expander if $T=0$ and $\alpha=1$. When $\alpha=0$, i.e., $H=T^{\perp}, \Sigma$ is called a translating solution.

In Chapter 5 and 6 , our ambient space is always the complex Euclidean space $\mathbb{C}^{n}$ with coordinates $z_{j}=x_{j}+\sqrt{-1} y_{j}$, the standard symplectic form $\omega=\sum_{j=1}^{n} d x_{j} \wedge d y_{j}$, and the standard almost complex structure $J$ with $J\left(\frac{\partial}{\partial x_{j}}\right)=\frac{\partial}{\partial y_{j}}$. A Lagrangian submanifold is an $n$-dimensional submanifold in $\mathbb{C}^{n}$ on which the symplectic form $\omega$ vanishes. On a Lagrangian submanifold $L$, the Lagrangian angle $\theta: L \rightarrow \mathbb{R} / 2 \pi \mathbb{Z}$ can be defined by the relation that $\left.d z_{1} \wedge \cdots \wedge d z_{n}\right|_{L}=e^{i \theta} \mathrm{Vol}_{L}$ and the mean curvature vector $H$ is given by

$$
H=J \nabla \theta
$$

where $\nabla$ is the gradient on $L$.

### 2.2 The first variation formula of $F$

Colding and Minicozzi derived the first and second variation formulae of the $F$ functional of a hypersurface in [6]. These can be generalized to higher co-dimensional cases by similar calculation. We derive the first variation formula of $F$ in the following Theorem.

Theorem 2.2.1 Let $\Sigma \subset \mathbb{R}^{m}$ be an n-dimensional complete manifold with polynomial volume growth. Suppose that $\Sigma_{s} \subset \mathbb{R}^{m}$ is a normal variation of $\Sigma, x_{s}, t_{s}$ are variations of $x_{0}$ and $t_{0}$, and

$$
\frac{\partial \Sigma_{s}}{\partial s}=V, \quad \frac{d x_{s}}{d s}=y, \quad \text { and } \quad \frac{d t_{s}}{d s}=\tau
$$

where $V$ has compact support. Then

$$
\begin{align*}
\frac{\partial}{\partial s} F\left(\Sigma_{s}, x_{s}, t_{s}\right)=\frac{1}{{\sqrt{4 \pi t_{s}}}^{n}} \int_{\Sigma_{s}}( & -\left\langle V, H_{s}+\frac{X_{s}-x_{s}}{2 t_{s}}\right\rangle+\tau\left(\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}^{2}}-\frac{n}{2 t_{s}}\right) \\
& \left.+\frac{\left\langle X_{s}-x_{s}, y\right\rangle}{2 t_{s}}\right) e^{\frac{-\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}}} d \mu \tag{2.2.1}
\end{align*}
$$

where $X_{s}$ is the position vector of $\Sigma_{s}$ and $H_{s}$ is its mean curvature vector.

Proof. From the first variation formula for area, we know that

$$
\begin{equation*}
\frac{\partial}{\partial s}(d \mu)=-\left\langle H_{s}, V\right\rangle d \mu \tag{2.2.2}
\end{equation*}
$$

The variation of the weight $\frac{1}{\sqrt{4 \pi t_{s}}} \pi e^{-\left|X_{s}-x_{s}\right|^{2} / 4 t_{s}}$ have terms coming from the variation of $X_{s}$, the variation of $x_{s}$ and the variation of $t_{s}$, respectively. Using the following equations

$$
\begin{aligned}
\frac{\partial}{\partial t_{s}} \log \left(\left(4 \pi t_{s}\right)^{-n / 2} e^{-\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}}}\right) & =\frac{-n}{2 t_{s}}+\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}^{2}} \\
\frac{\partial}{\partial x_{s}} \log \left(\left(4 \pi t_{s}\right)^{-n / 2} e^{-\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}}}\right) & =\frac{X_{s}-x_{s}}{2 t_{s}} \\
\text { and } \quad \frac{\partial}{\partial X_{s}} \log \left(\left(4 \pi t_{s}\right)^{-n / 2} e^{-\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}}}\right) & =-\frac{X_{s}-x_{s}}{2 t_{s}}
\end{aligned}
$$

we obtain

$$
\begin{aligned}
& \frac{\partial}{\partial s} \log \left(\left(4 \pi t_{s}\right)^{-n / 2} e^{-\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}}}\right) \\
= & -\frac{\left\langle X_{s}-x_{s}, V\right\rangle}{2 t_{s}}+\tau\left(\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}^{2}}-\frac{n}{2 t_{s}}\right)+\frac{1}{2 t_{s}}\left\langle X_{s}-x_{s}, y\right\rangle .
\end{aligned}
$$

Combining this with (2.2.2) gives (2.2.1).

Definition 4 We will call $\left(\Sigma, x_{0}, t_{0}\right)$ a critical point of $F$ if is critical with respect to all normal variations which have compact support in $\Sigma$ and all variations in $x$ and $t$.

From the definition of $F$ in (1.0.1), we have $F(\Sigma, x, t)=F\left(\frac{\Sigma-x}{\sqrt{t}}, 0,1\right)$ and it is easy to see the following property:
$\left(\Sigma, x_{0}, t_{0}\right)$ is a critical point of $F$ if and only if $\left(\frac{\Sigma-x_{0}}{\sqrt{t_{0}}}, 0,1\right)$
is a critical point of $F$.

Therefore, we only consider the case $x_{0}=0, t_{0}=1$. In the case of hypersurfaces, Colding and Minicozzi proved that $(\Sigma, 0,1)$ is a critical point of $F$ if $\Sigma$ satisfies that $h=\frac{\langle X, \mathbf{n}\rangle}{2}$. Their result, when written in the vector form $H=-\frac{X^{\perp}}{2}$, also holds for higher co-dimensional cases. The proof needs following propositions.

Proposition 2.2.2 If $\Sigma \subset \mathbb{R}^{m}$ is an $n$-dimensional complete submanifold with $H=$ $-\frac{x^{\perp}}{2}$, then

$$
\begin{align*}
\mathcal{L} X_{i} & =-\frac{1}{2} X_{i} \quad \text { and } \\
\mathcal{L}|X|^{2} & =2 n-|X|^{2} \tag{2.2.4}
\end{align*}
$$

Here $X_{i}$ is the $i$-th component of the position vector $X$, i.e., $X_{i}=\left\langle X, \partial_{i}\right\rangle$ and the linear operator $\mathcal{L} f=\Delta f-\frac{1}{2}\langle X, \nabla f\rangle=e^{\frac{|X|^{2}}{4}} \operatorname{div}\left(e^{\frac{-|X|^{2}}{4}} \nabla f\right)$.

Proposition 2.2.3 If $\Sigma \subset \mathbb{R}^{m}$ is an $n$-dimensional complete submanifold, with polynomial volume growth, and $H=-\frac{x^{\perp}}{2}$, then

$$
\begin{align*}
& \int_{\Sigma} X e^{\frac{-|X|^{2}}{4}} d \mu=\overrightarrow{0}=\int_{\Sigma} X|X|^{2} e^{\frac{-|X|^{2}}{4}} d \mu \text { and } \\
& \int_{\Sigma}\left(|X|^{2}-2 n\right) e^{\frac{-|X|^{2}}{4}} d \mu=0 \tag{2.2.5}
\end{align*}
$$

Moreover, if $W \in \mathbb{R}^{m}$ is a constant vector, then

$$
\begin{equation*}
\int_{\Sigma}\langle X, W\rangle^{2} e^{-\frac{|X|^{2}}{4}} d \mu=2 \int_{\Sigma}\left|W^{\top}\right|^{2} e^{-\frac{|x|^{2}}{4}} d \mu \tag{2.2.6}
\end{equation*}
$$

These propositions were proved by Colding and Minicozzi in the case of hypersurfaces (see Lemma 3.20 and Lemma 3.25 in [6]). We omit the proofs here because the argument is similar. Combining (2.2.1), (2.2.3) and (2.2.5), we get

Proposition 2.2.4 For any $x_{0} \in \mathbb{R}^{m}$, $t_{0} \in \mathbb{R}^{+},\left(\Sigma, x_{0}, t_{0}\right)$ is a critical point of $F$ if and only if $H=-\frac{\left(X-x_{0}\right)^{\perp}}{2 t_{0}}$.

### 2.3 The general second variation formula of $F$

Theorem 2.3.1 Let $\Sigma$ be an $n$-dimensional complete manifold with polynomial volume growth. Suppose that $\Sigma_{s}$ is a normal variation of $\Sigma, x_{s}$, $t_{s}$ are variations of $x_{0}$ and $t_{0}$, and

$$
\frac{\partial \Sigma_{s}}{\partial s}=V, \quad \frac{d x_{s}}{d s}=y, \quad \frac{d t_{s}}{d s}=\tau, \quad \frac{d^{2} x_{s}}{d s^{2}}=y^{\prime}, \quad \text { and } \quad \frac{d^{2} t_{s}}{d s^{2}}=\tau^{\prime}
$$

where $V$ has compact support. Then

$$
\begin{align*}
& \frac{\partial^{2} F}{\partial s^{2}}\left(\Sigma, x_{0}, t_{0}\right) \\
= & \frac{1}{{\sqrt{4 \pi t_{0}}}^{n}} \int_{\Sigma} e^{-\frac{\left|X-x_{0}\right|^{2}}{4 t_{0}}}\left\{-\left\langle V, L_{x_{0}, t_{0}}^{\perp} V\right\rangle+\frac{\left\langle X-x_{0}, V\right\rangle}{t_{0}^{2}} \tau+\frac{\langle V, y\rangle}{t_{0}}\right. \\
& -\frac{\left(\left|X-x_{0}\right|^{2}-n t_{0}\right) \tau^{2}}{2 t_{0}^{3}}-\frac{|y|^{2}}{2 t_{0}}-\frac{\tau\left\langle X-x_{0}, y\right\rangle}{t_{0}^{2}} \\
& +\left(-\left\langle V, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle+\tau\left(\frac{\left|X-x_{0}\right|^{2}}{4 t_{0}^{2}}-\frac{n}{2 t_{0}}\right)+\left\langle\frac{X-x_{0}}{2 t_{0}}, y\right\rangle\right)^{2} \\
& \left.-\left\langle\bar{\nabla}_{V}^{\perp} V, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle+\tau^{\prime}\left(\frac{\left|X-x_{0}\right|^{2}}{4 t_{0}}-\frac{n}{2 t_{0}}\right)+\frac{\left\langle X-x_{0}, y^{\prime}\right\rangle}{2 t_{0}}\right\} d \mu, \tag{2.3.1}
\end{align*}
$$

where $L_{x_{0}, t_{0}}^{\perp} V=\Delta^{\perp} V+\left\langle A_{i j}, V\right\rangle g^{k i} g^{j l} A_{k l}+\frac{V}{2 t_{0}}-\frac{1}{2 t_{0}} \nabla_{\left(X-x_{0}\right)^{\top}}^{\perp} V$ and $A_{i j}$ is the second fundamental form as definition in (2.1.1).

Proof. Apply one more derivative on equation (2.2.1), it gives

$$
\begin{align*}
& \frac{\partial^{2} F}{\partial s^{2}}\left(\Sigma, x_{0}, t_{0}\right) \\
= & \frac{1}{{\sqrt{4 \pi t_{0}}}^{n}} \int_{\Sigma} e^{-\frac{\left|X-x_{0}\right|}{4 t_{0}}}\left\{-\left\langle V,\left.\frac{\partial}{\partial s}\left(H_{s}+\frac{X_{s}-x_{s}}{2 t_{s}}\right)\right|_{s=0}\right\rangle\right. \\
& +\left.\tau \frac{\partial}{\partial s}\left(\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}^{2}}-\frac{n}{2 t_{s}}\right)\right|_{s=0}+\left\langle\left\langle\left.\frac{\partial}{\partial s}\left(\frac{X_{s}-x_{s}}{2 t_{s}}\right)\right|_{s=0}, y\right\rangle\right. \\
& +\left(-\left\langle V, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle+\tau\left(\frac{\left|X-x_{0}\right|^{2}}{4 t_{0}^{2}}-\frac{n}{2 t_{0}}\right)+\left\langle\left(\frac{X-x_{0}}{2 t_{0}}\right), y\right\rangle\right)^{2} \\
& \left.-\left\langle V^{\prime},\left(H+\frac{X-x_{0}}{2 t_{0}}\right)\right\rangle+\tau^{\prime}\left(\frac{\left|X-x_{0}\right|^{2}}{4 t_{0}^{2}}-\frac{n}{2 t_{0}}\right)+\left\langle\left(\frac{X-x_{0}}{2 t_{0}}\right), y^{\prime}\right\rangle\right\} d \mu . \tag{2.3.2}
\end{align*}
$$

Similar to the derivation of the second variation formula for the area, we have

$$
\begin{equation*}
\left\langle\left(\frac{\partial H_{s}}{\partial s}\right), V\right\rangle=\left\langle\Delta^{\perp} V+\left\langle A_{i j}, V\right\rangle g^{k i} g^{j l} A_{k l}, V\right\rangle \tag{2.3.3}
\end{equation*}
$$

On the other hand, since $\left[V,\left(\frac{X-x_{0}}{2 t_{0}}\right)^{\top}\right]$ is tangent to $\Sigma_{s}$, it follows that

$$
\begin{equation*}
\left\langle\bar{\nabla}_{V}^{\top} V, \frac{X-x_{0}}{2 t_{0}}\right\rangle=-\left\langle V, \bar{\nabla}_{V}\left(\frac{X-x_{0}}{2 t_{0}}\right)^{\top}\right\rangle=-\left\langle V, \bar{\nabla}_{\left(\frac{X-x_{0}}{2 t_{0}}\right)^{\top}} V\right\rangle . \tag{2.3.4}
\end{equation*}
$$

Using $\frac{\partial X_{s}}{\partial s}=V, \frac{d t_{s}^{-1}}{d s}=-\tau t_{s}^{-2}$ and $\frac{d x_{s}}{d s}=y$, we simplify

$$
\begin{aligned}
& -\left\langle V,\left.\frac{\partial}{\partial s}\left(H_{s}+\frac{X_{s}-x_{s}}{2 t_{s}}\right)\right|_{s=0}\right\rangle-\left\langle V^{\prime}, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle \\
= & -\left\langle V,\left.\frac{\partial H_{s}}{\partial s}\right|_{s=0}\right\rangle-\left\langle V,\left.\frac{\partial}{\partial s}\left(\frac{X_{s}-x_{s}}{2 t_{s}}\right)\right|_{s=0}\right\rangle-\left\langle\bar{\nabla}_{V}^{\perp} V, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle-\left\langle\bar{\nabla}_{V}^{\top} V, \frac{X-x_{0}}{2 t_{0}}\right\rangle \\
= & -\left\langle V, L_{x_{0}, t_{0}}^{\perp} V\right\rangle-\left\langle\bar{\nabla}_{V}^{\perp} V, H+\frac{X-x_{0}}{2 t_{0}}\right\rangle+\left\langle V, \frac{y}{2 t_{0}}\right\rangle+\frac{\tau}{2 t_{0}^{2}}\left\langle V, X-x_{0}\right\rangle,
\end{aligned}
$$

where the second equality is from (2.3.3), (2.3.4), and the definition of $L_{x_{0}, t_{0}}^{\perp}$. The second term in (2.3.2) is given by

$$
\begin{aligned}
\left.\frac{\partial}{\partial s}\left(\frac{\left|X_{s}-x_{s}\right|^{2}}{4 t_{s}^{2}}-\frac{n}{2 t_{s}}\right)\right|_{s=0} & =\frac{\left\langle X-x_{0}, V-y\right\rangle}{2 t_{0}^{2}}-\frac{\tau\left|X-x_{0}\right|^{2}}{2 t_{0}^{3}}+\frac{n \tau}{2 t_{0}^{2}} \\
& =\frac{\left\langle X-x_{0}, V\right\rangle}{2 t_{0}^{2}}-\frac{\left|X-x_{0}\right|^{2}-n t_{0}}{2 t_{0}^{3}} \tau-\frac{\left\langle X-x_{0}, y\right\rangle}{2 t_{0}^{2}} .
\end{aligned}
$$

For the third term in (2.3.2), observe that

$$
\left\langle\left.\frac{\partial}{\partial s}\left(\frac{X_{s}-x_{s}}{2 t_{s}}\right)\right|_{s=0}, y\right\rangle=\left\langle\frac{V}{2 t_{0}}, y\right\rangle-\frac{|y|^{2}}{2 t_{0}}-\frac{\tau}{2 t_{0}^{2}}\left\langle X-x_{0}, y\right\rangle .
$$

Combining these gives the theorem.

### 2.4 The second variation at a critical point

For convenience, from now on we denote $D_{(V, y, \tau)}^{2} F$ as $\frac{\partial^{2} F}{\partial s^{2}}(\Sigma, 0,1)$ in (2.3.1). When $(\Sigma, 0,1)$ is a critical point of $F$, we have $H=-\frac{x^{\perp}}{2}$, the second variation formula of $F$ at the point can be simplified as the following equation (2.4.1).

Theorem 2.4.1 Let $\Sigma$ be a complete manifold with polynomial volume growth. Suppose that $\Sigma_{s}$ is a normal variation of $\Sigma, x_{s}$, $t_{s}$ are variations of $x_{0}=0$ and $t_{0}=1$, and

$$
\left.\frac{\partial \Sigma_{s}}{\partial s}\right|_{s=0}=V,\left.\quad \frac{d x_{s}}{d s}\right|_{s=0}=y,\left.\quad \frac{d t_{s}}{d s}\right|_{s=0}=\tau
$$

where $V$ has compact support. If $(\Sigma, 0,1)$ is a critical point of $F$, then

$$
\begin{align*}
& D_{(V, y, \tau)}^{2} F \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-2 \tau\langle H, V\rangle-\tau^{2}|H|^{2}+\langle V, y\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|x|^{2}}{4}} d \mu . \tag{2.4.1}
\end{align*}
$$

Here the operator $L^{\perp}=L_{0,1}^{\perp}$, and

$$
\begin{equation*}
L^{\perp} V=\Delta^{\perp} V-\frac{1}{2} \nabla_{X^{\top}}^{\perp} V+\left\langle A_{i j}, V\right\rangle g^{k i} g^{j l} A_{k l}+\frac{V}{2} . \tag{2.4.2}
\end{equation*}
$$

Proof. Since $(\Sigma, 0,1)$ is a critical point of $F$, by (2.2.1) we have that

$$
\begin{equation*}
H=-\frac{X^{\perp}}{2} \tag{2.4.3}
\end{equation*}
$$

It follows from (2.2.5) that

$$
\begin{equation*}
\int_{\Sigma} X e^{\frac{-|X|^{2}}{4}} d \mu=\overrightarrow{0}=\int_{\Sigma} X|X|^{2} e^{\frac{-|X|^{2}}{4}} d \mu \quad \text { and } \quad \int_{\Sigma}\left(|X|^{2}-2 n\right) e^{\frac{-|X|^{2}}{4}} d \mu=0 . \tag{2.4.4}
\end{equation*}
$$

Theorem 2.3.1 (with $x_{0}=0$ and $t_{0}=1$ ) gives

$$
\begin{aligned}
D_{(V, y, \tau)}^{2} F=(4 \pi)^{-\frac{n}{2}} \int_{\Sigma} & \left(-\left\langle V, L^{\perp} V\right\rangle+\tau\langle X, V\rangle+\langle V, y\rangle-\frac{\left(|X|^{2}-n\right) \tau^{2}}{2}-\frac{|y|^{2}}{2}\right. \\
& \left.4-\tau\langle X, y\rangle+\left\{\tau\left(\frac{|X|^{2}}{4}-\frac{n}{2}\right)+\left\langle\frac{X}{2}, y\right\rangle\right\}^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu,
\end{aligned}
$$

where we use (2.4.3) and (2.4.4) to conclude the vanishing of a few terms in (2.3.1). Note that $y$ is a constant vector and $\tau$ is a constant. Squaring out the last term of $D_{(V, y, \tau)}^{2} F$ and using (2.4.3) and (2.4.4) again leads to

$$
\begin{aligned}
D_{(V, y, \tau)}^{2} F= & (4 \pi)^{-\frac{n}{2}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-2 \tau\langle H, V\rangle+\langle V, y\rangle-\frac{|y|^{2}}{2}\right. \\
& \left.+\tau^{2}\left(\frac{|X|^{2}}{4}-\frac{n}{2}\right)^{2}+\frac{1}{4}\langle X, y\rangle^{2}-\frac{\left(|X|^{2}-n\right) \tau^{2}}{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu .
\end{aligned}
$$

Using the equality (2.2.4) and Stokes' theorem, we have that

$$
\int_{\Sigma} \tau^{2}\left(\frac{|X|^{2}}{4}-\frac{n}{2}\right)^{2} e^{-\frac{|X|^{2}}{4}} d \mu=\int_{\Sigma} \tau^{2} \frac{\left|X^{\top}\right|^{2}}{4} e^{-\frac{|X|^{2}}{4}} d \mu .
$$

Combining (2.2.5) and (2.2.6), the second variation $D_{(V, y, \tau)}^{2} F$ can be further simplified as

$$
\frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-2 \tau\langle H, V\rangle-\tau^{2}|H|^{2}+\langle V, y\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu .
$$

In [6], Colding and Minicozzi defined the following concept.

Definition 5 A critical point $(\Sigma, 0,1)$ of $F$ is $F$-stable if for every compactly supported smooth variation $\Sigma_{s}$ with $\Sigma_{0}=\Sigma$ and $\left.\frac{\partial \Sigma_{s}}{\partial s}\right|_{s=0}=V$, there exist variations $x_{s}$ of 0 and $t_{s}$ of 1 such that $D_{(V, y, \tau)}^{2} F \geq 0$, where $y=\left.\frac{d x_{s}}{d s}\right|_{s=0}$ and $\tau=\left.\frac{d t_{s}}{d s}\right|_{s=0}$.

Remark 1 When $\Sigma$ is fixed, i.e. $V=0$, from (2.4.1), we can see that the second variation formula of $F$ is nonpositive under any variations of $x_{s}$ and $t_{s}$.

## Chapter 3

## An equivalent condition for $F$-stability

### 3.1 Vector-valued eigenfunctions and eigenvalues of $L^{\perp}$

Let $X: \Sigma \rightarrow \mathbb{R}^{m}$ be a closed self-shrinker. Recall that the second order operator $L^{\perp}$ is defined by

$$
L^{\perp} V=\Delta^{\perp} V-\frac{1}{2} \nabla_{X^{\top}}^{\perp} V+\left\langle A_{i j}, V\right\rangle g^{k i} g^{j l} A_{k l}+\frac{V}{2}
$$

for $V \in \Gamma(N \Sigma)$. Therefore, we have the following
$\int_{\Sigma}\left\langle-L^{\perp} V, W\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu=\int_{\Sigma}\left(\left\langle\nabla^{\perp} V, \nabla^{\perp} W\right\rangle-\left\langle A_{i j}, V\right\rangle\left\langle A_{k l}, W\right\rangle g^{i k} g^{j l}-\frac{1}{2}\langle V, W\rangle\right) e^{-\frac{|X|^{2}}{4}} d \mu$
for $V, W \in \Gamma(N \Sigma)$. It is easy to see that the operator $L^{\perp}$ is self-adjoint in the weighted $L^{2}$ inner product space. From the standard spectrum theory, the operator $-L^{\perp}$ has distinct real eigenvalues $\left\{\mu_{i}\right\}$ such that $\mu_{1}<\mu_{2} \leq \mu_{3} \leq \ldots \rightarrow+\infty$. We have the following proposition.

Proposition 3.1.1 Let $\Sigma \subset \mathbb{R}^{m}$ be an $n$-dimensional smooth complete self-shrinker, $H=-\frac{X^{\perp}}{2}$. Then the mean curvature vector $H$ and the normal part $y^{\perp}$ of a constant vector field $y$ are vector-valued eigenfunctions of $L^{\perp}$ with

$$
\begin{equation*}
L^{\perp} H=H \quad \text { and } \quad L^{\perp} y^{\perp}=\frac{1}{2} y^{\perp} . \tag{3.1.1}
\end{equation*}
$$

Proof. Fix $p \in \Sigma$ and choose an orthonormal frame $\left\{e_{i}\right\}$ such that $\nabla_{e_{i}} e_{j}(p)=0$, $g_{i j}=\delta_{i j}$ in a neighborhood of $p$. Using $H=-\frac{1}{2} X^{\perp}$, we have

$$
\begin{equation*}
\nabla_{e_{i}}^{\perp} H=\nabla_{e_{i}}^{\perp}\left(-\frac{1}{2} X^{\perp}\right)=\frac{1}{2} \nabla_{e_{i}}^{\perp}\left(\left\langle X, e_{j}\right\rangle e_{j}-X\right)=\frac{1}{2}\left\langle X, e_{j}\right\rangle A_{i j} . \tag{3.1.2}
\end{equation*}
$$

In the second equality of (3.1.2), we used $X^{\top}=\left\langle X, e_{j}\right\rangle e_{j}$. Taking another covariant derivative at $p$, it gives

$$
\begin{align*}
\nabla_{e_{k}}^{\perp} \nabla_{e_{i}}^{\perp} H & =\frac{1}{2}\left(\nabla_{e_{k}}\left\langle X, e_{j}\right\rangle\right) A_{i j}+\frac{1}{2}\left\langle X, e_{j}\right\rangle \nabla_{e_{k}}^{\perp} A_{i j} \\
& =\frac{1}{2} A_{i k}+\frac{1}{2}\left\langle X, A_{k j}\right\rangle A_{i j}+\frac{1}{2}\left\langle X, e_{j}\right\rangle \nabla_{e_{j}}^{\perp} A_{i k}, \tag{3.1.3}
\end{align*}
$$

where we used (3.1.2), $\nabla_{e_{k}} e_{j}(p)=0$, and the Codazzi equation in the last equality. Taking the trace of (3.1.3) and using $H=-\frac{1}{2} X^{\perp}$, we conclude that

$$
\Delta^{\perp} H=\frac{1}{2} H-\left\langle H, A_{i j}\right\rangle A_{i j}+\frac{1}{2} \nabla_{X^{\top}}^{\perp} H .
$$

Therefore,

$$
L^{\perp} H=\Delta^{\perp} H-\frac{1}{2} \nabla_{X^{\top}}^{\frac{1}{\top}} H+\left\langle A_{i j}, H\right\rangle A_{i j}+\frac{1}{2} H=H .
$$

For a constant vector $y$ in $\mathbb{R}^{m}$, the covariant derivative of $y^{\perp}$ is

$$
\begin{equation*}
\nabla_{e_{i}}^{\perp} y^{\perp}=\nabla_{e_{i}}^{\perp}\left(y-\left\langle y, e_{j}\right\rangle e_{j}\right)=-\left\langle y, e_{j}\right\rangle A_{i j} . \tag{3.1.4}
\end{equation*}
$$

Taking another covariant derivative at $p$, it gives

$$
\begin{align*}
\nabla_{e_{k}}^{\perp} \nabla_{e_{i}}^{\perp} y^{\perp} & =-\left(\nabla_{e_{k}}\left\langle y, e_{j}\right\rangle\right) A_{i j}-\left\langle y, e_{j}\right\rangle \nabla_{e_{k}}^{\perp} A_{i j} \\
& =-\left\langle y, A_{k j}\right\rangle A_{i j}-\left\langle y, e_{j}\right\rangle \nabla_{e_{j}}^{\perp} A_{k i}, \tag{3.1.5}
\end{align*}
$$

by $\nabla_{e_{k}} e_{j}(p)=0$ and the Codazzi equation. Taking the trace of (3.1.5) and using (3.1.2), (3.1.4), we conclude that

$$
\begin{aligned}
\Delta^{\perp} y^{\perp} & =-\left\langle y, A_{i j}\right\rangle A_{i j}-\left\langle y, e_{j}\right\rangle \nabla_{e_{j}}^{\perp} H \\
& =-\left\langle y^{\perp}, A_{i j}\right\rangle A_{i j}-\frac{1}{2}\left\langle y, e_{j}\right\rangle\left\langle X, e_{i}\right\rangle A_{i j} \\
& =-\left\langle y^{\perp}, A_{i j}\right\rangle A_{i j}+\frac{1}{2}\left\langle X, e_{i}\right\rangle \nabla_{e_{i}}^{\perp} y^{\perp} \\
& =-\left\langle y^{\perp}, A_{i j}\right\rangle A_{i j}+\frac{1}{2} \nabla_{X^{\top}}^{\perp} y^{\perp} .
\end{aligned}
$$

Therefore,

$$
L^{\perp} y^{\perp}=\Delta^{\perp} y^{\perp}-\frac{1}{2} \nabla_{X^{\top}}^{\perp} y^{\perp}+\left\langle A_{i j}, y^{\perp}\right\rangle A_{i j}+\frac{1}{2} y^{\perp}=\frac{1}{2} y^{\perp} .
$$

Remark 2 At the same time, Andrews, Li, and Wei also showed the same result independently. See Proposition 5.1 in [5].

For hypersurface case, we have the following immediate corollary.

Corollary 3.1.2 (Theorem 5.2 in [6]) Let $\Sigma \subset \mathbb{R}^{n+1}$ be an $n$-dimensional smooth complete self-shrinker, $h=\frac{\langle X, \mathbf{n}\rangle}{2}$. Then the mean curvature function $h=-\langle H, \mathbf{n}\rangle$ and the normal part $\langle y, \mathbf{n}\rangle$ of a constant vector field $y$ are eigenfunctions of $L$ with $L h=h$ and $L\langle y, \mathbf{n}\rangle=\frac{1}{2}\langle y, \mathbf{n}\rangle$, where $L f=\Delta f-\frac{1}{2}\langle X, \nabla f\rangle+\left|\left\langle A_{i j}, n\right\rangle\right|^{2} f+\frac{1}{2} f$.

### 3.2 An equivalent condition

In the following theorems, we give an equivalent condition for $F(\Sigma, 0,1)$ to be stable. Roughly speaking, $\Sigma$ is $F$-stable if and only if the $H$ and $y^{\perp}$ are the only eigenvectors of $L^{\perp}$ with positive eigenvalues for any constant vector $y$ in $\mathbb{R}^{m}$. It is inspired by the proof of Lemma 4.23 of Colding and Minicozzi in [6].

Theorem 3.2.1 Suppose $\Sigma \subset \mathbb{R}^{m}$ is an $n$-dimensional smooth closed self-shrinker, $H=-\frac{X^{\perp}}{2}$. The following statements are equivalent:
(i) $\Sigma$ is F-stable.
(ii) $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \geq 0$ for any admissible vector field $V$, namely, $a$ smooth normal vector field $V$ which satisfies

$$
\begin{equation*}
\int_{\Sigma}\langle V, H\rangle e^{-\frac{|X|^{2}}{4}} d \mu=0 \quad \text { and } \quad \int_{\Sigma}\left\langle V, y^{\perp}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu=0 . \tag{3.2.1}
\end{equation*}
$$

for all constant vector $y \in \mathbb{R}^{m}$.

Proof. $\quad(i) \Rightarrow(i i)$ Assume the contrary that there is an admissible vector field $V$ satisfying $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{\frac{-|x|^{2}}{4}} d \mu<0$. For any real value $\tau$ and constant vector $y$ in $\mathbb{R}^{m}$, using (2.4.1), we have

$$
\begin{aligned}
& D_{(V, y, \tau)}^{2} F \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-2 \tau\langle H, V\rangle-\tau^{2}|H|^{2}+\langle V, y\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-\tau^{2}|H|^{2}-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \\
< & 0 .
\end{aligned}
$$

This contradicts the stability of $F$.
(ii) $\Rightarrow(i)$ From the standard spectrum theory, a smooth normal vector field can be decomposed as $a H+z^{\perp}+V_{0}$, where $a H$ and $z^{\perp}$ are the projections of $V$ to $H$ and $\left\{y^{\perp} \mid y \in \mathbb{R}^{m}\right\}$ with respect to weighted $L^{2}$ inner product, respectively. Note that $V_{0}$ is an admissible vector field. For any real value $\tau$ and constant vector $y \in \mathbb{R}^{m}$, by plugging the decomposition of $V$ into (2.4.1), we have

$$
\begin{aligned}
& D_{(V, y, \tau)}^{2} F \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V, L^{\perp} V\right\rangle-2 \tau\langle H, V\rangle-\tau^{2}|H|^{2}+\langle V, y\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-a^{2}|H|^{2}-\frac{1}{2}\left|z^{\perp}\right|^{2}-\left\langle V_{0}, L^{\perp} V_{0}\right\rangle-2 \tau a|H|^{2}-\tau^{2}|H|^{2}\right. \\
& \left.+\left\langle z^{\perp}, y^{\perp}\right\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \\
\geq & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-|H|^{2}(a+\tau)^{2}-\frac{1}{2}\left|z^{\perp}-y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu,
\end{aligned}
$$

where the condition (ii) is used in the last inequality. Choosing $\tau=-a$ and $y=z$, it gives $D_{(V, z,-a)}^{2} F \geq 0$. That is, $\Sigma$ is $F$-stable.

Recall that $\mathcal{H}_{0}^{1}(\Sigma)$ is the closure of $N_{c}(\Sigma)$ with respect to the norm $\|\cdot\|_{1, e}$, where $N_{c}(\Sigma)$ is the collection of all smooth normal vector fields with compact support. If $\Sigma$ is a smooth self-shrinker with polynomial volume growth and its second fundamental form $A$ is of polynomial growth, it is easy to see that $|H|_{e}$ and $\left|y^{\perp}\right|_{e}$ are finite and be-
long to $\mathcal{H}_{0}^{1}(\Sigma)$. For any $V \in \mathcal{H}_{0}^{1}(\Sigma)$, the integral $\int_{\Sigma}\left(\left|\nabla^{\perp} V\right|^{2}-|\langle A, V\rangle|^{2}-\frac{1}{2}|V|^{2}\right) e^{-\frac{|x|^{2}}{4}} d \mu$ is finite. Assume that $\Sigma$ has no boundary, we have

$$
\begin{equation*}
\left\langle V,-L^{\perp} V\right\rangle_{e}=\int_{\Sigma}\left(\left|\nabla^{\perp} V\right|^{2}-|\langle A, V\rangle|^{2}-\frac{1}{2}|V|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \tag{3.2.2}
\end{equation*}
$$

and can also find the following equivalent condition for the stability of $F$ in the complete noncompact case.

Theorem 3.2.2 Let $\Sigma \subset \mathbb{R}^{m}$ be an $n$-dimensional smooth complete noncompact selfshrinker, $H=-\frac{X^{\perp}}{2}$. Suppose that the second fundamental form $A$ of $\Sigma$ is of polynomial growth and $\Sigma$ has polynomial volume growth. The following statements are equivalent:
(i) $\Sigma$ is $F$-stable.
(ii) $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \geq 0$ for any admissible vector field $V$ in $\mathcal{H}_{0}^{1}(\Sigma)$.

Remark 3 The condition of the second fundamental form can be weakened to that the integral $\int_{\Sigma}|A|^{2} e^{-\frac{|x|^{2}}{4}} d \mu$ is finite. Admissible vector fields are characterized by (3.2.1).

Proof of Theorem 3.2.2. $(i) \Rightarrow(i i)$ Assume the contrary that there is an admissible vector field $V$ in $\mathcal{H}_{0}^{1}(\Sigma)$ satisfying $\left\langle V,-L^{\perp} V\right\rangle_{e}<0$. Here $V$ may not have a compact support. For $j \in \mathbb{N}$, consider smooth functions $\phi_{j}: \mathbb{R}^{+} \bigcup\{0\} \rightarrow \mathbb{R}$ that satisfy $0 \leq \phi_{j} \leq 1, \phi_{j} \equiv 1$ on $[0, j), \phi_{j} \equiv 0$ outside $[0, j+2)$ and $\left|\phi_{j}^{\prime}\right| \leq 1$. Define cutoff functions $\psi_{j}(X)=\phi_{j}(\rho(X)), X \in \Sigma$, where $\rho(X)$ is the distance function from a fixed point $p \in \Sigma$ to $X$ with respect to the metric $g_{i j}$. Let $V_{j}(X)=\psi_{j}(X) V(X)$, then we have

$$
\begin{aligned}
\left|\nabla^{\perp} V_{j}\right|^{2} & =\sum_{i=1}^{n}\left|\left(\nabla_{e_{i}} \psi_{j}\right) V+\psi_{j} \nabla_{e_{i}}^{\perp} V\right|^{2} \\
& \leq 2\left|\nabla \psi_{j}\right|^{2}|V|^{2}+2\left|\psi_{j}\right|^{2}\left|\nabla^{\perp} V\right|^{2} \\
& \leq 2|V|^{2}+2\left|\nabla^{\perp} V\right|^{2} .
\end{aligned}
$$

Here $\left\{e_{i}\right\}$ is an orthonormal basis for $T_{X} \Sigma$. Since the second fundamental form $A$ of $\Sigma$ is of polynomial growth and $V \in \mathcal{H}_{0}^{1}(\Sigma)$, the weighted $L^{2}$ inner product $\left\langle V,-L^{\perp} V\right\rangle_{e}$ is finite. Using the dominant convergence theorem and the admissible condition, it follows that

$$
\lim _{j \rightarrow \infty}\left\langle V_{j},-L^{\perp} V_{j}\right\rangle_{e}=\left\langle V,-L^{\perp} V\right\rangle_{e} \text { and } \lim _{j \rightarrow \infty}\left\langle V_{j}, H\right\rangle_{e}=\lim _{j \rightarrow \infty}\left\langle V_{j}, y^{\perp}\right\rangle_{e}=0
$$

For any small positive $\epsilon$, choose a sufficiently large $j$ such that

$$
\begin{aligned}
& \left\langle V_{j},-L^{\perp} V_{j}\right\rangle_{e}<\frac{1}{2}\left\langle V,-L^{\perp} V\right\rangle_{e}<0, \\
& \left|\left\langle V_{j}, H\right\rangle_{e}\right|<\epsilon|H|_{e}, \quad \text { and } \quad \max _{\left|y^{\perp}\right|_{e}=1}\left|\left\langle V_{j}, y^{\perp}\right\rangle_{e}\right|<\epsilon
\end{aligned}
$$

For any real value $\tau$ and constant vector $y$ in $\mathbb{R}^{m}$, we get

$$
\begin{aligned}
& D^{2} F_{\left(V_{j}, y, \tau\right)} \\
= & \frac{1}{\sqrt{4 \pi}^{n}} \int_{\Sigma}\left(-\left\langle V_{j}, L^{\perp} V_{j}\right\rangle-2 \tau\left\langle H, V_{j}\right\rangle-\tau^{2}|H|^{2}+\left\langle V_{j}, y^{\perp}\right\rangle-\frac{1}{2}\left|y^{\perp}\right|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu \\
< & \frac{1}{\sqrt{4 \pi}^{n}}\left(-\frac{1}{2}\left\langle V, L^{\perp} V\right\rangle_{e}+2 \tau \epsilon|H|_{e}-\tau^{2}|H|_{e}^{2}+\epsilon\left|y^{\perp}\right|_{e}-\frac{1}{2}\left|y^{\perp}\right|_{e}^{2}\right) \\
= & \frac{1}{\sqrt{4 \pi}^{n}}\left(-\frac{1}{2}\left\langle V, L^{\perp} V\right\rangle_{e}+\epsilon^{2}-\left(\tau|H|_{e}-\epsilon\right)^{2}+\frac{1}{2} \epsilon^{2}-\frac{1}{2}\left(\left|y^{\perp}\right|_{e}-\epsilon\right)^{2}\right) .
\end{aligned}
$$

Choosing $\epsilon^{2}<\frac{1}{10}\left\langle V, L^{\perp} V\right\rangle_{e}$, we get $D^{2} F_{\left(V_{j}, y, \tau\right)}<0$ for every $\tau$ and $y$. This contradicts the stability of $F$.
$(i i) \Rightarrow(i)$ From the standard spectrum theory, a compactly supported smooth normal vector field $V$ can be decomposed as $a H+z^{\perp}+V_{0}$, where $V_{0}$, is an admissible vector field. Because $V, H$, and $z^{\perp}$ belong to $\mathcal{H}_{0}^{1}(\Sigma)$, which is a Hilbert space, $V_{0}$ belongs to $\mathcal{H}_{0}^{1}(\Sigma)$, too. The remaining part of the proof is essentially the same as the proof of $(i i) \Rightarrow(i)$ in Theorem 3.2.1.

## Chapter 4

## Classification of stable product self-shrinkers

In this chapter, we discuss the $F$-stability of product self-shrinkers.

### 4.1 For compact case

Corollary 4.1.1 Suppose $\Sigma_{i}^{n_{i}} \subset \mathbb{R}^{m_{i}}, i=1,2$, are smooth closed self-shrinkers which satisfy $H_{i}=-\frac{X_{i}^{\perp}}{2}$. Here $X_{i}$ are the position vectors of $\Sigma_{i}$. Then $\Sigma_{1} \times \Sigma_{2} \subset \mathbb{R}^{m_{1}+m_{2}}$ is a self-shrinker and is F-unstable.

Proof. The mean curvature $H$ of $\Sigma_{1} \times \Sigma_{2}$ is equal to $\left(H_{1}, H_{2}\right) \in \mathbb{R}^{m_{1}} \times \mathbb{R}^{m_{2}}$ and $\Sigma_{1} \times \Sigma_{2}$ is a self-shrinker because $H_{1}=-\frac{X_{1}^{\perp}}{2}$ and $H_{2}=-\frac{X_{2}^{\perp}}{2}$. To prove this corollary, by Theorem 3.2.1, it suffices to construct an admissible vector field $V$ such that $\int_{\Sigma_{1} \times \Sigma_{2}}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu<0$. Let $V=\left(a H_{1}, b H_{2}\right)$, where $a$ and $b$ would be chosen later. Note that $V$ does not completely vanish since $\Sigma_{1}$ and $\Sigma_{2}$ are closed submanifolds in Euclidean spaces. The first integral in the admissible condition is

$$
\begin{aligned}
& \int_{\Sigma_{1} \times \Sigma_{2}}\langle V, H\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & \int_{\Sigma_{1}} \int_{\Sigma_{2}}\left(a\left|H_{1}\right|^{2}+b\left|H_{2}\right|^{2}\right) e^{-\frac{\left|X_{1}\right|^{2}}{4}} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} d \mu_{1} \\
= & a \int_{\Sigma_{1}}\left|H_{1}\right|^{2} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2}+b \int_{\Sigma_{1}} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}}\left|H_{2}\right|^{2} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} .
\end{aligned}
$$

We can choose $a$ and $b$ to be nonzero constants such that $\int_{\Sigma_{1} \times \Sigma_{2}}\langle V, H\rangle e^{-\frac{\left|X^{2}\right|}{4}} d \mu=0$. Recall that $H_{i}$ and $y_{i}^{\perp}$ are eigenfunctions of $L_{i}^{\perp}$ with respect to distinct eigenvalues for $y_{i} \in \mathbb{R}^{m_{i}}$, where $L_{i}^{\perp}$ is the operator corresponding to $\Sigma_{i}, i=1,2$. Hence the second integral in the admissible condition is

$$
\begin{aligned}
& \int_{\Sigma_{1} \times \Sigma_{2}}\left\langle V, y^{\perp}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & a \int_{\Sigma_{1}}\left\langle H_{1}, y_{1}\right\rangle e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2}+b \int_{\Sigma_{1}} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}}\left\langle H_{2}, y_{2}\right\rangle e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} \\
= & 0
\end{aligned}
$$

for $y=\left(y_{1}, y_{2}\right) \in \mathbb{R}^{m_{1}+m_{2}}$. Therefore $V$ is an admissible vector field and the weighted $L^{2}$ inner product $\left\langle V,-L^{\perp} V\right\rangle_{e}$ can be computed as

$$
\begin{aligned}
& \int_{\Sigma_{1} \times \Sigma_{2}}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & \int_{\Sigma_{1} \times \Sigma_{2}}\left\langle\left(a H_{1}, b H_{2}\right),-\left(a H_{1}, b H_{2}\right)\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & -a^{2} \int_{\Sigma_{1}}\left|H_{1}\right|^{2} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2}-b^{2} \int_{\Sigma_{1}} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1} \int_{\Sigma_{2}}\left|H_{2}\right|^{2} e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} \\
< & 0 .
\end{aligned}
$$

Then $\Sigma_{1} \times \Sigma_{2}$ is $F$-unstable.

### 4.2 For noncompact case

In [6], Colding and Minicozzi proved that $\mathbb{S}^{n-1} \times \mathbb{R}$ is $F$-unstable. In this section, we use analogous their idea to get the following

Corollary 4.2.1 Let $\sum_{i}^{n_{i}} \subset \mathbb{R}^{m_{i}}, i=1,2$, be two smooth complete self-shrinkers with $H_{i}=-\frac{X_{i}^{\perp}}{2}$. Here $X_{i}$ is the position vector of $\Sigma_{i}$. Suppose that each $\Sigma_{i}$ has polynomial volume growth and the second fundamental form of each $\Sigma_{i}$ is of polynomial growth. Then $\Sigma_{1} \times \Sigma_{2} \subset \mathbb{R}^{m_{1}+m_{2}}$ is a self-shrinker and is $F$-unstable except the plane $\mathbb{R}^{n_{1}+n_{2}}$.

Proof. The mean curvature $H$ of $\Sigma_{1} \times \Sigma_{2}$ is equal to $\left(H_{1}, H_{2}\right) \in \mathbb{R}^{m_{1}} \times \mathbb{R}^{m_{2}}$ and $\Sigma_{1} \times \Sigma_{2}$ is a self-shrinker because $H_{1}=-\frac{X_{1}^{\perp}}{2}$ and $H_{2}=-\frac{X_{2}^{\perp}}{2}$. Since the smooth
minimal self-shrinker must be a plane through 0 (Corollary 2.8 in [6]), only two cases, $\Sigma_{1} \times \Sigma_{2}$ with $H_{1} \neq 0, H_{2} \neq 0$ or $\Sigma_{1} \times \mathbb{R}^{n_{2}}$ with $H_{1} \neq 0$, need to be considered. In the first case, the proof is similar to the proof of Corollary 4.1.1. In the second one, by Theorem 3.2.1, it suffices to construct an admissible vector field $V$ satisfying $\int_{\Sigma_{1} \times \mathbb{R}^{n_{2}}}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu<0$. Set $V=s\left(H_{1}, 0\right)$, where $s$ is the coordinate function corresponding to the first coordinates in $\mathbb{R}^{n_{2}}$. Using the fact that $\int_{\mathbb{R}^{n_{2}}} s e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2}=0$, the first integral in the admissible condition is

$$
\int_{\Sigma_{1} \times \mathbb{R}^{n_{2}}}\langle V, H\rangle e^{-\frac{|X|^{2}}{4}} d \mu=\int_{\mathbb{R}^{n_{2}}} s e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} \int_{\Sigma_{1}}\left|H_{1}\right|^{2} e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1}=0
$$

and the second integral in the admissible condition is

$$
\int_{\Sigma_{1} \times \mathbb{R}^{n_{2}}}\left\langle V, y^{\perp}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \neq \int_{\mathbb{R}^{n_{2}}} s e^{-\frac{\left|X_{2}\right|^{2}}{4}} d \mu_{2} \int_{\Sigma_{1}}\left\langle H_{1}, y_{1}^{\perp}\right\rangle e^{-\frac{\left|X_{1}\right|^{2}}{4}} d \mu_{1}=0
$$

for $y=\left(y_{1}, y_{2}\right) \in \mathbb{R}^{m_{1}+m_{2}}$. Therefore, the smooth normal vector field $V=s\left(H_{1}, 0\right)$ is an admissible vector field and belongs to $\mathcal{H}_{0}^{1}(\Sigma)$. Using the fact $L^{\perp} H=H$, it implies that the vector field $V$ is a eigenvector of $L^{\perp}$ with respect to eigenvalue $\frac{1}{2}$ and the weighted $L^{2}$ inner product $\left\langle V,-L^{\perp} V\right\rangle_{e}=\int_{\Sigma_{1} \times \mathbb{R}^{n_{2}}}-\frac{1}{2}|V|^{2} e^{-\frac{|x|^{2}}{4}} d \mu<0$. Then $\Sigma_{1} \times \mathbb{R}^{n_{2}}$ is $F$-unstable.

Proof of Theorem 1.0.1. Combining Corollary 4.1 .1 and 4.2.1, this complete the proof of Theorem 1.0.1.

## Chapter 5

## The unstability of Anciaux's examples

### 5.1 Anciaux's examples

Let $\langle\langle\cdot, \cdot\rangle\rangle=\sum_{i=1}^{n} d z_{i} \otimes d \bar{z}_{i}$ be the standard Hermitian form on $\mathbb{C}^{n}$, where $z_{i}=x_{i}+$ $\sqrt{-1} y_{i}, i=1, \ldots, n$ are the standard complex coordinates. The standard Riemannian metric is $\langle\cdot, \cdot\rangle=\operatorname{Re}\langle\langle\cdot, \cdot\rangle\rangle=\sum_{i=1}^{n}\left(d x_{i}^{2}+d y_{i}^{2}\right)$ and the symplectic form is $\omega(\cdot, \cdot)=$ $-\operatorname{Im}\langle\langle\cdot, \cdot\rangle\rangle=\sum_{i=1}^{n} d x_{i} \wedge d y_{i}$. We have $\omega(\cdot, \cdot)=\langle J \cdot, \cdot\rangle$, where $J$ is the standard almost complex structure $J\left(\frac{\partial}{\partial x_{i}}\right)=\frac{\partial}{\partial y_{i}}$ and $J\left(\frac{\partial}{\partial y_{i}}\right)=-\frac{\partial}{\partial x_{i}}$.

Recall that an immersion $\psi$ from a manifold $M$ of dimension $(n-1)$ into $\mathbb{S}^{2 n-1}$ is said to be Legendrian if $\left.\alpha\right|_{\psi(M)}=0$ for the contact 1-form $\alpha(\cdot)=\omega\left(X^{M}, \cdot\right)$, where $X^{M}$ is the position vector and $\omega$ is the standard symplectic form on $\mathbb{C}^{n}$. Moreover, $d \alpha=2 \omega$ and $\langle J y, z\rangle=\omega(y, z)=\frac{1}{2} d \alpha(y, z)=0,\left\langle J X^{M}, y\right\rangle=\omega\left(X^{M}, y\right)=\alpha(y)=0$ for all $y, z \in T \psi(M)$. It means that $y, J z, X^{M}$, and $J X^{M}$ are mutually orthogonal with respect to the standard metric $g$ for any $y, z \in T \psi(M)$. When $\psi$ is a minimal immersion, the complex scalar product $\gamma \psi$ of a smooth regular curve $\gamma: I \rightarrow \mathbb{C}^{*}$ and $\psi$ is a Lagrangian submanifold in $\mathbb{C}^{n}$, i.e., $\left.\omega\right|_{\gamma \psi} \equiv 0$. This was observed by Anciaux in [1]. Indeed, he proved by following Lemma.

Lemma 5.1.1 (Anciaux [1]) Let $\psi: M \rightarrow \mathbb{S}^{2 n-1}$ be a minimal Legendrian immersion for $n \geq 2$ and $\gamma: I \rightarrow \mathbb{C}^{*}$ be a smooth regular curve parameterized by the
arclength $s$. Then the following immersion

$$
\begin{aligned}
\gamma * \psi: I \times M & \rightarrow \mathbb{C}^{n} \\
(s, \sigma) & \rightarrow \gamma(s) \psi(\sigma)
\end{aligned}
$$

is Lagrangian. Moreover, $\gamma * \psi$ satisfies the self-shrinker equation

$$
H+\frac{1}{2}(\gamma * \psi)^{\perp}=0
$$

if and only if $\gamma$ satisfies the following system of ordinary differential equations:

$$
\left\{\begin{align*}
r^{\prime}(s) & =\cos (\theta-\phi)  \tag{5.1.1}\\
\theta^{\prime}(s)-\phi^{\prime}(s) & =\left(\frac{r}{2}-\frac{n}{r}\right) \sin (\theta-\phi),
\end{align*}\right.
$$

where the curve $\gamma$ is denoted as $r(s) e^{i \phi(s)}$ and $\theta$ is the angle of the tangent and the x-axis. From (5.1.1), we have a conservation law

$$
\begin{equation*}
r^{n} e^{-\frac{r^{2}}{4}} \sin (\theta-\phi)=E \tag{5.1.2}
\end{equation*}
$$

where $0<E \leq E_{\text {max }}=\left(\frac{2 n}{e}\right)^{n / 2}$ is a constant determined by the initial data $\left(r\left(s_{0}\right), \theta\left(s_{0}\right)-\right.$ $\left.\phi\left(s_{0}\right)\right)$.

### 5.2 The unstability for general variations

Recall that $F$-functional is infinite on the complete noncompact Anciaux's Lagrangian. We will only discuss the closed cases.

Theorem 5.2.1 Anciaux's closed example as described in Lemma 5.1.1 is F-unstable.

To prove the result, we first set up the notations and derive a few Lemmas. For a fixed point $p \in \Sigma=\gamma * \psi(I \times M)$, it can be represented by $\gamma\left(s_{0}\right) q$ for some $s_{0} \in I$ and $q \in \psi(M)$. Choose a local normal coordinate system $x^{1}, \ldots, x^{n-1}$ at $q$. Denote $u_{s}=\frac{\partial X}{\partial s}=\gamma^{\prime} X^{M}, e_{i}=\frac{\partial X^{M}}{\partial x^{i}}$, and $u_{i}=\frac{\partial X}{\partial x^{i}}=\gamma e_{i}$ for $i=1, \ldots, n-1$, where $X^{M}$ is the position vector of $\psi(M)$ and $X=\gamma X^{M}$. The matrix $\left(g_{\alpha \beta}\right)$ of the induced metric of $\Sigma$ with respect to the basis $u_{1}, \ldots, u_{n-1}, u_{s}$ is

$$
\begin{equation*}
g_{s s}=1, \quad g_{j s}=g_{s j}=0, \quad g_{j k}=r^{2} h_{j k}, \quad \text { and } \quad h_{j k}(q)=\delta_{j k} \tag{5.2.1}
\end{equation*}
$$

for $j, k=1, \ldots, n-1$. The Levi-Civita connections on $\Sigma$ and $\psi(M)$ are denoted by $\nabla$ and $\nabla^{M}$, respectively. Define

$$
N_{0}=\{V \mid V=J(\gamma w), w \in \Gamma(T \psi(M))\} .
$$

For $V \in N_{0}$, the operator $\left\langle V,-L^{\perp} V\right\rangle_{e}$ can be simplified as below.
Lemma 5.2.2 Assume that $\Sigma$ is a closed Lagrangian self-shrinker as in Lemma 5.1.1 and $V \in N_{0}$ is represented by $J(\gamma w)$. The second fundamental forms of $\Sigma$ in $\mathbb{C}^{n}$ and $\psi(M)$ in $\mathbb{S}^{2 n-1}$ are denoted by $A^{\Sigma}$ and $A^{M, \mathbb{S}}$, respectively. We have
(i) $\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2}=\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+2 \sin ^{2}(\theta-\phi)|w|^{2}$,
(ii) $\left|\nabla^{\perp} V\right|^{2}=\left|\nabla^{M} w\right|^{2}+2 \cos ^{2}(\theta-\phi)|w|^{2}$,
(iii) $\left\langle V,-L^{\perp} V\right\rangle_{e}=-\int_{\gamma}\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right) e^{\frac{-r^{2}}{4}} r^{n-1} d s \int_{M}|w|^{2} d \mu_{M}$

$$
\begin{equation*}
+\int_{\gamma} e^{\frac{-r^{2}}{4}} r^{n-1} d s \int_{M}\left(\left|\nabla^{M} w\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}\right) d \mu_{M} \tag{5.2.4}
\end{equation*}
$$

Proof. (i) For $V \in N_{0}$, it can be represented by $J(\gamma w)$ for some vector field $w \in \Gamma(T \psi(M))$. Using $\gamma \bar{\gamma}=r^{2}$ and $\gamma^{\prime} \bar{\gamma}=r e^{i(\theta-\phi)}$, we conclude that

$$
\begin{align*}
& \left\langle A_{k l}^{\Sigma}, V\right\rangle=\operatorname{Re}\left\langle\left\langle\gamma \frac{\partial^{2} X^{M}}{\partial x^{k} \partial x^{l}}, J(\gamma w)\right\rangle\right\rangle=r^{2} \operatorname{Re}\left\langle\left\langle A_{k l}^{M}, J w\right\rangle\right\rangle=r^{2}\left\langle A_{k l}^{M, S}, J w\right\rangle, \\
& \left\langle A_{k s}^{\Sigma}, V\right\rangle=\operatorname{Re}\left\langle\left\langle\gamma^{\prime} \frac{\partial X^{M}}{\partial x^{k}}, J(\gamma w)\right\rangle\right\rangle=r \sin (\theta-\phi)\left\langle e_{k}, w\right\rangle,  \tag{5.2.5}\\
& \left\langle A_{s s}^{\Sigma}, V\right\rangle=\operatorname{Re}\left\langle\left\langle\gamma^{\prime \prime} X^{M}, J(\gamma w)\right\rangle\right\rangle=\operatorname{Re}\left(\gamma^{\prime \prime} \bar{\gamma}\left\langle\left\langle X^{M}, J w\right\rangle\right\rangle\right)=0
\end{align*}
$$

for $k, l=1, . ., n-1$. Here the second equalities of the second and third equations of (5.2.5) are followed by the fact that $e_{k}, J w, X^{M}$, and $J X^{M}$ are mutually orthogonal. Combining (5.2.1) and (5.2.5), it gives

$$
\begin{aligned}
\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2} & =\sum_{k, l=1}^{n-1}\left\langle A_{k l}^{\Sigma}, V\right\rangle^{2} \frac{1}{r^{4}}+2 \sum_{k=1}^{n-1}\left\langle A_{k s}^{\Sigma}, V\right\rangle^{2} \frac{1}{r^{2}}+\left\langle A_{s s}^{\Sigma}, V\right\rangle^{2} \\
& =\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+2 \sin ^{2}(\theta-\phi)|w|^{2} \quad \text { at } p .
\end{aligned}
$$

(ii) Since $\Sigma$ is Lagrangian, $\left\{J u_{\alpha}\right\}_{\alpha=1, \ldots, n-1, s}$ is an orthogonal basis at $p$ for the normal bundle. We will calculate the normal projection of $\left(\nabla_{u_{\alpha}}^{\perp} J(\gamma w)\right)_{\alpha=1, \ldots, n-1, s}$ on $J u_{j}$
and $J u_{s}$. Using the property that $w, J e_{k}, X^{M}$, and $J X^{M}$ are mutually orthogonal, $\gamma \bar{\gamma}=r^{2}$ and $\gamma^{\prime} \bar{\gamma}=r e^{i(\theta-\phi)}$, we conclude that

$$
\begin{align*}
& \left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), J u_{j}\right\rangle=\operatorname{Re}\left\langle\left\langle i \gamma \frac{\partial}{\partial x^{k}} w, i \gamma e_{j}\right\rangle\right\rangle=r^{2}\left\langle\nabla_{e_{k}}^{M} w, e_{j}\right\rangle \\
& \left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), J u_{s}\right\rangle=-\operatorname{Re}\left\langle\left\langle i \gamma w, \frac{\partial}{\partial x^{k}} i \gamma^{\prime} X^{M}\right\rangle\right\rangle=-r \cos (\theta-\phi)\left\langle w, e_{k}\right\rangle  \tag{5.2.6}\\
& \left\langle\nabla_{u_{s}}^{\perp} J(\gamma w), J u_{j}\right\rangle=\operatorname{Re}\left\langle\left\langle i \gamma^{\prime} w, i \gamma e_{j}\right\rangle\right\rangle=r \cos (\theta-\phi)\left\langle w, e_{j}\right\rangle \\
& \left\langle\nabla_{u_{s}}^{\perp} J(\gamma w), J u_{s}\right\rangle=\operatorname{Re}\left\langle\left\langle i \gamma^{\prime} w, i \gamma^{\prime} X^{M}\right\rangle\right\rangle=0 .
\end{align*}
$$

From (5.2.6), it follows that

$$
\begin{aligned}
& \left|\nabla^{\perp} V\right|^{2}=\left\langle\nabla_{u_{\alpha}}^{\perp} J(\gamma w), \nabla_{u_{\beta}}^{\perp} J(\gamma w)\right\rangle g^{\alpha \beta} \\
= & \sum_{k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), \nabla_{u_{k}}^{\perp} J(\gamma w)\right\rangle \frac{1}{r^{2}}+\left\langle\nabla_{u_{s}} J(\gamma w), \nabla_{u_{s}} J(\gamma w)\right\rangle \\
= & \left(\sum_{j, k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), \frac{J u_{j}}{r}\right\rangle^{2}+\sum_{k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), J u_{s}\right\rangle^{2}\right) \frac{1}{r^{2}}+\sum_{j=1}^{n-1}\left\langle\nabla_{u_{s}}^{\perp} J(\gamma w), \frac{J u_{j}}{r}\right\rangle^{2} \\
= & \sum_{j, k=1}^{n-1}\left\langle\nabla_{e_{k}}^{M} w, e_{j}\right\rangle^{2}+\sum_{j=1}^{n-1} 2 \cos ^{2}(\theta-\phi)\left\langle w, e_{j}\right\rangle^{2} \\
= & \left|\nabla^{M} w\right|^{2}+2 \cos ^{2}(\theta-\phi)|w|^{2} .
\end{aligned}
$$

(iii) Plugging (5.2.2) and (5.2.3) into (3.2.2), and using $e^{\frac{-|x|^{2}}{4}} d \mu_{\Sigma}=e^{-\frac{r^{2}}{4}} r^{n-1} d s d \mu_{M}$, we get

$$
\begin{aligned}
& \left\langle V,-L^{\perp} V\right\rangle_{e} \\
= & \int_{\Sigma}\left(\left|\nabla^{\perp} V\right|^{2}-\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2}-\frac{1}{2}|V|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu_{\Sigma} \\
= & \int_{\gamma} \int_{M}\left(\left|\nabla^{M} w\right|^{2}+2 \cos ^{2}(\theta-\phi)|w|^{2}-\left(\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+2 \sin ^{2}(\theta-\phi)|w|^{2}\right)\right. \\
& \left.-\frac{1}{2} r^{2}|w|^{2}\right) e^{-\frac{r^{2}}{4}} r^{n-1} d \mu_{m} d s \\
= & -\int_{\gamma}\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right) e^{\frac{-r^{2}}{4}} r^{n-1} d s \int_{M}|w|^{2} d \mu_{M} \\
& +\int_{\gamma} e^{\frac{-r^{2}}{4}} r^{n-1} d s \int_{M}\left(\left|\nabla^{M} w\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}\right) d \mu_{M} .
\end{aligned}
$$

Thus (iii) is proved.
To further simplify $\left\langle V,-L^{\perp} V\right\rangle_{e}$, we now derive some integral properties of the curve $\gamma$.

Lemma 5.2.3 Let $\gamma: I \rightarrow \mathbb{C}^{*}$ be a closed smooth regular curve parameterized by the arclength $s$ satisfying (5.1.1). That is, $\gamma * \psi$ in Lemma 5.1.1 define a closed self-shrinker. Then one has

$$
\begin{equation*}
\int_{\gamma}\left(\frac{1}{2} r^{2}-n\right) r^{n-1} e^{-\frac{r^{2}}{4}} d s=0 \tag{5.2.7}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{\gamma}\left(\frac{1}{2 r^{2}}-\frac{n}{r^{4}}\right) r^{n-1} e^{-\frac{r^{2}}{4}} d s=-\int_{\gamma} \frac{4 \cos ^{2}(\theta-\phi)}{r^{4}} r^{n-1} e^{-\frac{r^{2}}{4}} d s . \tag{5.2.8}
\end{equation*}
$$

Remark 4 The equality (5.2.7) is used to simplify (5.2.4) while the equality (5.2.8) is used to simplify (5.3.4) for Lagrangian variation.

Proof. Equation (5.2.7) follows from the simplification of equation (2.2.5) and $\int_{M} d \mu_{M} \neq 0$. Indeed, equation (2.2.5) becomes

$$
0=\int_{\gamma} \int_{M}\left(r^{2}-2 n\right) e^{-\frac{r^{2}}{4}} r^{n-1} d \mu_{M} d s=\int_{\gamma}\left(r^{2}-2 n\right) e^{-\frac{r^{2}}{4}} r^{n-1} d s \int_{M} d \mu_{M}
$$

Recall that the linear operator $\mathcal{L} f=\Delta f-\frac{1}{2}\langle X, \nabla f\rangle=e^{\frac{|x|^{2}}{4}} \operatorname{div}\left(e^{-\frac{|X|^{2}}{4}} \nabla f\right)$ in Proposition 2.2.2. It gives

$$
\begin{equation*}
\int_{\Sigma} \mathcal{L}\left(\frac{1}{|X|^{2}}\right) e^{-\frac{|X|^{2}}{4}} d \mu_{\Sigma}=\int_{\Sigma} \operatorname{div}\left(e^{-\frac{|X|^{2}}{4}} \nabla \frac{1}{|X|^{2}}\right) d \mu_{\Sigma}=0 \tag{5.2.9}
\end{equation*}
$$

since $\partial \Sigma=\emptyset$. On the other hand, using equation (2.2.4) and $\nabla|X|^{2}=2 X^{\top}$ gives

$$
\begin{equation*}
\mathcal{L}\left(\frac{1}{|X|^{2}}\right)=\frac{-\mathcal{L}|X|^{2}}{|X|^{4}}+\frac{\left.\left.2|\nabla| X\right|^{2}\right|^{2}}{|X|^{6}}=\frac{-2 n+|X|^{2}}{|X|^{4}}+\frac{8\left|X^{\top}\right|^{2}}{|X|^{6}} . \tag{5.2.10}
\end{equation*}
$$

Combining (5.2.9), (5.2.10), and using $\left|X^{\top}\right|=\operatorname{Re}\left(r e^{i(\phi-\theta)}\right)=r \cos (\theta-\phi)$, one has

$$
\begin{aligned}
0 & =\int_{\gamma} \int_{M}\left(\frac{-2 n+r^{2}}{r^{4}}+\frac{8 r^{2} \cos ^{2}(\theta-\phi)}{r^{6}}\right) e^{-\frac{r^{2}}{4}} r^{n-1} d \mu_{M} d s \\
& =\int_{\gamma}\left(\frac{-2 n+r^{2}}{r^{4}}+\frac{8 r^{2} \cos ^{2}(\theta-\phi)}{r^{6}}\right) e^{-\frac{r^{2}}{4}} r^{n-1} d s \int_{M} d \mu_{M} .
\end{aligned}
$$

Then it gets the equation (5.2.8) immediately since $\int_{M} d \mu_{M} \neq 0$.
Next, we want to find a vector field $w_{0}$ in $\Gamma(T \psi(M))$ with nice special properties that will be needed in proving Theorem 5.2.1 and Theorem 5.3.1.

Lemma 5.2.4 Let $\psi: M^{n-1} \rightarrow \mathbb{S}^{2 n-1} \subset \mathbb{C}^{n}$ be a minimal Legendrian immersion. Then there exists a nonzero vector field $w_{0}$ in $\Gamma(T \psi(M))$ satisfying

$$
\begin{equation*}
\frac{\int_{M}\left|\nabla^{M} w_{0}\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J w_{0}\right\rangle\right|^{2} d \mu}{\int_{M}\left|w_{0}\right|^{2} d \mu} \leq 1 \quad \text { and } \quad\left\langle\nabla_{x}^{M} w_{0}, y\right\rangle=\left\langle\nabla_{y}^{M} w_{0}, x\right\rangle \tag{5.2.11}
\end{equation*}
$$

for any $x, y \in T \psi(M)$.

Remark 5 The condition $\left\langle\nabla_{x}^{M} w_{0}, y\right\rangle=\left\langle\nabla_{y}^{M} w_{0}, x\right\rangle$ implies that $\frac{1}{r^{2}} J\left(\gamma w_{0}\right)$ induces a Lagrangian variation.

Proof. Define

$$
f(y)=\int_{M}\left|\nabla^{M} y\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J y\right\rangle\right|^{2} d \mu
$$

for $y \in \Gamma(T \psi(M))$. Let $E_{1}, \ldots, E_{2 n}$ be the standard basis for $\mathbb{C}^{n}$ with $E_{\alpha+n}=J E_{\alpha}$ for $\alpha=1, \ldots, n$. We claim that there exists a $\beta_{0}$ in $\{1, \ldots, 2 n\}$ such that $w_{0}=E_{\beta_{0}}^{\top}$ is a nonzero vector field satisfying $f\left(w_{0}\right) \leq \int_{M}\left|w_{0}\right|^{2} d \mu$, where $E_{\beta_{0}}^{\top}$ is the projection of $E_{\beta_{0}}$ into the tangent space of $\psi(M)$. For fixed $q \in \psi(M)$, choose a local normal coordinate system $x^{1}, \ldots, x^{n-1}$ at $q$. Denote $\partial_{j}=\frac{\partial}{\partial x^{j}}$. We have

$$
\begin{equation*}
\left\langle\nabla_{\partial_{k}}^{M}\left(E_{\beta}^{\top}\right), \partial_{j}\right\rangle=\left\langle\frac{\partial}{\partial x^{k}}\left(E_{\beta}-E_{\beta}^{\perp}\right), \partial_{j}\right\rangle=-\left\langle\frac{\partial}{\partial x^{k}} E_{\beta}^{\perp}, \partial_{j}\right\rangle=\left\langle E_{\beta}, A_{j k}^{M}\right\rangle, \tag{5.2.12}
\end{equation*}
$$

where $E_{\beta}^{\perp}$ is the normal part of $E_{\beta}$. Since the map $\psi$ is a Legendrian immersion into $\mathbb{S}^{2 n-1}$, the span $\left\{\partial_{1}, \ldots, \partial_{n-1}, X^{M}\right\}$ is a Lagrangian plane in $\mathbb{C}^{n}$. It gives

$$
\begin{equation*}
A_{k j}^{M}=A_{k j}^{M, \mathbb{S}}+\left\langle A_{k j}^{M}, X^{M}\right\rangle X^{M}=A_{k j}^{M, \mathbb{S}}-\delta_{k j} X^{M} \quad \text { at } q \tag{5.2.13}
\end{equation*}
$$

and the second fundamental form $A_{j k}^{M, \mathbb{S}}$ of the submanifold $\psi(M)$ in $\mathbb{S}^{2 n-1}$ is orthogonal $J X^{M}$ because that

$$
\left\langle A_{k j}^{M, \mathbb{S}}, J X^{M}\right\rangle=\left\langle\frac{\partial}{\partial x^{k}}\left(\partial_{j}\right), J X^{M}\right\rangle=-\left\langle\partial_{j}, J \partial_{k}\right\rangle=0
$$

Since $\partial_{l}$ and $X^{M}$ are orthogonal, we have $\left(J A^{M, \mathbb{S}}\right)^{\top}=J A^{M, \mathbb{S}}$. Recall that $\psi$ is a minimal immersion in $\mathbb{S}^{2 n-1}$ and hence $H^{M, \mathbb{S}}=0$. Combining the equations (5.2.12)
and (5.2.13), the first term of $f\left(E_{\beta}^{\top}\right)$ can be simplified as

$$
\begin{align*}
\left|\nabla^{M}\left(E_{\beta}^{\top}\right)\right|^{2} & =\sum_{j, k=1}^{n-1}\left|\left\langle E_{\beta}, A_{k j}^{M, S}\right\rangle-\left\langle E_{\beta}, \delta_{k j} X^{M}\right\rangle\right|^{2} \\
& =\left|\left\langle E_{\beta}, A^{M, S}\right\rangle\right|^{2}-2\left\langle E_{\beta}, H^{M, S}\right\rangle\left\langle E_{\beta}, X^{M}\right\rangle+(n-1)\left\langle E_{\beta}, X^{M}\right\rangle^{2} \\
& =\left|\left\langle E_{\beta}, A^{M, S}\right\rangle\right|^{2}+(n-1)\left\langle E_{\beta}, X^{M}\right\rangle^{2} \quad \text { at } q . \tag{5.2.14}
\end{align*}
$$

Using the equality $\left(J A^{M, \mathbb{S}}\right)^{\top}=J A^{M, \mathbb{S}}$, the second term of $f\left(E_{\beta}^{\top}\right)$ can be simplified as

$$
\begin{equation*}
\left\langle A^{M, \mathbb{S}}, J\left(E_{\beta}^{\top}\right)\right\rangle=-\left\langle J A^{M, \mathbb{S}}, E_{\beta}^{\top}\right\rangle=-\left\langle J A^{M, \mathbb{S}}, E_{\beta}\right\rangle=\left\langle A^{M, \mathbb{S}}, J E_{\beta}\right\rangle . \tag{5.2.15}
\end{equation*}
$$

Combining (5.2.14) and (5.2.15), it gives

$$
\begin{align*}
f\left(E_{\alpha}^{\top}\right) & =\int_{M}\left(\left|\left\langle E_{\alpha}, A^{M, \mathbb{S}}\right\rangle\right|^{2}+(n-1)\left\langle E_{\alpha}, X^{M}\right\rangle^{2}-\left|\left\langle E_{\alpha+n}, A^{M, \mathbb{S}}\right\rangle\right|^{2}\right) d \mu  \tag{5.2.16}\\
f\left(E_{\alpha+n}^{\top}\right) & =\int_{M}\left(\left|\left\langle E_{\alpha+n}, A^{M, \mathbb{S}}\right\rangle\right|^{2}+(n-1)\left\langle E_{\alpha+n}, X^{M}\right\rangle^{2}-\left|\left\langle E_{\alpha}, A^{M, \mathbb{S}}\right\rangle\right|^{2}\right) d \mu \tag{5.2.17}
\end{align*}
$$

for $\alpha=1, \ldots, n$. Summing (5.2.16) and (5.2.17) over $\alpha=1, \ldots, n$ gives

$$
\begin{equation*}
\sum_{\alpha=1}^{n}\left(f\left(E_{\alpha}^{\top}\right)+f\left(E_{\alpha+n}^{\top}\right)\right)=(n-1) \sum_{\beta=1}^{2 n} \int_{M}\left\langle E_{\beta}, X^{M}\right\rangle^{2} d \mu=(n-1) \int_{M} d \mu \tag{5.2.18}
\end{equation*}
$$

since $\left|X^{M}\right|=1$.
On the other hand, we have $\sum_{\beta=1}^{2 n}\left|E_{\beta}^{\top}\right|^{2}=\sum_{\beta=1}^{2 n} \sum_{j=1}^{n-1}\left\langle E_{\beta}, \partial_{j}\right\rangle^{2}=\sum_{j=1}^{n-1}\left|\partial_{j}\right|^{2}=n-1$ at $q$ because $\partial_{1}, \ldots, \partial_{n-1}$ is an orthonormal basis for $T_{q} \psi(M)$. Plugging it into (5.2.18), we get

$$
\sum_{\beta=1}^{2 n} \int_{M}\left(\left|\nabla^{M}\left(E_{\beta}^{\top}\right)\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J\left(E_{\beta}^{\top}\right)\right\rangle\right|^{2}\right) d \mu=\sum_{\beta=1}^{2 n} \int_{M}\left|E_{\beta}^{\top}\right|^{2} d \mu .
$$

Therefore, there exists a $\beta_{0}$ in $\{1, . ., 2 n\}$ such that $E_{\beta_{0}}^{\top}$ is a nonzero vector field and

$$
\int_{M}\left(\left|\nabla^{M}\left(E_{\beta_{0}}^{\top}\right)\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J\left(E_{\beta_{0}}^{\top}\right)\right\rangle\right|^{2}\right) d \mu \leq \int_{M}\left|E_{\beta_{0}}^{\top}\right|^{2} d \mu
$$

Which is the inequality in (5.2.11). Using (5.2.12), $\left\langle E_{\beta_{0}}, A_{j k}^{M}\right\rangle$ is symmetric for $j, k$, it follows that the vector field $w_{0}=E_{\beta_{0}}^{\top}$ satisfies both conditions in (5.2.11).

Now we are ready to proved Theorem 5.2.1:

Proof of Theorem 5.2.1. By Theorem 3.2.1, it suffices to construct an admissible vector field $V$ satisfying $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu<0$. Assume $V=J(\gamma w)$, where $w \in \Gamma(T \psi(M))$ would be chosen later. Because $H$ is parallel to $J u_{s}$ (see [1], p.40), the first integral $\int_{\Sigma}\langle V, H\rangle e^{-\frac{|X|^{2}}{4}} d \mu$ in the admissible condition is equal to zero. The second integral in the admissible condition is

$$
\int_{\Sigma} V e^{-\frac{|X|^{2}}{4}} d \mu=i \int_{\gamma} \gamma e^{-\frac{r^{2}}{4}} r^{n-1} d s \int_{M} w d \mu_{M} .
$$

Recall that the construction of $\gamma$ in [1] is made by $m>1$ pieces $\Gamma_{1}, \ldots, \Gamma_{m}$ which each corresponds one period of curvature function. Every piece $\Gamma_{i}$ is the same as $\Gamma_{1}$ up to a rotation. Suppose the rotation index of $\gamma$ is $l$. Then we have

$$
\begin{aligned}
\int_{\gamma} \gamma e^{-\frac{r^{2}}{4}} r^{n-1} d s & =\sum_{j=1}^{m} \int_{\Gamma_{j}} e^{-\frac{r^{2}}{4}} r^{n} e^{i \phi} d s \\
& =\int_{\Gamma_{1}} e^{-\frac{r^{2}}{4}} r^{n} e^{i \phi}\left(1+e^{i \frac{2 l \pi}{m}}+\ldots+e^{i \frac{(m-1) l}{m} \cdot 2 \pi}\right) d s=0
\end{aligned}
$$

since $1+e^{i \frac{2 \pi}{m}}+\ldots+e^{i \frac{(m-1) l}{m}} \cdot 2 \pi=0$ for $m>1$. Therefore, the second integral in the admissible condition is equal to zero.

For the case $n \geq 3$, we choose $w=w_{0}$ satisfying (5.2.11) and $V_{0}=J\left(\gamma w_{0}\right)$. Plugging the first inequality of (5.2.11) into (5.2.4), the weighted $L^{2}$ inner product $\left\langle V_{0},-L^{\perp} V_{0}\right\rangle_{e}$ becomes

$$
\begin{aligned}
& \int_{\Sigma}\left\langle V_{0},-L^{\perp} V_{0}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
\leq & -\int_{\gamma}\left(\frac{1}{2} r^{2}-3+4 \sin ^{2}(\theta-\phi)\right) e^{\frac{-r^{2}}{4}} r^{n-1} d s \int_{M}\left|w_{0}\right|^{2} d \mu_{M} \\
= & -\int_{\gamma}\left(\left(n-3+4 \sin ^{2}(\theta-\phi)\right)\right) e^{-\frac{r^{2}}{4}} r^{n-1} d s \int_{M}\left|w_{0}\right|^{2} d \mu_{M} \\
< & 0 .
\end{aligned}
$$

We use (5.2.7) to conclude the equality above.
For the case $n=2$, the only minimal Legendrian curves in $\mathbb{S}^{3}$ are great circles. They are totally geodesic in $\mathbb{S}^{3}$. Therefore, the weighted $L^{2}$ inner product $\left\langle V,-L^{\perp} V\right\rangle_{e}$
can be simplified as

$$
\begin{aligned}
& \int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & \int_{\gamma} e^{-\frac{r^{2}}{4}} r\left(\int_{\mathbb{S}^{1}}\left|\nabla^{\mathbb{S}^{1}} w\right|^{2}-\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right)|w|^{2} d \mu_{\mathbb{S}^{1}}\right) d s . \\
= & \int_{\gamma} e^{-\frac{r^{2}}{4}} r\left(\int_{\mathbb{S}^{1}}\left|\nabla^{\mathbb{S}^{1}} w\right|^{2}-4 \sin ^{2}(\theta-\phi)|w|^{2} d \mu_{\mathbb{S}^{1}}\right) d s .
\end{aligned}
$$

Here we use (5.2.7) again to get the last equality. Finally, by choosing $w$ to be the tangent vector of the great circle, which is a parallel vector field, we can make the weighted $L^{2}$ inner product negative.

### 5.3 The unstability for Lagrangian variations

Since Anciaux's examples are Lagrangian, it is natural to investigate whether these examples are still unstable under the more restricted lagrangian variations. That is, the variations come from the deformations of Lagrangian submanifolds. A simple calculation shows that a variational field $V$ induces a Lagrangian variation if and only if the one form defined by $\alpha_{V}=\omega(V, \cdot)$ is closed. That is,

$$
\begin{equation*}
\left\langle\nabla_{X}^{\perp} V, J Y\right\rangle=\left\langle\nabla \frac{1}{Y} V, J X\right\rangle, \tag{5.3.1}
\end{equation*}
$$

where $\nabla^{\perp}$ is the normal connection on $N \Sigma$ and $X, Y \in T \Sigma$. We have the following

Theorem 5.3.1 Let $\Sigma$ be an $n$-dimensional closed Lagrangian self-shrinker as in Lemma 5.1.1. Then $\Sigma$ is F-unstable under Lagrangian variations for the following cases
(i) $n=2$ or $n \geq 7$,
(ii) $2<n<7$, and $E \in\left[\sqrt{\frac{7-n}{8}} E_{\max }, E_{\max }\right]$,
where $E$ and $E_{\text {max }}$ are described in (5.1.2).

For $V \in N_{0}, V$ is not a Lagrangian variation since $\left\langle\nabla \stackrel{\perp}{u_{s}} V, J u_{j}\right\rangle \neq\left\langle\nabla \stackrel{u_{j}}{\perp} V, J u_{s}\right\rangle$. Hence, instead of using $N_{0}$, we need a new set $N_{1}$ as follows:

$$
\begin{array}{r}
N_{1}=\left\{V \left\lvert\, V=\frac{1}{r^{2}} J(\gamma w)\right., \text { where } w \in \Gamma(T \psi(M))\right. \text { satisfies } \\
\left.\left\langle\nabla_{x}^{M} w, y\right\rangle=\left\langle\nabla_{y}^{M} w, x\right\rangle, \text { for all } x, y \in T \psi(M)\right\}
\end{array}
$$

For $V \in N_{1}$, we claim that $V$ satisfies the equation (5.3.1). That is, it induces a Lagrangian variation. Suppose $V=\frac{1}{r^{2}} J(\gamma w)$. Noting that $\gamma^{\prime}=e^{i \theta}$ and $\left\langle V, J u_{s}\right\rangle=0$, we have

$$
\begin{aligned}
\left\langle\nabla_{u_{s}}^{\perp} V, J u_{j}\right\rangle & =-\frac{2 r^{\prime}}{r^{3}}\left\langle J(\gamma w), J\left(\gamma e_{j}\right)\right\rangle+\frac{1}{r^{2}}\left\langle J\left(\gamma^{\prime} w\right), J\left(\gamma e_{j}\right)\right\rangle \\
& =-\frac{\cos (\theta-\phi)}{r}\left\langle w, e_{j}\right\rangle, \\
\left\langle\nabla_{u_{j}}^{\perp} V, J u_{s}\right\rangle & =-\left\langle V, \nabla_{u_{j}}^{\perp} J u_{s}\right\rangle=-\frac{1}{r^{2}}\left\langle J(\gamma w), J\left(\gamma^{\prime} e_{j}\right)\right\rangle=-\frac{\cos (\theta-\phi)}{r}\left\langle w, e_{j}\right\rangle, \\
\left\langle\nabla_{u_{k}}^{\perp} V, J u_{j}\right\rangle & =\frac{1}{r^{2}}\left\langle\frac{\partial}{\partial x_{k}} J(\gamma w), J\left(\gamma e_{j}\right)\right\rangle=\left\langle\nabla_{e_{k}}^{M} w, e_{j}\right\rangle \\
& =\left\langle\nabla_{e_{j}}^{M} w, e_{k}\right\rangle=\left\langle\nabla \stackrel{\perp}{u_{j}} V, J u_{k}\right\rangle .
\end{aligned}
$$

This proves the claim.
For $V \in N_{1}$, the operator $\left\langle V,-L^{\perp} V\right\rangle_{e}$ can be simplified as in Lemma 5.3.2.

Lemma 5.3.2 Assume that $\Sigma$ is a closed Lagrangian self-shrinker as in Lemma 5.1.1 and $V \in N_{1}$ is represented by $\frac{1}{r^{2}} J(\gamma w)$. The second fundamental forms of $\Sigma$ in $\mathbb{C}^{n}$ and of $\psi(M)$ in $\mathbb{S}^{2 n-1}$ are denoted by $A^{\Sigma}$ and $A^{M, \mathbb{S}}$, respectively. We have

$$
\begin{align*}
& \text { (i) }\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2}=\frac{1}{r^{4}}\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+\frac{1}{r^{4}} \sin ^{2}(\theta-\phi)|w|^{2}  \tag{5.3.2}\\
& \text { (ii) }\left|\nabla^{\perp} V\right|^{2}=\frac{1}{r^{4}}\left|\nabla^{M} w\right|^{2}+\frac{2 \cos ^{2}(\theta-\phi)}{r^{4}}|w|^{2}  \tag{5.3.3}\\
& \text { (iii) }\left\langle V,-L^{\perp} V\right\rangle_{e}=-\int_{\gamma}\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right) e^{\frac{-r^{2}}{4}} r^{n-5} d s \int_{M}|w|^{2} d \mu_{M} \\
& \quad+\int_{\gamma} e^{\frac{-r^{2}}{4}} r^{n-5} d s \int_{M}\left(\left|\nabla^{M} w\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}\right) d \mu_{M} . \tag{5.3.4}
\end{align*}
$$

Proof. (i) For $V \in N_{1}$, there exist $V_{0} \in N_{0}$ such that $V$ can be represented by $\frac{1}{r^{2}} V_{0}=\frac{1}{r^{2}} J(\gamma w)$. Using the equation (5.2.2), we have

$$
\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2}=\frac{1}{r^{4}}\left|\left\langle A^{\Sigma}, V_{0}\right\rangle\right|^{2}=\frac{1}{r^{4}}\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+\frac{1}{r^{4}} \sin ^{2}(\theta-\phi)|w|^{2} .
$$

(ii) Using the equations (5.3.1) and (5.2.6), we have

$$
\begin{align*}
& \left\langle\nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w), J u_{j}\right\rangle=\frac{1}{r^{2}}\left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), J u_{j}\right\rangle=\left\langle\nabla_{e_{k}}^{M} w, e_{j}\right\rangle \\
& \left\langle\nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w), J u_{s}\right\rangle=\frac{1}{r^{2}}\left\langle\nabla_{u_{k}}^{\perp} J(\gamma w), J u_{s}\right\rangle=-\frac{1}{r} \cos (\theta-\phi)\left\langle w, e_{j}\right\rangle  \tag{5.3.5}\\
& \left\langle\nabla_{u_{s}}^{\perp} \frac{1}{r^{2}} J(\gamma w), J u_{s}\right\rangle=\frac{-2 r^{\prime}}{r^{3}}\left\langle J(\gamma w), J\left(\gamma X^{M}\right)\right\rangle+\frac{1}{r^{2}}\left\langle\nabla_{u_{s}}^{\perp} J(\gamma w), J u_{s}\right\rangle=0 .
\end{align*}
$$

Combining with (5.3.5) and (5.3.1), it gives

$$
\begin{aligned}
& \left|\nabla^{\perp} V\right|^{2}=\left\langle\nabla_{u_{\alpha}}^{\perp} \frac{1}{r^{2}} J(\gamma w), \nabla_{u_{\beta}}^{\perp} \frac{1}{r^{2}} J(\gamma w)\right\rangle g^{\alpha \beta} \\
= & \sum_{k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w), \nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w)\right\rangle \frac{1}{r^{2}}+\left\langle\nabla_{u_{s}} \frac{1}{r^{2}} J(\gamma w), \nabla_{u_{s}} \frac{1}{r^{2}} J(\gamma w)\right\rangle \\
= & \left(\sum_{j, k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w), \frac{J u_{j}}{r}\right\rangle^{2}+\sum_{k=1}^{n-1}\left\langle\nabla_{u_{k}}^{\perp} \frac{1}{r^{2}} J(\gamma w), J u_{s}\right\rangle^{2}\right) \frac{1}{r^{2}} \\
+ & \sum_{j=1}^{n-1}\left\langle\nabla_{u_{s}}^{\perp} \frac{1}{r^{2}} J(\gamma w), \frac{J u_{j}}{r}\right\rangle^{2} \\
= & \frac{1}{r^{4}} \sum_{j, k=1}^{n-1}\left\langle\nabla_{e_{k}}^{M} w, e_{j}\right\rangle^{2}+\frac{1}{r^{4}} \sum_{j=1}^{n-1} 2 \cos ^{2}(\theta-\phi)\left\langle w, e_{j}\right\rangle^{2} \\
= & \frac{1}{r^{4}}\left|\nabla^{M} w\right|^{2}+\frac{2 \cos ^{2}(\theta-\phi)}{r^{4}}|w|^{2} .
\end{aligned}
$$

(iii) Plugging (5.3.2) and (5.3.3) into (3.2.2), and using $e^{\frac{-|x|^{2}}{4}} d \mu_{\Sigma}=e^{-\frac{r^{2}}{4}} r^{n-1} d s d \mu_{M}$, we get

$$
\begin{aligned}
& \left\langle V,-L^{\perp} V\right\rangle_{e} \\
= & \int_{\Sigma}\left(\left|\nabla^{\perp} V\right|^{2}-\left|\left\langle A^{\Sigma}, V\right\rangle\right|^{2}-\frac{1}{2}|V|^{2}\right) e^{-\frac{|X|^{2}}{4}} d \mu_{\Sigma} \\
= & \int_{\gamma} \int_{M}\left(\left|\nabla^{M} w\right|^{2}+2 \cos ^{2}(\theta-\phi)|w|^{2}-\left(\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}+2 \sin ^{2}(\theta-\phi)|w|^{2}\right)\right. \\
& \left.-\frac{1}{2} r^{2}|w|^{2}\right) e^{-\frac{r^{2}}{4}} r^{n-5} d \mu_{M} d s \\
= & -\int_{\gamma}\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right) e^{-\frac{r^{2}}{4}} r^{n-5} d s \int_{M}|w|^{2} d \mu_{M} \\
& +\int_{\gamma} e^{\frac{-r^{2}}{4}} r^{n-5} d s \int_{M}\left(\left|\nabla^{M} w\right|^{2}-\left|\left\langle A^{M, \mathbb{S}}, J w\right\rangle\right|^{2}\right) d \mu_{M} .
\end{aligned}
$$

Thus (iii) is proved.
Proof of Theorem 5.3.1. By Theorem 3.2.1, it suffices to construct an admissible Lagrangian variation $V$ satisfying $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{-\frac{|x|^{2}}{4}} d \mu<0$. Assume $V=$ $\frac{1}{r^{2}} J(\gamma w) \in N_{1}$, where $w \in \Gamma(T \psi(M))$ will be chosen later. Similar to the proof of Theorem 5.2.1, $V$ is an admissible Lagrangian variation.

We now further specify $V$, so that $\int_{\Sigma}\left\langle V,-L^{\perp} V\right\rangle e^{\frac{\left\langle\left. X\right|^{2}\right.}{4}} d \mu<0$. When $n \geq 3$, we choose $w=w_{0}$ satisfying (5.2.11). Then $V_{1}=\frac{1}{r^{2}} J\left(\gamma w_{0}\right)$ is in $N_{1}$. From (5.2.11) and (5.3.4), the weighted $L^{2}$ inner product $\left\langle V_{1},-L^{\perp} V_{1}\right\rangle_{e}$ becomes

$$
\begin{aligned}
& \int_{\Sigma}\left\langle V_{1},-L^{\perp} V_{1}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
\leq & -\int_{\gamma}\left(\frac{1}{2} r^{2}-3+4 \sin ^{2}(\theta-\phi)\right) e^{\frac{-r^{2}}{4}} r^{n-5} d s \int_{M}\left|w_{0}\right|^{2} d \mu_{M} \\
= & -\int_{\gamma}\left(\left(n-3+4 \sin ^{2}(\theta-\phi)-4 \cos ^{2}(\theta-\phi)\right)\right) e^{-\frac{r^{2}}{4}} r^{n-5} d s \int_{M}\left|w_{0}\right|^{2} d \mu_{M}, \\
= & -\int_{\gamma}\left(\left(n-7+8 \sin ^{2}(\theta-\phi)\right)\right) e^{-\frac{r^{2}}{4}} r^{n-5} d s \int_{M}\left|w_{0}\right|^{2} d \mu_{M},
\end{aligned}
$$

where (5.2.8) is used to conclude the first equality. Thus it suffices to show that $f(s)=n-7+8 \sin ^{2}(\theta-\phi)$ is nonnegative and positive at some point. For $n \geq 7$, the function $f$ is clearly nonnegative and positive somewhere. Since $\sin (\theta-\phi) \geq \frac{E}{E_{\max }}$ from (5.1.2), $f(s)$ is nonnegative and positive somewhere for $E \in\left[\sqrt{\frac{7-n}{8}} E_{\max }, E_{\max }\right]$.

In the case $n=2$, the only minimal Legendrian curves in $\mathbb{S}^{3}$ are great circles which are totally geodesic. Choosing $w_{1}$ to be the tangent vector of the great circle, we have $\left|\nabla^{\mathbb{S}^{1}} w_{1}\right|=0$ and $\left|w_{1}\right|=1$. The vector field $V_{1}=\frac{1}{r^{2}} J\left(\gamma w_{1}\right)$ gives a Lagrangian variation and the weighted $L^{2}$ inner product $\left\langle V_{1},-L^{\perp} V_{1}\right\rangle_{e}$ in (5.3.4) can be simplified as

$$
\begin{aligned}
& \int_{\Sigma}\left\langle V_{1},-L^{\perp} V_{1}\right\rangle e^{-\frac{|X|^{2}}{4}} d \mu \\
= & -\int_{\gamma}\left(\frac{1}{2} r^{2}-2+4 \sin ^{2}(\theta-\phi)\right) e^{-\frac{r^{2}}{4}} r^{-3} d s \int_{\mathbb{S}^{1}}|w|^{2} d \mu_{\mathbb{S}^{1}} \\
= & -2 \pi \int_{\gamma}\left(\frac{1}{2} r^{2}+2\left(\sin ^{2}(\theta-\phi)-\cos ^{2}(\theta-\phi)\right)\right) e^{-\frac{r^{2}}{4}} r^{-3} d s
\end{aligned}
$$

Using (5.2.8), it follows that

$$
\int_{\gamma} \frac{1}{2} r^{2} e^{-\frac{r^{2}}{4}} r^{-3} d s=\int_{\gamma} 2\left(\sin ^{2}(\theta-\phi)-\cos ^{2}(\theta-\phi)\right) e^{-\frac{r^{2}}{4}} r^{-3} d s
$$

Therefore, $\left\langle V_{1},-L^{\perp} V_{1}\right\rangle_{e}=-2 \pi \int_{\gamma} r^{2} e^{-\frac{r^{2}}{4}} r^{-3} d s<0$, and concludes the Lagrangian unstability in Theorem 5.3.1.

## Chapter 6

## Self-similar Lagrangian graph

By a result of Harvey and Lawson [10], locally an $n$-dimensional Lagrangian submanifold $L$ can be described explicitly as the graph of a function over a tangent plane. That is

$$
\left.L=\left\{\left(x_{1}, x_{2}, . ., x_{n}\right)+i \nabla f\right) \in \mathbb{C}^{n}=\mathbb{R}^{n}+i \mathbb{R}^{n} \mid f: \Omega \subset \mathbb{R}^{n} \rightarrow \mathbb{R}\right\} .
$$

A Lagrangian $L$ is called a Lagrangian graph with respect to $f$ if the domain of the function $f$ is $\mathbb{R}^{n}$.

### 6.1 Expanding Lagrangian graph

In this section, we discuss the expanding symmetric Lagrangian graph with respect to $f$, that is, $H=F^{\perp}$ and the function $f$ satisfies $f\left(x_{1}, \ldots, x_{n}\right)=f(r)$, where $r^{2}=\sum_{i=1}^{n} x_{i}^{2}$. It can be simplified as

$$
\begin{equation*}
L=\left\{(r+g i) \sigma_{n-1} \in \mathbb{C}^{n} \mid g(r)=f^{\prime}(r), \sigma_{n-1} \in \mathbb{S}^{n-1}\right\} \tag{6.1.1}
\end{equation*}
$$

The type is a special case of Anciaux's examples in [1]. In terms of the spherical coordinate system $\theta_{1}, \ldots, \theta_{n-1}, r$, let $F_{r}=\frac{\partial F}{\partial r}=\left(1+g^{\prime} i\right) \sigma_{n-1}, F_{j}=\frac{\partial F}{\partial \theta_{j}}=(r+g i) u_{j}$ for $j=1, \ldots, n-1$, where $F$ is the position vector of $L$ and $u_{j}$ 's are tangent vectors
on $\mathbb{S}^{n-1}$. Then

$$
\operatorname{det}\left(\begin{array}{c}
F_{r} \\
F_{1} \\
\vdots \\
F_{n-1}
\end{array}\right)_{\mathbb{C}}=\left(1+g^{\prime} i\right)(r+g i)^{n-1}
$$

and it gives

$$
\begin{equation*}
\theta=\arg \left(1+g^{\prime} i\right)+(n-1) \arg (r+g i), \tag{6.1.2}
\end{equation*}
$$

where $\theta$ is the Lagrangian angle of $L$. We have the following theorem.

Theorem 6.1.1 Assume a smooth expanding symmetric Lagrangian graph L doesn't contain the origin, then $L$ is asymptotic to a cone $C$, where $C=\left\{\omega(s) \sigma_{n-1} \mid \sigma_{n-1} \in\right.$ $\mathbb{S}^{n-1}, \omega(s) \in \mathbb{C}$ and $\omega(s)$ is a line -in $\left.\mathbb{R}^{2}\right\}$.

Proof. In terms of the spherical coordinate system, we have

$$
\begin{equation*}
\dot{\theta}_{r}=\frac{g^{\prime \prime}}{1+\left(g^{\prime}\right)^{2}}+(n-1) \frac{r g^{\prime}-g}{r^{2}+g^{2}} \tag{6.1.3}
\end{equation*}
$$

On the other hand, since $H=F^{\perp}$ and $H=J \nabla \theta$, it gives

$$
\begin{equation*}
\theta_{r}=\left\langle\nabla \theta, F_{r}\right\rangle=\left\langle F, J F_{r}\right\rangle=-r g^{\prime}+g \tag{6.1.4}
\end{equation*}
$$

Combining (6.1.3) and (6.1.4), we get

$$
\begin{equation*}
\frac{g^{\prime \prime}}{1+\left(g^{\prime}\right)^{2}}=\left(g-r g^{\prime}\right)\left(1+\frac{n-1}{r^{2}+g^{2}}\right) . \tag{6.1.5}
\end{equation*}
$$

Let $h=g-r g^{\prime}$. Directly integrating from (6.1.5), we have $h(r)=h(0) e^{-\int_{0}^{r} s \varphi(s) d s}$ where $\varphi(s)=\left(1+\left|g^{\prime}(s)\right|^{2}\right)\left(1+\frac{n-1}{s^{2}+g^{2}(s)}\right)$. Since $L$ does not contain the origin, $h(0)$ is positive. The function $h$ is decreasing and positive on $[0 . a)$ for some $a>0$. The domain $[0, a)$ can be extended to $[0, \infty)$. If not there is a number $b \in \mathbb{R}^{+}$such that $h(b)=0$. Combining the definition of $\varphi,|F| \neq 0$, and the fact that $g$ is defined on $[0, \infty)$, the limit of $\varphi(s)$ is infinite as $s$ approaches to $b^{-}$. This is a contradiction for $h=g-r g^{\prime}$. Using both the above properties of the function $h$, the functions $\frac{g}{r}$ and
$g^{\prime}$ are decreasing and increasing, respectively. Because $\frac{g}{r}-g^{\prime}=\frac{h}{r}>0$ and use the completeness of the real numbers, the limits of $\frac{g}{r}$ and $g^{\prime}$ exist as $r \rightarrow \infty$ and both the limits are equal. Take $m=\lim _{r \rightarrow \infty} \frac{g}{r}=\lim _{r \longrightarrow \infty} g^{\prime}$, we have $g^{\prime} \nearrow m$ and $\frac{g}{r} \searrow m$. Since the function $g-m r$ is positive and decreasing, the limit of $g-m r$ exists as $r \rightarrow \infty$. That is, $g$ has an asymptote $y=m x+c$. Then $L$ is asymptotic to $C$.

### 6.2 Translating Lagrangian graph

Now we discuss the translating Lagrangian graph $L$ with respect to $f$. We have the following proposition.

Proposition 6.2.1 Assume that $f$ is symmetric on $\mathbb{R}^{n}$, i.e., $f\left(x_{1}, \ldots, x_{n}\right)=f(r)$. Then the translating Lagrangian graph $L$ with respect to $f$ is the plane $\mathbb{R}^{n}$.

Proof. Choose $T=(0, \ldots, 1)$ without loss of generality. Since the Lagrangian angle $\theta$ is only depend on $r$ from the equation (6.1.2), it gives

$$
0=\left\langle\nabla \theta, F_{j}\right\rangle=\left\langle H, J F_{j}\right\rangle=\left\langle T, J F_{j}\right\rangle=-g\left\langle T, J u_{j}\right\rangle
$$

for all $0<j<n$, where $u_{j}$ 's are tangent vectors on $\mathbb{S}^{n-1}$ and $g(r)=f^{\prime}(r)$. Therefore $f$ is a constant function on $\mathbb{R}^{n}$ and $L$ is the Euclidean plane $\mathbb{R}^{n}$.

Next, we consider a more complex case for $f\left(x_{1}, \ldots, x_{n-1}, y\right)=f(r, y)$ and $r^{2}=\sum_{k=1}^{n-1} x_{k}^{2}$. The translating Lagrangian graph $L$ can be written as

$$
\begin{align*}
L & \left.=\left\{\left(x_{1}, x_{2}, . ., x_{n-1}, y\right)+i \nabla f\right) \in \mathbb{C}^{n} \mid f=f(r, y) \in \mathbb{R}, r^{2}=\sum_{k=1}^{n-1} x_{k}^{2}\right\} \\
& =\left\{\left(\left(r+f_{r} i\right) \sigma_{n-2}, y+f_{y} i\right) \in \mathbb{C}^{n} \mid \sigma_{n-2} \in \mathbb{S}^{n-2}\right\} \tag{6.2.1}
\end{align*}
$$

In terms of the spherical coordinate system $\theta_{1}, \ldots, \theta_{n-2}, r, y$, let

$$
\left\{\begin{array}{l}
F_{y}=\frac{\partial F}{\partial y}=\left(i f_{r y} \sigma_{n-2}, 1+i f_{y y}\right)  \tag{6.2.2}\\
F_{r}=\frac{\partial F}{\partial r}=\left(\left(1+f_{r r} i\right) \sigma_{n-2}, i f_{y r}\right) \\
F_{j}=\frac{\partial F}{\partial \theta_{j}}=\left(\left(r+f_{r} i\right) u_{j}, 0\right)
\end{array}\right.
$$

for $j=1, \ldots, n-2$, where $F$ is the position vector of $L$ and $u_{j}$ 's are tangent vectors on $\mathbb{S}^{n-2}$. Then

$$
\begin{aligned}
\operatorname{det}\left(\begin{array}{c}
F_{1} \\
\vdots \\
F_{n-2} \\
F_{r} \\
F_{y}
\end{array}\right)_{\mathbb{C}} & =\left(r+i f_{r}\right)^{n-2}\left[\left(1+f_{r r} i\right)\left(1+f_{y y} i\right)+f_{r y}^{2}\right] \\
& =\left(r+i f_{r}\right)^{n-2}\left[\left(1+f_{r y}^{2}-f_{r r} f_{y y}\right)+i\left(f_{r r}+f_{y y}\right)\right]
\end{aligned}
$$

and it gives

$$
\begin{equation*}
\theta=(n-2) \arg \left(r+i f_{r}\right)+\arg \left[\left(1+f_{r y}^{2}-f_{r r} f_{y y}\right)+i\left(f_{r r}+f_{y y}\right)\right], \tag{6.2.3}
\end{equation*}
$$

where $\theta$ is the Lagrangian angle of $L$. We have the following the theorem.

Theorem 6.2.2 Fix $n \geq 3$, assume the Lagrangian graph $L$ defined as above is translating and the the translating vector $T=(0, \ldots, 0, i)$. Then

$$
L=\left\{\left(\left(r+f_{r} i\right) \sigma_{n-2},(\theta+C)+f_{\theta} i\right) \in \mathbb{C}^{n} \mid \sigma_{n-2} \in \mathbb{S}^{n-2}\right\}
$$

for some constant $C$. Moreover, if $f(r, y)=G(r)+P(y)$, then $L$ is the product of $(n-1)$ special Lagrangian $L^{\prime}$ and Grim Reaper $\Gamma$. i.e., $L=L^{\prime} \times \Gamma \subset \mathbb{C}^{n-1} \times \mathbb{C}$.

Remark 6 The latter still holds under the translating vector $T=(0, \ldots, 0, z)$ for all $z \in \mathbb{C}$. This example is the same as the example constructed in [12].

Proof. Using (6.2.2) and directly computing, it gives

$$
\begin{aligned}
& \theta_{r}=\left\langle\nabla \theta, F_{r}\right\rangle=\left\langle H, J F_{r}\right\rangle=\left\langle T, J F_{r}\right\rangle=0, \\
& \theta_{j}=\left\langle\nabla \theta, F_{j}\right\rangle=\left\langle H, J F_{j}\right\rangle=\left\langle T, J F_{j}\right\rangle=0, \\
& \theta_{y}=\left\langle\nabla \theta, F_{y}\right\rangle=\left\langle H, J F_{y}\right\rangle=\left\langle T, J F_{y}\right\rangle=1 .
\end{aligned}
$$

Therefore, the Lagrangian angle $\theta$ is equal to $\theta+C$ for some constant $C$. When $f(r, y)=G(r)+P(y)$, we let $g(r)=f_{r}$ and $p(y)=f_{y}$. From (6.2.3), the Lagrangian
angle $\theta$ can be simplified as the following equation

$$
\begin{aligned}
\theta & =\arg \left(1+p^{\prime}(y) i\right)+\arg \left(1+g^{\prime}(r) i\right)+(n-2) \arg (r+g(r) i) \\
& =\alpha(y)+\beta(r),
\end{aligned}
$$

where $\alpha(y)=\arg \left(1+p^{\prime}(y) i\right)$ and $\beta(r)=\arg \left(1+g^{\prime}(r) i\right)+(n-2) \arg (r+g(r) i)$. Since $\theta_{y}=1$, it gives that $\beta(r)$ is constant and $\alpha(y)=y+c$. Directly computing, the function $p(y)=\ln \sec (y+c)+c_{1}$. That is, the Lagrangian graph $L$ is the product of $(n-1)$ special Lagrangian graph $L^{\prime}$ and Grim Reaper $\Gamma$ which $\alpha$ and $\beta$ are Lagrangian angles of $L^{\prime}$ and $\Gamma$, respectively.

## Bibliography

[1] H. Anciaux, Construction of Lagrangian self-similar solutions to the mean curvature flow in $\mathbb{C}^{n}$. Geom. Dedicata 120 (2006), 37-48.
[2] S. Angenent, Shrinking doughnuts, Nonlinear diffusion equations and their equilibrium states, Birkhaüser, Boston-Basel-Berlin, 3, 21-38, 1992.
[3] S. B. Angenent, D. L. Chopp, and T. Ilmanen. A computed example of nonuniqueness of mean curvature flow in $\mathbb{R}^{3}$. Comm. Partial Differential Equations, 20 (1995), no. 11-12, 1937-1958
[4] U. Abresch and J. Langer, The normalized curve shortening flow and homothetic solutions. J. Differential Geom. 23 (1986), no. 2, 175-196.
[5] B. Andrews; H. Li; Y. wei, F-stability for self-shrinking solutions to mean curvature flow, preprint, 2012, http://arxiv.org/abs/1204.5010.
[6] T.H. Colding and W.P. Minicozzi, Generic mean curvature flow I; generic singularities, to appear in Ann. Math.
[7] G. Huisken, Flow by mean curvature of convex surfaces into spheres. J. Differential Geom. 20 (1984), no. 1, 237-266.
[8] G. Huisken, Asymptotic behavior for singulairites of the mean curvature flow. J. Differential Geom. 31 (1990), no. 1, 285-299.
[9] G. Huisken, Local and global behaviour of hypersurfaces moving by mean curvature. Differential geometry: partial differential equations on manifolds (Los Angeles, CA, 1990), Proc. Sympos. Pure Math., 54, Part 1, Amer. Math. Soc., Providence, RI, (1993), 175-191.
[10] R. Harvey; H.B. Lawson, Calibrated geometries. Acta Math. 148 (1982), 47-157.
[11] T. Ilmanen, Singularities of mean curvature flow of surfaces, preprint, 1995, http://www.math.ethz.ch/ ilmanen/papers/pub.html.
[12] D. Joyce; Y-I Lee; M-P Tsui, Self-similar solutions and translating solitions for Lagrangian mean curvature flow. J Differential Geom. 84 (2010), no. 1, 127-161. 53C44 (53D12).
[13] Stephen Kleene and Niels Martin Møller, self-shrinkers with a rotational symmetry, preprint, http://arxiv.org/abs/1008.1609.
[14] Y.-I. Lee and M.-T. Wang, Hamiltonian stationary cones and self-similar solutions in higher dimension, Trans. Amer. Math. Soc. 362 (2010), 1491-1503.
[15] K. Smoczyk, A canonical way to deform a Lagrangian submanifold, preprint, http://arxiv.org/pdf/dg-ga/9605005v2.pdf.
[16] K. Smoczyk, Self-shrinkers of the mean curvature flow in arbitrary codimension, International Mathematics Research Notices, 48 (2005), 2983-3004.
[17] A. Stone, A density function and the structure of singularities of the mean curvature flow. Calc. Var. Partial Differential Equations 2 (1994), no. 4, 443-480.
[18] B. White, A local regularity theorem for classical mean curvature flow. Ann. of Math. (2) 161 (2005), no. 3, 1487-1519.

