

國立臺灣大學生物資源暨農學院動物科學技術學系

博士論文

Department of Animal Science and Technology

College of Bioresources and Agriculture

National Taiwan University

Doctoral Dissertation

二十二碳六烯酸藉由血漿澱粉酶 A 蛋白與四締素

調控脂肪細胞脂質分解與堆積

Docosahexaenoic acid regulates lipolysis and lipogenesis through
serum amyloid A protein and tetranectin in adipocytes

王雅青

Ya-Chin Wang

指導教授：丁詩同 博士

Advisor: Shin-Torng Ding, Ph.D.

中華民國 102 年 2 月

February, 2013

誌謝

能完成這篇論文，我要特別感謝我的指導教授丁詩同老師。謝謝口試委員-陳洵一老師,朱有田老師,陳珠亮老師和葉秀慧老師的用心指教。謝謝永遠的聖誕老公公 Harry Mersmann 和開心果 Flevia 在人生及研究路上的指引。也要感謝分子生物研究室的每一位成員對我的支持與鼓勵，秉勳,郁仁,原佑,瑞婷,幼欣,陳志堅學長及全體同仁。謝謝台大醫院外科:張金堅醫師及郭文宏醫師長年提供實驗的樣本以及貼心幫忙聯絡的小潔及心如助理。另外，育種研究室：鄭登貴老師、吳信志老師、韋雄學長、淳淳；遺傳研究室；中研院陳玉如老師及台大醫院基因體核心實驗室在研究上的協助及指點迷津。感念動科系辦的游老大及廖學姐，你們讓動科系更有家的味道。

生活上，感謝有主的肢體，相愛住在一起，感謝台北 19、10 會所及岡山召會中各個基督徒的愛護及成全。住了多年的姐妹之家，到許多不同的家中相調，不少的操練及榜樣，都成為我生命長大的養份。時常體恤我研究上的辛勞，並給予我鼓勵及加強。讓我一步步的認識這位萬有主。同時，謝謝一路相伴打氣的好友們：榕婷，志偉，思慧，明吟，阿德，美伶，玫菁。

最後感謝我的家人，我想對父母說一句：「老爸，老媽謝謝你，尤其是老爸，辛苦你了！」，我有個全世界最貼心的弟弟及妹妹。感謝主，遠征美國旅途中，一場始料未的意外相遇下，也帶給我二位美好的家庭新成員—Gary and Victoria Mai Vandegriek。

感謝人生旅途中，每一位貴人。人生這場美好的仗，願一直有「主」同在。願你喜樂！

中文摘要

脂肪代謝相關疾病，例如：胰島素阻抗、糖尿病以及心血管疾病嚴重威脅人類健康，而 N-3 多不飽合脂肪酸，特別是 docosahexaenoic acid (DHA) 被發現對這些疾病有療效，但其中的作用機制尚未被發覺。先前的研究顯示血液澱粉酶 A (SAA) 參與 DHA 在之下脂質代謝的調控，於是我們率先先設計實驗闡明其中的機制。結果顯示，在初代培養的人類脂肪細胞 (PHA)，DHA 處理則增加 SAA 基因及其它相關脂質代謝基因的表現。另外，SAA 重組蛋白的處理，抑制 PPAR γ 及脂質生成基因表現，並且提升脂質分解基因的表現，例如 hormone sensitive lipase (HSL)，同時伴隨甘油自脂肪細胞釋出的提高。我們更進一步發現，SAA 的處理，降低覆膜在油滴表面的 perilipin 基因表現。此結果說明，DHA 和 SAA 部份增加 HSL 的基因表現並透過降低 perilipin 來影響脂解作用。在另一個研究中，利用二維電泳的技術，我們發現一個會與 plasminogen 結合的蛋白；四締素 (tetranectin ; TN)，為一種自脂肪細胞外泌的脂肪細胞激素。基因表現分析中顯示，在人類脂肪組織中，TN 的表現量與身體質量指數 (BMI) 和脂質生合成呈正比。利用腺病毒大量表現 TN 在 PHA 中，可提高脂質生成相關基因表現及油滴在脂肪細胞中堆積。同樣利用腺病毒感染 PHA，降低 TN 表現的實驗中，則無以上的現象。活體實驗中顯示，相較於對照組，高脂餵飼的小鼠脂肪組織中有大量 TN 表現。小鼠在 DHA 的餵飼後，TN 表現則顯著受到抑制。綜合以上結果，顯示 DHA 可調控脂解因子 SAA 表現上升及並降低促進脂質生成的 TN 表現，進而調整脂肪組織中的脂質代謝，有益於改善肥胖。從此成果中，可做為未來發展治療肥胖及相關疾病的方向。

關鍵字：二十二碳六烯酸、血液澱粉酶 A、四締素、脂解作用、脂質生成，脂肪

細胞激素

ABSTRACT

Obesity is highly associated with insulin resistance, diabetes and cardiovascular diseases, and thereby greatly impacts human health. *n*-3 polyunsaturated fatty acids, specifically docosahexaenoic acid (DHA), has beneficial effects on human health, but the underlying mechanisms remain elusive. Based on our previous studies that serum amyloid A protein (SAA) is involved in DHA's regulation of lipid metabolisms, we then conducted a series of studies to elucidate the underlying mechanism. Promoted SAA and lipid metabolism-associated gene expression in human adipocytes results showed that treating the primary human adipocytes (PHA) with DHA increases the gene expression of SAA and those genes associated with lipid metabolism. Moreover, addition of recombinant SAA inhibited the expression of peroxisome proliferator-activated receptor γ and lipogenic genes, but enhanced lipolytic gene expression such as hormone sensitive lipase (HSL) in PHA, in association with increased glycerol release into the medium. We also found that expression of perilipin, a lipid droplet-coating protein, was decreased by hSAA1 treatment. These results suggest that the lipolytic effects of DHA and SAA are, at least partially, mediated by upregulation of HSL and perilipin downregulation. Using 2D PAGE technique, a plasminogen -kind protein, tetranectin (TN) was identified as a secretory adipocytokine from PHA. In human adipose tissue, expression of TN is positively correlated with body mass index, as well as adipogenesis. Lentiviral overexpression of TN in PHA increased the expression of lipogenic genes and lipid accumulation, which were blocked by lentiviral knockdown of TN. Finally, we found that TN expression was elevated in the adipose tissues of mice fed with high-fat diet, but was diminished by DHA treatment. Taken together, our results suggest that DHA exerts beneficial effects on

obesity by up-regulating a lipolytic factor, SAA expression, yet down-regulating lipogenic TN, to modulate lipid metabolism in the adipose tissue. The results gained from the study may shed lights for future development of better therapeutic approaches in obesity and related diseases.

Key words: docosahexaenoic acid, serum amyloid A protein, tetranectin, lipolysis, lipogenesis, adipocytokines

CONTENTS

口試委員會審定書.....	#
誌謝.....	i
中文摘要.....	ii
ABSTRACT	iv
List of figures.....	viii
Introduction	1
Chapter 1 Literature review.....	2
Chapter 2 Docosahexaenoic acid regulates serum amyloid A protein to promote lipolysis through down regulation of perilipin	9
2.1 Aims of research plan	9
2.2 Introduction	9
2.3 Materials and methods	10
2.4 Results.....	15
2.4.1 Effect of recombinant hSAA1 on the expression of genes related to lipid metabolism in HepG2 cells	15
2.5 Discussion	24
Chapter 3 Tetranectin promotes adipogenesis and lipogenesis and is negatively regulated by polyunsaturated fatty acids in human adipocytes	29
3.1 Aims of research plan.....	29
3.2 Introduction	29
3.3 Material and methods.....	30
3.4 Result.....	36
3.5 Discussion	58

Appendix.....	64
REFERENCES	65

List of figures

Fig. 2-1	Effects of hSAA1 on the expression of lipid metabolism-associated genes	18
Fig. 2-2	Human serum amyloid protein A 1 (hSAA1) promoted lipolysis- and inhibited lipogenesis-related genes in primary human adipocytes.....	20
Fig. 2-3	The effect of docosahexaenoic acid (DHA) on the expression of serum amyloid protein A 1 (SAA1) in adipocytes.....	22
Fig. 2-4	DHA regulates SAA to promote lipolysis through down regulation of perilipin. in primary human adipocytes.....	24
Fig. 3-1	Tetranectin (TN) was a secreted cytokine from adipocytes.....	38
Fig. 3-2	Correlation of TN mRNA Expression adipogenesis	40
Fig. 3-3	Functional analysis of Tetranectin in human adipocytes by proteomic analysis	43
Fig. 3-4	Effects of TN on lipid metabolism in primary human adipocytes	4
Fig. 3-5	TN regulated lipid metabolism through MMP3, TIMP1 and tPA	52
Fig. 3-6	TN expresses higher in obese mice than lean and decrease expression by DHA treatment.....	53
Fig. 3-7	The mRNA concentration of TN in human adipocytes was significantly inhibited by PUFA	56

LIST OF TABLES

Table 2-1	List of primer sequences for real-time PCR.....	16
Table 4-1	Examples of function analysis from large scale analysis of the total cell lysate of TN-overexpressed human adipocytes.....	47

Introduction

Obesity is a world-wide problem now. Adipogenesis, lipogenesis and lipolysis are dynamic balance to each other in adipose tissue. Adipose tissue not only acts as a organ store energy but function as an endocrine organ to play a role in the pathogenesis of obesity-related diseases¹. Obesity has highly correlation with diabetes, cardiovascular diseases, immune diseases and cancer. Adipose tissue is an active endocrine organ to secret a various of cytokines into blood. These adipocyte-specific cytokines are named adipocytokines². Some adipocytokines act in an autocrine or fashion, while others are released into the systemic circulation and exert its effect on molecules in other tissues. Adipocytokines can modulate metabolic and immune functions and are markedly related to obesity and type II diabetes^{3,4}.

Polyunsaturated fatty acids (PUFAs) can regulate adipose tissue functions at a pathological and physiological aspect⁵. PUFA have several physiological functions on the whole-body metabolism including decreasing of lipid concentration in blood, promoting insulin sensitivity and immune modulation, and further preventing obesity, diabetes, cardiovascular disease and inflammation^{6,7}. Several unknown cytokines found from adipose tissue some adipokines were show for multiple new functions. We have aimed to discover novel cytokines and its role in mediating PUFAs function in adipose tissue.

We first aimed to elucidate mechanisms of DHA regulation on lipolysis through SAA in PHA was observed. Then, we tried to define a novel adipocytokine, TN and addressed its function in adipose tissue.

Through the study, we expected to provide some results related to DHA, SAA or TN for obesity therapy to further improve metabolic syndromes.

Chapter 1 Literature review

1.1 Polyunsaturated fatty acids

Polyunsaturated fatty acids (PUFAs) are fatty acids that contain more than one double bond in their backbone, and can be classified into various groups by their chemical structure:

1. Methylene-Interrupted Polyenes: These fatty acids have 2 or more *cis* double bonds that are separated from each other by a single methylene group. (This form is also sometimes called a *divinylmethane pattern*.) The essential fatty acids are all omega-3 and -6 methylene-interrupted fatty acids, such as Arachidonic acid (AA; 20:4 (n-6)), Docosadienoic acid (22:2 (n-6)), Docosapentaenoic acid (22:5 (n-6)), Docosahexaenoic acid (DHA; 22:6 (n-3)), Eicosapentaenoic acid (EPA, 20:5 (n-3)). And Omega-9 fatty acids are mono- and polyunsaturated, including Oleic acid (18:1 (n-9)), Mead acid (20:3 (n-9)).
2. Conjugated fatty acids: Conjugated fatty acids have two or more conjugated double bonds, such as Rumenic acid (18:2 (n-7)), Punicic acid (18:3 (n-5)).
3. Other Polyunsaturates: Pinolenic acid (18:3 (n-6)), Podocarpic acid (20:3 (n-6)).

1.2 Obese epidemic

Overweight is a major concern of health issues by the public now. According to some reports health, there are around 1.46 billion adults worldwide have BMI of 25 kg/m² or greater in 2008, of which 6 million adults (2.05 million men and 2.97 million women) were obese ⁸. In both developed and developing countries, obesity becomes epidemic issue across in all age groups with the increasing prevalence of obesity, a large burden on health care use and costs may impact the finance of the countries. Weight loss can improve health and related diseases and economic benefits. Dietary

therapy, physical activity and lifestyle modification are good effective for weight loss strategies. Obese or overweight patients with concomitant obesity-related risk factors or diseases thus may need drug therapy⁹.

1.3 The effect and benefit of polyunsaturated fatty acids in obesity and lipid metabolism

Mice and humans exhibited lower body weight and reduced fat deposition when fed with with high PUFA diet¹⁰. PUFAs exert protective effects through direct or indirect pathways in lipid metabolism. Fish oil enriched with PUFA treated in the rats including metabolic syndrome, the blood pressure, serum insulin, cholesterol, TAG and NEFA were decreased, although there was no change in plasma TNF α concentration or fat accumulation¹¹. Patients with metabolic syndrome have a high risk to develop cardiovascular disease and PUFA administration for at least 3 months significantly decreased serum triglycerides by 7% to 25% and is helpful to prevent cardiovascular diseases¹².

1.4 Regulation of inflammation by long-chain n-3 PUFAs

Long-chain n-3 PUFA can exert anti-inflammatory effects by reducing pro-inflammatory cytokine expressions. Therefore, long-chain n-3 PUFA may provide an anti-inflammatory strategy to improve obesity-related diseases¹³. Long-chain n-3 PUFA regulate gene expressions not only through transcription factors such as PPAR and NF-kappaB but also via eicosanoid production, reducing pro-inflammatory cytokine production from different types of cells including macrophages. Long-chain n-3 PUFA may therefore offer a useful anti-inflammatory strategy⁷.

Obesity nowadays is regarded as a low-grade chronic inflammatory condition and characterized as inflammation with increased macrophage infiltration in the adipose tissue¹⁴. Furthermore, neutrophils and T-cells, may enter the adipose tissue first and contribute to the recruitment of macrophages into adipose tissue. Obese individuals express more amount of pro-inflammatory cytokines as compared to lean ones, those pro-inflammatory molecules include interleukin 6 (IL-6), tumor necrosis factor alpha (TNF α), C-reactive protein, soluble intercellular adhesion molecules, inducible NO synthase, transforming growth factor b1, monocyte chemotactic protein (MCP)-1, tissue factor and factor VII, plasminogen activator inhibitor type 1^{2,15,16}. Recent reports suggest that stromal vascular cells, which contain endothelial cells, immune cells and pre-adipocytes also produce pro-inflammatory molecules into the richest adipose tissue. The evidences support that increased infiltration of macrophages into the adipose tissue elute adipose tissue into low-grade inflammation status. Adipose tissue with enhanced adiposity are constantly stimulated by pro-inflammatory molecules that are only from adipocytes, but derived from macrophages¹⁷. Those pro-inflammation cytokine in adipose tissue, for example, IL-1b, TNF α and IL-6 have been considered in promoting the development insulin resistance and obesity¹⁷.

Many reports have shown macrophage infiltration into adipose tissue by HFD treatment in the mouse model for type 2 diabetes and in genetically diabetic db/db mice¹⁸. Dietary induction of LC n-3 PUFA reduces

macrophage infiltration into adipose tissue and suppresses inflammatory gene expression and c-Jun N-terminal kinase phosphorylation in HFD induced diet-induced mice without changes of body weight¹⁸.

1.5 Regulation of transcription factors and cytokines by long-chain n-3 PUFAs

PUFA also expresses expression of same lipid accumulation-related genes including cytokines and transcription factors in the adipose tissue. Past studies suggested that serum IL-6 can significantly reduced and TNF α has trend-wise reduction by 4 g/day n3-PUFA¹². PUFA also regulates extensively the lipid metabolism by cytokines through transcription factors in adipose tissue¹⁹. The major fatty acids in PUFA are DHA and EPA, DHA is implicated in modulating homeostasis and lipid metabolism through transcription factors and protein kinase²⁰, such as PPAR, liver X receptors and sterol regulatory element binding protein-1 (SREBP1) adipocyte determination and differentiation dependent factor 1. These transcription factors regulate fatty acid metabolism and expression of various cytokines. including leptin, adiponectin, resistin²¹, TNF α , IL-6 and etc.^{7,22}.

PUFAs inhibit expression of SREBP1 in porcine adipocytes. SREBP1 is a transcription factor that stimulates expression of genes involved in lipogenesis. Our group reported that porcine primary adipocytes treated with DHA, expression of steady-state transcription factor SREBP1 mRNA and lipogenesis related genes and cytokines were decreased through a mechanism related to fatty acid peroxidation in adipocytes and liver²³⁻²⁵.

The metabolic products from PUFAs could be PPAR activators, docosahexaenoic acid and particularly eicosapentaenoic acid can activate PPAR γ in porcine. and then induce gene expressions responsible for fatty acid oxidation such as hormone sensitive lipase, acyl-CoA oxidase, hydroxymethylglutaryl-CoA synthase and fatty

acyl-CoA synthetase^{26,27}. Also, when PPAR γ ^{+/+} transgenic mice were treated with diet enriched with fish oil, expressions of adipogenic and glucose uptake genes, such as Glut4 are increased in the muscle. These results indicate that the glucose uptake in vivo may be regulated by PUFAs as a natural regulator through PPAR γ activation¹⁶.

Various adipocyte-derived hormones (adipocytokines) have been described capable to affect insulin sensitivity, inflammation, and stress, and thereby are potentially linked to obesity, diabetes and cardiovascular diseases^{28,29}. The relationship between PUFA and cytokines related to obesity and inflammation are discussed below.

1.6 Regulation of adipocytokine, SAA by long-chain n-3 PUFAs

Serum amyloid A (SAA) is a family of apolipoproteins associated with high-density lipoprotein and primarily produced from the liver. SAA is also an acute-phase protein induced by inflammation and obesity. SAA1 responds to tissue damage and inflammation. In the acute-phase stage, SAA is induced primarily by IL-1, TNF α , and IL-6 through the down-regulation of NF- κ B, CCAAT/enhancer-binding protein (C/EBP) family³⁰.

Polyunsaturated fatty acids (PUFA) have been showed to decrease lipid concentration in blood, promote insulin sensitivity and immune responses. They also reduce expression of adipogenesis-related genes and lipid accumulation. Docosahexaenoic acid (DHA), one of n-3 PUFA, downregulates hepatic lipogenic genes in the liver of pigs. Using the suppression subtractive hybridization technique³¹. We demonstrated that hepatic SAA mRNA concentration was promoted by dietary DHA in pigs. Thus, DHA may regulate lipid metabolism through increased SAA

expression. When porcine primary hepatic cell was treated with DHA, the expression of SAA mRNA was induced. SAA treatment also reduced the express of genes related to lipid metabolism, including PPAR γ and lipoprotein lipase (LPL). SAA mRNA abundance also significantly correlated with inflammatory and adiposity markers, including interleukin 6 (IL6) and tumor necrosis factor α (TNF α)³². Since SAA1 is correlated significantly with the degree of obesity and the risk of cardiovascular disease, therefore SAA1 is considered as a marker for obesity and cardiovascular disease. Both of in the porcine and human adipocytes studies, we discovered the effect of SAA1 in lipid metabolism and suggest that SAA1 is a mediator to reduce fat deposition^{1,33}.

1.7 Introduction of TN

TN also named Clec3B, is a homotrimeric C-type superfamily lectin, also called C-type lectin domain family 3, member B (CLEC3B). Tetranectin binds to plasminogen at the presence of calcium to form tetranectin-plasminogen complex with tissue-type plasminogen activator (tPA)³⁴. The tetranectin-plasminogen complex, as an inducer, drives fibrinolysis. The tPA-catalyzed plasminogen is activated in fibrinolysis and participates in thrombus dissolution^{35,36}. Tetranectin is reduced in serum after clotting of plasma, and tetranectin is presence in clot lysates³⁵. These results suggested that tetranectin is associated with clotlysisclinical research, when stroke patients were treated with recombinant tPA (rtPA) and a low-dose of argatroban (a direct thrombin inhibitor), 43% patients with clot in brain artery were completely broken³⁷. Acute myocardial infarction (AIM) patients have significant lower plasma TN as compared to healthy subjects. When AIM patients underwent thrombolytic treatment with rtPA, the plasma tetranectin increased at the end of rtPA

infusion and some patients established early blood vessel recanalization. Tetranectin returned to the baseline levels 12 h after rtPA treatment³⁸. Because tetranectin is involved in the dissolution of fibrin clot and vascular homeostasis, it may exert a protective role against cardiovascular disease.

If human TN gene is consisted by three exons which encodes specific functional domains. The heparin binding site is encoded in first exon 1 of TN. The second exon encodes an a helix domain, which conducts the trimerisation of TN monomers by assembling them into a triple helical coiled structural element. The 3th exon encodes a C-type lectin-like domain, which is homologous to the carbohydrate recognition domains of calcium dependent animal lectins. Moreover, TN has O linked glycosylation at threonine^{39,40}.

In addition, many reports suggested indicated that serum TN concentrations in patients with malignant tumors correlate with disease stage and survival and TN expression correlate well with tumor histological grading⁴¹. In human breast cancer, TN play a possible role in the invasiveness and metastatic spread as a cancer marker⁴².

Chapter 2 Docosahexaenoic acid regulates serum amyloid A protein to promote lipolysis through down regulation of perilipin

2.1 Aims of research plan

Since docosahexanoic acid (DHA) increases lipolysis and decreases lipogenesis through several pathways, we hypothesized that DHA may regulate the expression of serum amyloid A protein (SAA) to affect lipid metabolism. The aim of this study is to demonstrate whether DHA and SAA exert similar effects to increase lipolysis and decrease lipogenesis in human adipocytes.

2.2 Introduction

Docosahexaenoic acid (DHA) can increase lipolysis and decreases lipogenesis through several pathways. DHA also enhances the expression of serum amyloid A protein (SAA), a possible regulator of lipid metabolism. Thus hearses a question whether DHA affects lipid metabolism and increase lipolysis in human adipocytes through regulate. We designed experiments to determine the role of SAA in regulating lipid metabolism in HepG2 cells using microarray technology. In human hepatocytes, recombinant human SAA1 (hSAA1) inhibited the expression of genes related to lipogenesis and promoted the expression of those genes involved in lipolysis. When human breast adipocytes were treated with hSAA1 or DHA in vitro, the expression of peroxisome proliferator-activated receptor γ and other lipogenic genes were decreased whereas the expression of several lipolytic genes were increased. Glycerol release was also increased by both SAA or DHA treatment,

suggesting an increased lipolytic activity in human adipocytes. Expression of perilipin, a lipid droplet-protective protein, was decreased and hormone sensitive lipase was increased by both of hSAA1 and DHA treatment. We speculated that the mechanism of lipolysis by DHA or SAA is at least partially mediated by increased expression of hormone sensitive lipase and decreased expression of perilipin. Since DHA treatment increased expression of hSAA1 in human adipocytes, the reduced in expression of lipogenesis genes and enhancement of lipolysis by DHA is very likely mediated through the activity of SAA1.

2.3 Materials and methods

2.3.1 HepG2 cell culture

HepG2 cells (hepatocellular carcinoma, ATCC no. CRL-11997) were cultured in Dulbecco's Modified Eagle Medium (DMEM; Invitrogen, New York) in 6-well plates. When cells had proliferated to approximately 80% confluence, they were treated with DMEM containing hSAA1 (Acris, Hiddenhausen, Germany) diluted into 5 mM Tris in PBS, pH=7.6. The hSAA1 final concentration in the medium was 2 μ M. The Control medium was hSAA1-free Tris added in DMEM. Human adipocytes were cultured with hSAA1 and control medium for 72 h at 37°C in an atmosphere of 5% CO₂ in air. Total RNA was extracted for gene expression profile analysis.

2.3.2 Human adipose tissue

Adipose tissues were obtained from the breast tissue of 5 women undergoing mastectomy. The subjects were 33-51 yr of age (mean = 43.6, SD = 6.18) with a BMI

of 16-29 kg/m² (mean = 21.5, SD = 4.50). All participants gave permission in writing and the study was approved by the Ethics Committee of National Taiwan University Hospital.

2.3.3 Isolation of human stromal/vascular (S/V) cells and differentiation

Human breast adipose tissues were dissected under sterile condition and immediately transferred to sterile transport buffer (0.9% NaCl, 56 mM glucose, 25 mM HEPES, penicillin 100 U/mL, streptomycin 100 µg/mL, pH = 7.4) for transportation to the laboratory (approximately 30 to 35 minutes at 37°C). Tissues were minced into small pieces and 13 g tissue was digested with 6000 unit collagenase (C6885, collagenase from clostridium histolyticum, type II, Sigma-Aldrich, St. Louis, MI) in 15 ml KRBG buffer (121 mM NaCl, 4.85 mM KCl, 1.2 mM KH₂PO₄, 1.2 mM MgSO₄, 25 mM NaHCO₃, 30 mM glucose, 1.25 mM CaCl₂, penicillin 100 U/mL, streptomycin 100 µg/mL) at 37°C for 50 minutes. The released stromal/vascular (S/V) cells or preadipocytes were centrifuged at 800 g for 10 minutes at room temperature. Collected S/V cells were washed 3 times with DMEM/F12 medium. The cells were plated in DMEM/F12 with 10% fetal bovine serum at 8×10^4 cell/cm²²⁵.

2.3.4 Incubation of human primary adipocytes with recombinant hSAA1 or DHA

When the S/V cells were grown approximately confluent, medium was removed and replaced with serum-free, hormone-supplemented differentiation medium (DMEM/F12 containing 14.2 mM sodium bicarbonate, 2 mM L-glutamine, 10 mg/ml transferrin, 33 µM biotin, 17 µM pantothenate, 0.5 µM insulin, 1 µM dexamethasone,

1 nM triiodothyronine, 1 μ M rosiglitazone, 0.25 mM 3-isobutyl-methylxanthine, 100 U penicillin/mL, 100 mg streptomycin/mL and 1.5 μ g/mL amphotericin B) for 3 d to induce adipogenesis. The medium was then replaced with maintenance differentiation medium, the same medium without rosiglitazone and 3-isobutyl-methylxanthine²⁵. At the 13th day, when approximately 70% of cells were differentiated (visual appraisal of cells with lipid droplets), cells then were treated with only DMEM/F12 for 24 h, then the medium was replaced with DMEM/F12 containing 0 μ M, 0.2 μ M, or 1 μ M of hSAA1 (Acris, Hiddenhausen, Germany) (Physiological concentration of SAA is ranged from 590 nM to 740 nM) or 0 μ M, 50 μ M, or 100 μ M DHA (Nu-Check, Elysian, MN) complexed to 1% BSA (The physiological concentration of DHA is 82 μ M to 91 μ M). After 24 h, culture medium was collected to determine the glycerol concentration by Free Glycerol Assay Kit (BioVision, Mountain View, CA) according to the manufacturer's procedure.

2.3.5 Total RNA extraction and RNA amplification

Total RNA was extracted from cells using the TRI Reagent (Ambion, Foster City, CA). The mRNA for microarray analysis was amplified by MessageAmp II aRNA amplification reagent kit (Ambion, Foster City, CA). Amplified aRNA was quantified at 260 nm using the Nano Drop Spectrophotometer (Nano Drop Technologies, Wilmington, DE). The quality of RNA was also monitored by the 260/280 nm absorbance.

2.3.6 Microarray analysis for gene expression

The aRNA was fluorescence-labelled using the ULS Labeling Kit (Kreatech,

Amsterdam, Netherlands) according to the manufacturer's procedure. The efficiency of fluorescence labeling achieved > 2.0%. The CustomArray metabolism 12K microarray (CombiMatrix, Mukilteo, WA) for gene expression analysis was used. Four µg fluorescence-labeled aRNA were used for hybridization for 16 h. The fluorescent images of the chips were scanned by GenePix 4000B microarray chip scanner (Molecular Devices, Sunnyvale, CA). The data was analyzed by the on-line software (Microarray Imager, CombiMatrix). Several differentially expressing genes identified by microarray analysis were confirmed using real time PCR.

2.3.7 Quantitative real-time PCR (qPCR) analysis

For qPCR, 5 µg RNA was digested with DNase I (Epicentre, Madison, WI) and then three µg RNA were reverse transcribed into cDNA using a High Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA) with random primer scheme for initiating cDNA synthesis. The cDNA for various genes was amplified using the DyNAmo Flash SYBR Green Kit (Finnzymes, Espoo, Finland) with paired sense and antisense primers designed from human gene sequences. The primer pairs and optimized annealing temperature for individual genes were listed in Supplemental Table 1. The conditions for PCR were denature at 95°C for 10 s (7 min in the first cycle), annealing at the optimized annealing temperature for 15 s, and extension at 74°C for 5 s. The qPCR reaction was carried out for 40 cycles. Melting curve analysis was routinely performed by increasing the temperature from 55 to 95 °C, and signals were detected every 0.5 °C. The mRNA concentration of each gene was normalized to the β-actin mRNA concentration in the same sample. Amplification of specific transcripts was further confirmed by melting curve profile analysis and agarose gel electrophoresis. Primer efficiency was calculated using the formula $[10^{(-1/\text{slope})}] - 1$ ⁴³.

Threshold cycle (Ct) values were obtained and relative gene expression ratio was calculated using the formula $(1 + \text{Efficiency of target gene})^{\Delta\text{Ct of target}} / (1 + \text{Efficiency of } \beta\text{-actin})^{\Delta\text{Ct of } \beta\text{-actin}}$ (Livak and Schmittgen, 2001).

2.3.8 Statistic analysis

For each replicate, the control value for a variable was set to one with other variables expressed relative to the control. Homogeneity of the variance was determined and the treatment effects were analyzed using ANOVA to determine the effects of DHA or hSAA1 at different concentrations. Tukey's test was used to evaluate differences among means (SAS Inst. Inc., Cary, NC), except Fig. 1 which was analyzed by t-test. A significant difference indicates that the P value was ≤ 0.05 .

Primer sequences for real-time PCR

Gene name	Primers 5'→3'	Length (bp)	Annealing temperature(°C)	Reference sequence
SAA1-s	CTGCAGAAGTGATCAGCG	237	54	DQ367410
SAA1-a	ATTGTGTACCCTCTCCCC			
LPL-s	CCGCCGACCAAGAAGAGAT	159	57	NM_000237
LPL-a	TTCCTGTTACCGTCCAGCCAT			
TNF α -s	GGACCTCTCTAATCAGCCCTC	49	64	NM_000594.2
TNF α -a	TCGAGAAGATGATCTGACTGCC			
IL-6-s	TGGCTGAAAAGATTGGATGCT	50	55	NM_000600.2
IL-6-a	AACTCCAAAAGACCAGTGATGATT			
PPAR γ -s	TCCATGCTGTATGGGTGAAACT	72	60	NM_015869.4
PPAR γ -a	CTTTACCTGTGATATGTTGCGAGACA			
HSL-s	TCAGTGTCTAGGTCAGACTGG	135	62	NM_005357.2
HSL-a	AGGCTTCTGTGGGTATTGGA			
FAS-s	ACAGGGACAACCTGGAGTTC	151	60	NM_004104.4
FAS-a	CTGTGGTCCCACTTGATGAGT			
PPAR α -s	GCAGAAACCCAGAATCAGC	141	56	NM_001001928
PPAR α -a	ATGGCCCAGTGAAGAAACG			
Perilipin-s	GACAACGTGGTGACACAGT	78	57	NM_002666.3
Perilipin-a	CTGGTGGGTTGTCGATGTC			
L-FABP-s	TTTCTCCGCAAGTACCAAC	227	60	NM_001443
L-FABP-a	TCTCCCTGTCATTGTCTCC			
HNF4 α -s	AGAGCAGGAATGGGAAGGAT	151		NM_000457
HNF4 α -a	GCAGTGGCTTCAACATGAGA			
SREBP1c-s	GGTGAGTGGCGGAACCATC	73	63	NM_001005291
SREBP1c-a	GAGCCGGTTGATAGGCAGC			
ACO-s	CTCCGACACCCAGATGAAAT	61	58	NM_007292
ACO-a	AGGGTCATAAGTGGCTGTGG			

Table 2-1 List of primer sequences for real-time PCR

2.4 Results

2.4.1 Effect of recombinant hSAA1 on the expression of genes related to lipid metabolism in HepG2 cells

The microarray analysis as a preliminary screening tool allowed us to examine the effect of hSAA on overall gene expressions. Only one pooled sample from each treatment was used in the analysis, so the results were only used to pick up target genes for further analysis and confirmation. Results showed that 2 μ M hSAA1 clearly affected the expression of genes related to lipid metabolism in HepG2 cells. Using qPCR, we confirmed that treatment with 2 μ M hSAA1 for 72 h significantly decreased the mRNA concentrations (Fig. 2-1) approximately 30% for lipogenic gene, fatty acid synthase (FAS); 50% for peroxisome proliferator-activated receptor α (PPAR α) and 30% for acyl-CoA oxidase (ACO), involved with fatty acid oxidation and 30% for hepatocyte nuclear factor 4 α (HNF α) and liver fatty acid binding protein (L-FABP), which are genes involved with cytoplasmic fatty acid transport. Sterol regulatory element-binding protein 1c (SREBP1c) was not affected by hSAA1 (Fig. 2-1).

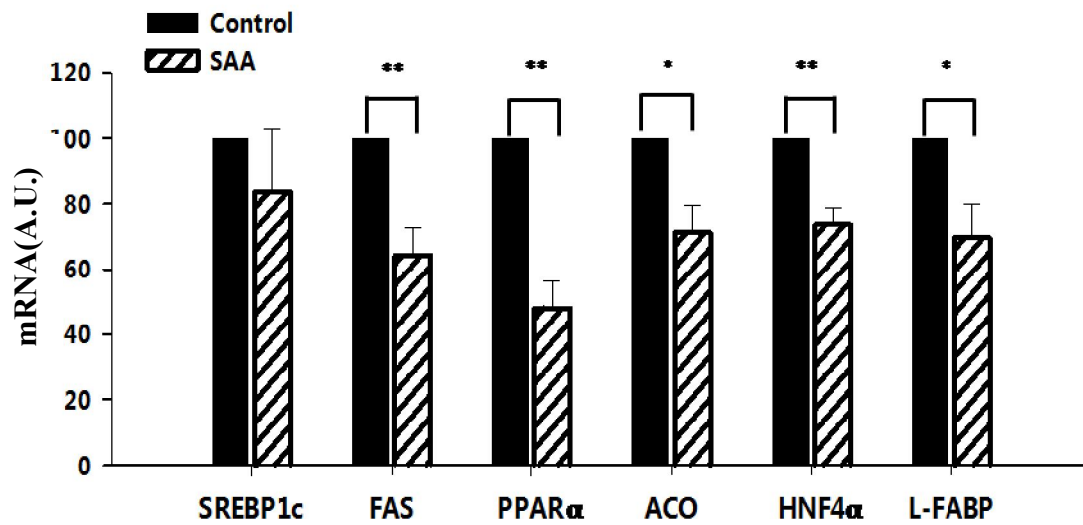


Fig. 2-1 Effects of hSAA1 on the expression of lipid metabolism-associated genes. Quantification of lipid metabolism-associated genes by real-time PCR in HepG2 cells treated with 2 μ M hSAA1 for 72 h. The mRNA concentrations of individual genes were determined by real-time PCR and normalized to β -actin. Data were expressed as means \pm SEM (n = 3). *, $P \leq 0.05$, **, $P \leq 0.01$. (SREBP1c: Sterol regulatory element-binding protein 1c; FAS: fatty acid synthase; PPAR α : peroxisome proliferator-activated receptor α ; ACO: acyl-CoA oxidase; HNF4 α : hepatocyte nuclear factor 4 α ; L-FABP: liver fatty acid binding protein)

2.4.2 Effects of hSAA1 on human adipocytes

Treatment fully differentiated primary human preadipocytes with 1 μM hSAA1 protein 24 hr significantly increased the release of glycerol into the culture medium (Fig. 2-2A). Results indicate that recombinant hSAA1 increased lipolysis in these cells. hSAA1 treatment at 1 μM also promoted HSL mRNA expression (Fig. 2-2B). The expression of perilipin mRNA was reduced about 60% by incubation with either 0.2 μM or 1 μM hSAA1 (Fig. 2-2C), suggesting that the lipolytic effect by incubation with hSAA1 may result from increased expression of HSL coupled with decreased expression of perilipin.

Treatment with hSAA1 also reduced in the expression of mRNA for the transcription factors PPAR γ and PPAR α mRNA by 30% and 50% (Fig. 2-2B &C). The expression of lipogenesis-related genes LPL and FAS was decreased by either 0.2 μM or 1 μM hSAA1 treatment to approximately 50% for both LPL and FAS (Fig 2-2C).

In human adipocytes, the expression of IL-6 and tumor necrosis factor α (TNF α) were also increased by both 0.2 μM and 1 μM hSAA1 treatments for 24 h. The IL-6 mRNA was increased 4 to 8 folds (Fig. 2-2B) and the TNF α mRNA was increased 2 to 4 folds (Fig. 2-2B) compared to the control group.

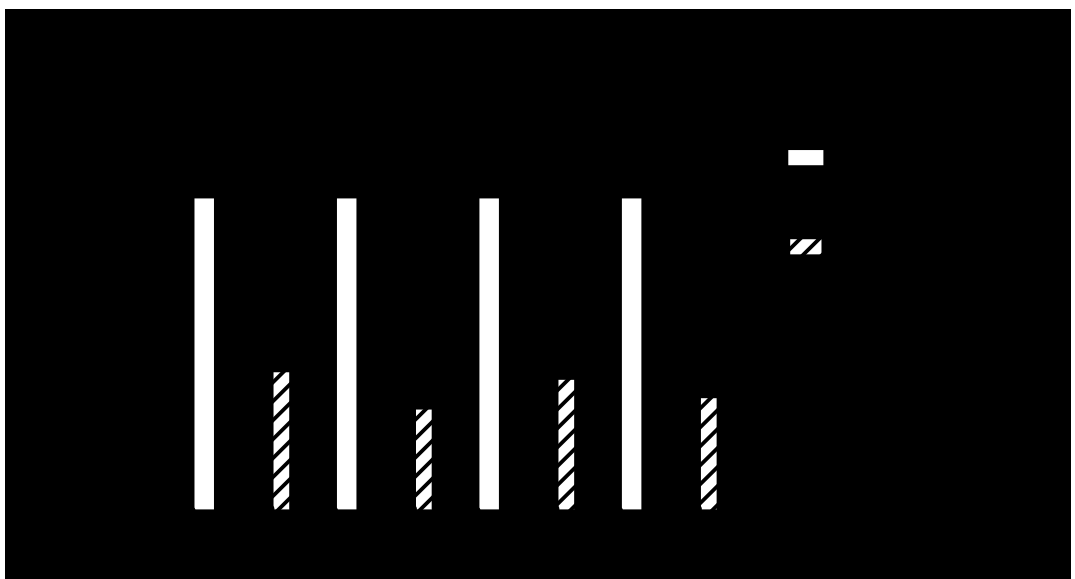
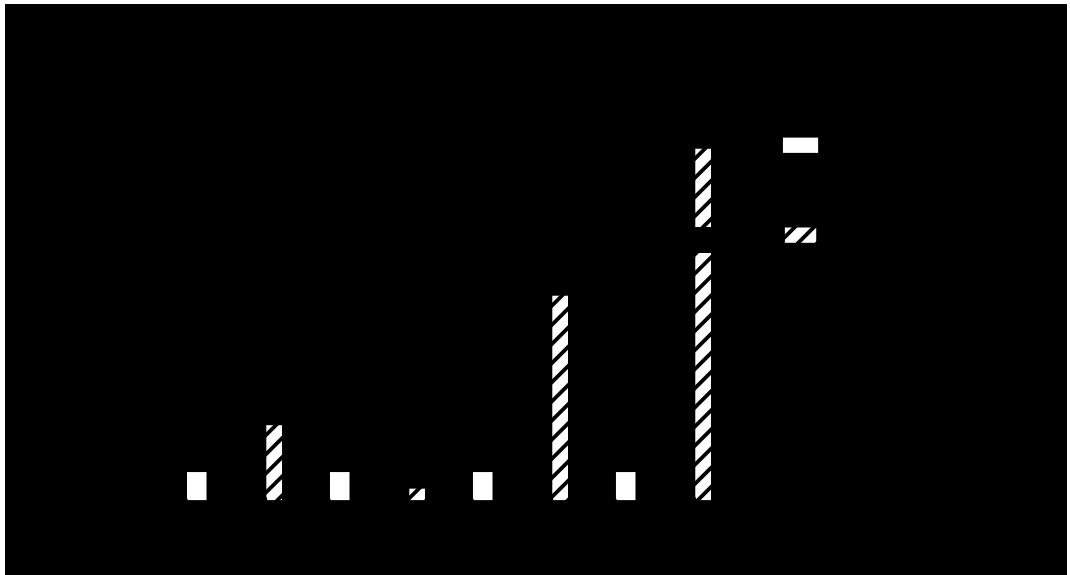
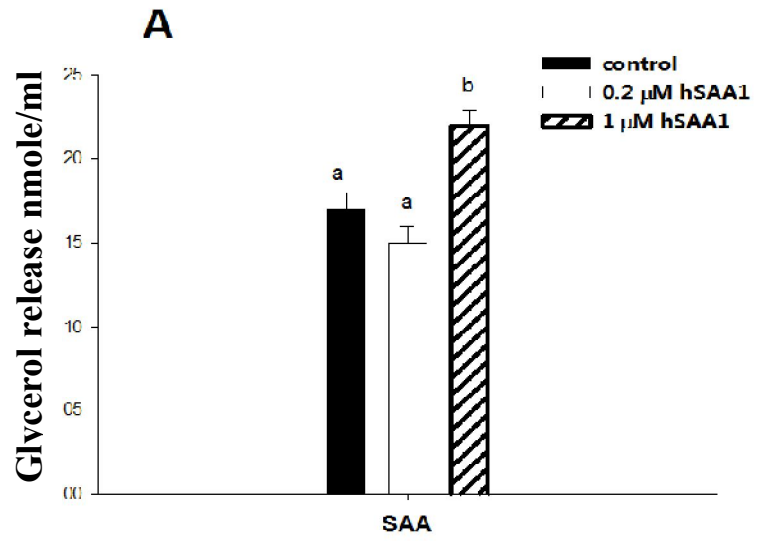


Fig. 2-2 Human serum amyloid protein A 1 (hSAA1) promoted lipolysis and inhibited lipogenesis-related genes in primary human adipocytes.

Cell culture medium of human breast adipocytes were collected for glycerol cocentraion measurement (A). Quantification of lipolysi- (B) and inhibited lipogenesis-related (C) genes by real-time PCR in huamn breast preadipocytes treated with 0.2 μ M or 1 μ M hSAA1 for 24 h were conducted. The mRNA concentrations of individual genes were determined by real-time PCR and normalized to β -actin. Lipolysis related genes were induced by hSAA1, include hormone sense lipase (HSL), peroxisome proliferator-activated receptor α (PPAR α), interleukin 6 (IL-6) and tumor necrosis factor α (TNF α) mRNA (B); lipogenesis related genes were inhibited by hSAA1 treatment, such as perilipin, peroxisome proliferator-activated receptor γ (PPAR γ), lipoprotein lipase (LPL), fatty acid synthase (FAS) (C). Data are expressed as mean \pm SEM, n=4 independent experiments. Different superscripts indicate a statistical significance (P<0.05).

2.4.3 Regulation of SAA mRNA by DHA in human adipocytes

Both 50 μ M or 100 μ M DHA treatment increased SAA1 transcript abundance as compared with the control group (Fig. 3). The increments ranged from 2.5 to 2.7-fold.

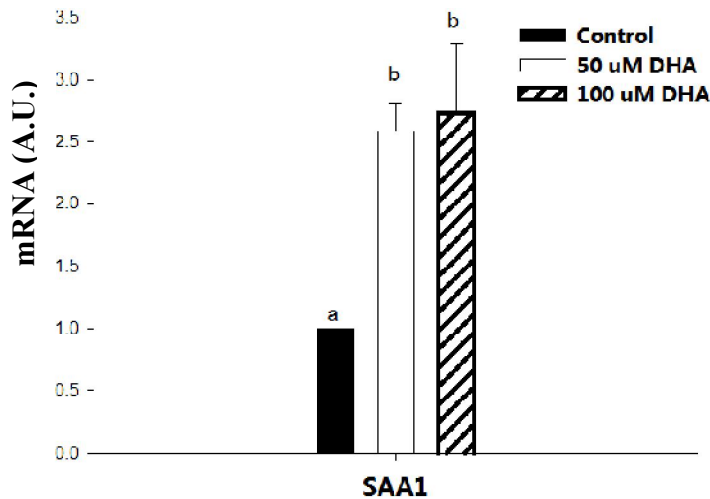


Fig 2-3. The effect of DHA on the expression of SAA1 in primary human adipocytes. Quantification of mRNA level of SAA1 in human breast adipocytes under 0, 50 μ M or 100 μ M DHA treatment for 24 h was performed by real time PCR. Results were normalized related to the β -actin mRNA concentration in the same sample. Results were expressed as means \pm SEM (n=5). Different superscripts indicate a statistical significance (P<0.05).

2.4.4 Effects of DHA on human adipocytes

Expression of TNF α mRNA was increased by DHA treatments (Fig. 2-4B). The expression of the IL-6 mRNA was increased 6 and 10 times compared with the control group by 50 μ M and 100 μ M DHA, respectively (Fig. 2-4B). Treatment of human adipocytes with DHA increased the release of glycerol (Fig. 2-4A). Treatment of 100 μ M DHA treatment doubled the expression of HSL mRNA but decreased perilipin mRNA to 60% (Fig. 2-5C). The PPAR γ mRNA abundance was reduced by 50 μ M or 100 μ M DHA treatment (Fig. 2-4C). The expression of PPAR α mRNA was also increased by DHA treatment (Fig. 2-4B). The FAS and LPL mRNAs were significantly decreased by DHA treatments (Fig. 2-4C).

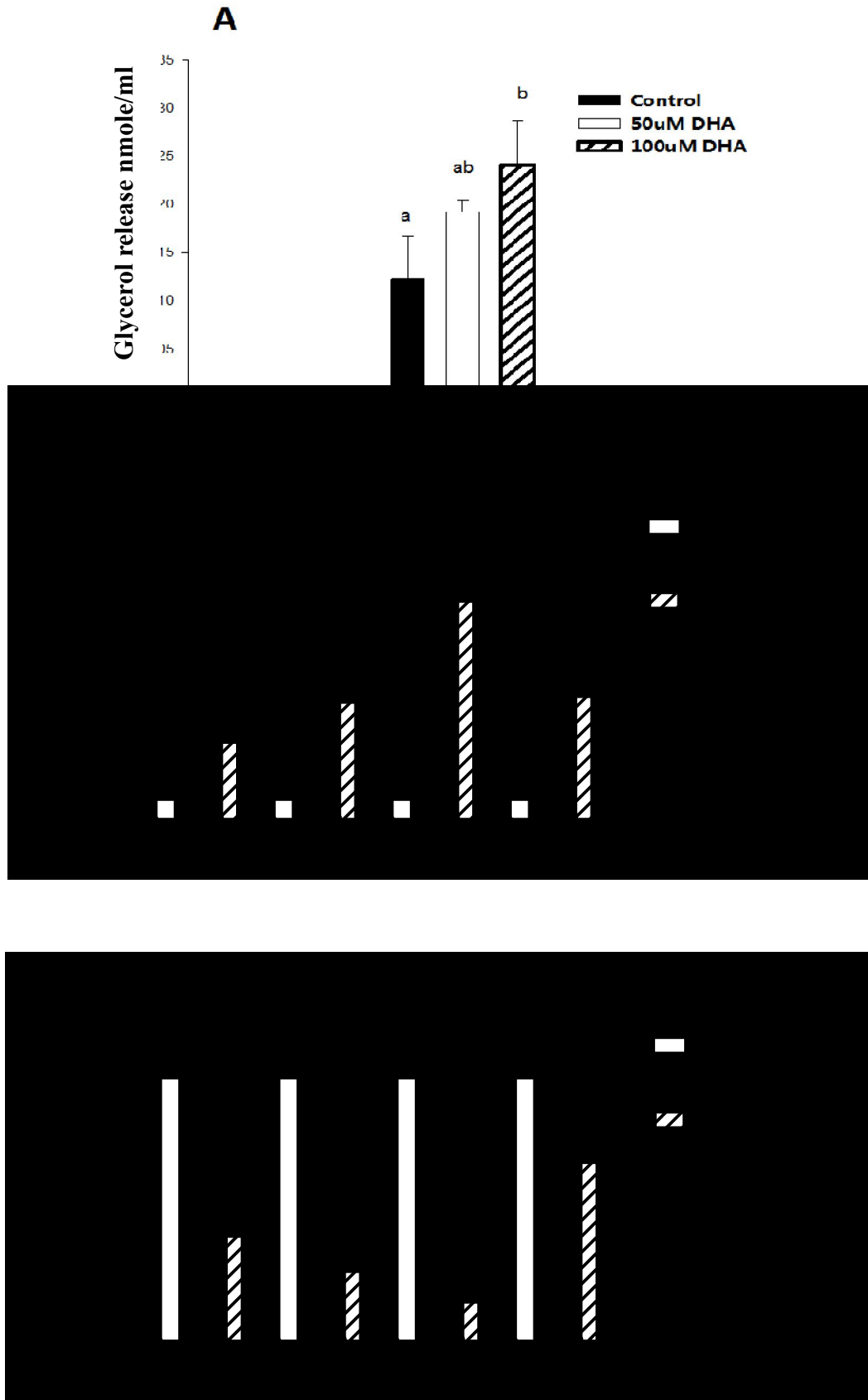


Fig. 2-4 DHA regulates SAA to promote lipolysis through down regulation of perilipin. in primary human adipocytes. Measure the glycerol conc. in the culture medium of human breast adipocyte treated with with 50 μ M and 100 μ M DHA for 24h (A). Quantification of lipolysis-(B) and lipogenesis-related (C) genes in human breast adipocytes with 50 μ M and 100 μ M DHA for 24h by real-time PCR. The mRNA concentrations of individual genes were determined by real-time PCR and normalized to β -actin.; lipolysis related genes were induced by DHA, include hormone sense lipase (HSL), peroxisome proliferator-activated receptor α (PPAR α), interleukin 6 (IL-6) and tumor necrosis factor α (TNF α) mRNA; lipogenesis related genes were inhibited by DHA treatment, such as perilipin, peroxisome proliferator-activated receptor γ (PPAR γ), lipoprotein lipase (LPL), fatty acid synthase (FAS). Data are expressed as mean \pm SEM, n=4 independent experiments. Different superscripts indicate a statistical significance (P<0.05).

2.5 Discussion

Before we found that hepatic SAA mRNA is induced by dietary DHA in pigs³¹, we wanted to know that whether human hepatic SAA is induced by DHA too. Therefore, we chosen the human hepatocarcinoma cell line, HepG2 cell, to study the effect of human SAA on human hepatic gene expression. Hepatic SREBP1c and FAS are involved in lipogenesis^{44,45} and SREBP1c up-regulates FAS expression⁴⁶. Expression of FAS is also regulated by PPAR α because the addition of PPAR α ligands was shown to FAS expression in wild type mice, but not in PPAR α -/- mice⁴⁷. In our experiments, SAA down regulated the expression of PPAR α which may then reduce FAS mRNA expression. The SAA treatment had no effect on SREBP1c transcription, suggesting that there is no role of this transcription factor in the SAA regulation of FAS. PPAR α can regulate fatty acid oxidation by binding to the PPAR response element (PPRE) of the ACO promoter to increase the expression of ACO⁴⁸, a key enzyme in the β -oxidation of fatty acids in peroxisomes. We found that ACO expression was down-regulated by hSAA1 treatment, speculatively from the SAA-decreased PPAR α . HNF α and L-FABP, two proteins that participate in lipid transport within the cytoplasm, were decreased by hSAA1 treatment. Thus, SAA1 may decrease the transportation of fatty acids in cytoplasm and consequently decrease the utilization of fatty acids in adipocytes. L-FABP is a target gene of PPAR α which suggests that the fatty acid transport ability is affected by regulation of PPAR α ⁴⁹.

Since DHA has been shown to increase SAA1 expression in porcine liver³¹ and hepatic cells⁴⁴ then we treated 50 and 100 μ M DHA in human preadipocytes to study the gene expression patterns in contract to SAA effects. DHA increased expression of SAA, TNF α and IL-6, three genes considered as proinflammatory elements. However,

the DHA-induced SAA expression was about two folds in human adipocytes and four folds in porcine hepatocytes⁴⁴. These effects are much lower those is observed in inflammatory responses (15 to 250 times) in animal studies⁵⁰⁻⁵². When human monocytes were infected with bacteria, the concentrations of IL-6 and TNF α are increased to 30 and 80 times, respectively⁵³. And by murine cytomegalovirus infection, TNF α and IL-6 are increased to 150 and 1500 times, respectively⁵⁴. These are acute phase inflammatory responses. The lower SAA1, IL-6 and TNF α responses induced by DHA compared to true inflammatory responses may represent distinctive physiological responses. IL-6 has been shown to inhibit lipopolysaccharide-induced TNF α production in both human monocytes and human monocytic line U937^{55,56}. Therefore, IL-6 is a likely anti-inflammatory cytokine that can stimulate the expression of other anti-inflammatory cytokines and factors, for example, IL-10, IL-1 receptor antagonist, soluble TNF α receptor and cortisol during acute inflammation in normal subjects⁵⁷⁻⁵⁹. It has also been reported that the administration of recombinant IL-6 to IL-6^{-/-} mice suppressed the expression of TNF α ⁶⁰, suggesting an anti-inflammatory effect of IL-6. Other reports also indicate that DHA treatment decreases IL-2 and interferon gamma production (both are regarded as inflammation cytokines), whereas the production of IL-10 was increased in Jurkat T cells^{61,62}. Furthermore, the definition of inflammation should include several clinical signs; such as the inflammation-related cytokine expressions, elevation of macrophage or polymorphonuclear leukocyte infiltration, increase of white blood cell accumulation, the increased expression of cyclooxygenase, eicosanoids, leukotrienes and reactive oxygen species. According to these signs, we cannot define whether DHA induces inflammation in the system, based only on the increased expression of IL-6 and TNF α .

The expression of PPAR γ occurs primarily in adipocytes and PPAR γ participates in the transcriptional activation of numerous adipogenic genes, including FAS, SREBP1c and LPL^{63,64}. We demonstrated that PPAR α , FAS and LPL expressions were decreased by hSAA1 treatment in human adipocytes, indicating that SAA1 can reduce adipogenic and lipogenic activities and potentially decrease accumulation of triacylglycerol in adipocytes. Moreover, DHA increased the expression of SAA and decreased PPAR α , LPL and FAS mRNA. Since, DHA and SAA treatments had similar effects on adipogenic and lipogenic genes in human adipocytes. The data suggest that the mechanism for the DHA effects may be through an increase in SAA. The direct evidence for this hypothesis has not yet been shown.

The function of perilipin protein is to prevent untimely lipid mobilization and maintain the structure of lipid droplets. When energy is needed, the PKA-phosphorylated perilipin allows PKA-activated (phosphorylated) HSL to hydrolyze triacylglycerols and release free fatty acids and glycerol^{65,66}. There is no glycerol kinase to metabolize glycerol in adipocytes so glycerol is released into the circulation in vivo or into the culture medium in vitro. Hence, glycerol release is an indication of lipolysis. In the current study, both hSAA1 and DHA treatments increased the glycerol concentration in culture medium, indicating elevated lipolysis.

Because IL-6 increases the release of glycerol⁶⁷ and stimulates fatty acid oxidation^{67,68} in human adipocytes, our finding that hSAA1 and DHA treatments increased the expression of IL-6 suggest that at least part of the effect was mediated by IL-6. In 3T3L1 adipocytes, TNF α down-regulates the expression of LPL and increases glycerol release^{69,70}. TNF α also can inhibit the activity of perilipin by phosphorylation through mitogen activated protein kinases⁷⁰ and activate PKA to phosphorylate perilipin⁷¹ to promote lipolysis. The current study found that hSAA1

and DHA treatments increased the expression of TNF α so we speculate that hSAA1- and DHA-induced TNF α reduced the expression of perilipin. Moreover, perilipin expression can be stimulated by PPAR γ to accumulate lipid ⁷². Our current study showed that both DHA and hSAA1 treatments reduced the expression of PPAR α mRNA to potentially reduce expression of perilipin. The combined mechanisms to reduce perilipin and increase HSL expression coupled with accentuated phosphorylation potential may all work in concert to stimulate lipolysis.

DHA may inhibit or increase TNF α and IL-6 expression or concentration depending on the cell type or culture medium conditions. Dietary DHA-rich fish oil supplementation up-regulates serum IL-6 and TNF α concentrations in human leukocytes ⁷³. Treatment with DHA increases the production of TNF α and IL-6 in macrophages ⁷⁴. In contrast, 50 or 500 μ M of DHA had no effect on TNF α in murine 3T3-L1 adipocytes ⁷⁵. Furthermore, TNF α and IL-6 secretion by human mononuclear cells is inhibited by dietary fish-oil supplementation ⁷⁶. In the current study, we demonstrated that DHA increased the expression of TNF α and IL-6. These increments may then modify the cellular function of human adipocytes.

The DHA treatment promotes PPAR α mRNA expression ^{77,78}. The PUFA are natural PPAR α ligands, with simultaneous stimulation of fatty acid oxidation and inhibition of fatty acid synthesis ⁷⁹. Incubation of human adipocytes with DHA increased the expression of PPAR α whereas incubation with hSAA1 decreased the expression of PPAR α so that the effects of DHA and SAA were opposite. Which regulatory mechanisms are associated with these divergent effects of DHA and SAA are not clear now. In liver cells (HepG2), SAA reduced both PPAR α and ACO mRNAs suggesting inhibition of fatty acid oxidation.

Although conjugated linoleic acid (CLA) and DHA are different in the position

and number of double bonds, they have similar effects on alleviating obesity and the expression of lipid metabolism related genes⁸⁰. Microarray profiling of white adipose tissue (WAT) of mice fed trans-10, cis-12 CLA indicated that CLA reduced the expression of genes involved in lipogenesis and adipogenesis such as LPL, FAS, fatty acid binding protein 4 and PPAR γ ⁸¹. In the current study, DHA treatment also reduced LPL, FAS and PPAR γ in human adipocytes and increased transcript levels for IL-6, TNF α . Similar to our findings, CLA reduces the expression of lipid synthesis genes, such as FAS, HSL, LPL⁸², and perilipin⁸³. Moreover, CLA increases the gene expression of IL-6 in human adipose tissue⁸³. DHA treatment reduces body weight and energy intake in human subjects^{21,84} and promotes gene expression of TNF α and reduces PPAR γ . However, CLA has no effect on these genes and body weight in humans⁸³. Although there are similar effects between CLA and DHA on prevention or improvement of obesity, the role and function of different fatty acids can be very different.

In conclusion, we have demonstrated that DHA increases the expression of SAA1 in human adipocytes and that the effects of SAA1 and DHA on expression of the lipolytic genes, TNF α , IL-6, HSL and perilipin in human adipocytes are parallel. In contrast, PPAR γ , LPL, FAS mRNAs were decreased by the SAA1 and DHA treatments, suggesting that DHA and SAA1 also inhibit adipogenesis in human adipocytes. These results suggest that DHA may enhance lipolytic activity and decrease lipogenic and adipogenic activity by regulating the expression of SAA1. Such DHA function will be useful for developing new approaches to reduce body fat deposition.

Chapter 3 Tetranectin promotes adipogenesis and lipogenesis and is negatively regulated by polyunsaturated fatty acids in human adipocytes

3.1 Aims of research plan

Docosahexanoic acid (DHA) increases lipolysis and decreases lipogenesis through several pathways. We discovered DHA may regulate the expression of tetranectin (TN) to affect lipid metabolism. The aim of this study is to demonstrate the relationship between DHA and TN has create opposite effects on increasing lipolysis and decrease lipogenesis.in human adipocytes. Second, study the gene function of TN in human adipocytes.

3.2 Introduction

Adipose tissues secretes factors, or adipocytokines, regulate body energy homeostasis. To search for novel adipocytokines, we employed 2-D protein gel electrophoresis and LC-MS/MS to analyze human primary adipocyte culture medium. We found that the mRNA expression of TN is positively correlated with the differentiation and lipid accumulation of human preadipocytes, as well as the body mass index. Overexpression and knockdown of TN in human primary adipocytes by lentivirus prove that TN increases the expression of adipogenic and lipogenic genes, such as peroxisome proliferator-activated receptor gamma, lipoprotein lipase fatty acid synthesis and fatty acid binding protein 4, but decreases those related to lipolysis, including peroxisome proliferator-activated receptor α , hormone sensitive lipase, interleukin 6, tumor necrosis

factor α and serum amyloid A along with altered profiles of proteins responsible primarily for lipid metabolism, as analyzed by quantitative proteomic analysis and quantitative real-time PCR. Taken together, our data suggest that not only TN potentially serves as a novel adipocytokine contributing to the regulation of energy homeostasis and lipid metabolism, but also components of the TN-associated signaling pathways the therapeutic targets for treating obesity and associated metabolic diseases.

3.3 Material and methods

3.3.1 Human adipose tissue

Adipose tissues were obtained from the breast of 8 women undergoing mastectomy. The subjects were 33-51 yr of age (mean = 43.6, SD = 6.18) with a BMI of 16-29 kg/m² (mean = 21.5, SD = 4.50). All participants gave permission in writing and the study was approved by the Ethics Committee of National Taiwan University Hospital.

3.3.2 Protein separation by 2D-PAGE

Proteins were separated using first dimension by IEF, using immobilized pH gradient strips of 13 cm, with a linear pH range of 4-7. A total of 150 mg of total protein was dissolved in 250 μ l of rehydration buffer containing 8 M urea, 2.5 M thiourea, 2% IPG Buffer or 0.5% ampholytes (pH 4-7, Sigma), 2% CHAPS, 0.5 or 0.002% bromophenol blue and 100 mM DTT prior to the application on to the IPG strips. IPG strips were actively rehydrated at 50 V for 12 hr and subjected to 100 V for 2 hr, 500 V for 1 hr, 1,000 V for 2 hr and 8,000 V for 4 hr to achieve 40,000 volt-hr at a temperature maintained at 20°C. Upon completion of IEF, IPG strips were equilibrated in a buffer containing 6

M urea, 30% glycerol, 2% SDS, 50 mM Tris (pH 8.8) reduced with 100 mM DTT and 0.003% bromophenol blue for 15 min. Equilibrated IPG strips were subsequently applied to 10% resolving SDS-PAGE gels. Protein was separated using a Hoefer SE 600 system (GE Health Care/Amersham Biosciences, Piscataway, NJ) with 60 mA for 4–5 hr until the end of the run (Narayanan et al., 2006).

3.3.3 MALDI-TOF analysis and identification of protein

The protein spots from 2D gels stained with zinc stain were used for trypsin digestion and to carry out the MALDI-TOF analysis. MS analysis was carried out in collaboration with PerkinElmer (Boston, MA). The protein spots of interest based on molecular weight and pH range were excised from 2D PAGE gels and were subjected to in-gel digestion as per the manufacturer's protocol (PerkinElmer, Boston, MA). The samples were allowed to air-dry and then analyzed on the pTOF 2000 and Orthogonal MALDI-TOF instrument using TOFWorks software (PerkinElmer/SCIEX, Concord, ON, Canada). The peaks were picked using the MoverZ peak-picking algorithm. The peak lists generated were submitted through TOFworks to the PROFOUND search engine. Proteins were identified by searching in the publicly available database NCBI nr/ SWISS-PROT using the ProFound software. Accuracy of peptide mass measurements averaged approximately 5 ppm, resulting in high confidence protein identifications matching the estimated Mr and pI values obtained from image analysis (Narayanan et al., 2006).

3.3.4 Isolation of human stromal/vascular (S/V) cells and differentiation

The tissue was dissected under sterile conditions and immediately transferred to sterile transport buffer (0.9% NaCl, 56 mM glucose, 25 mM HEPES, penicillin 100 U/mL, streptomycin 100 µg/mL, pH = 7.4) for transportation to the laboratory. Transfer to the laboratory took approximately 30 to 35 minutes and the tissue was maintained at 37 °C. The tissue was minced into small pieces and 13 g tissue was digested with 6000 unit collagenase (C6885, collagenase from clostridium histolyticum, type II, Sigma-Aldrich, St. Louis, MI) in 15 ml KRBG buffer (121 mM NaCl, 4.85 mM KCl, 1.2 mM KH₂PO₄, 1.2 mM MgSO₄, 25 mM NaHCO₃, 30 mM glucose, 1.25 mM CaCl₂, penicillin 100 U/mL, streptomycin 100 µg/mL) at 37°C for 50 minutes. The released stromal/vascular (S/V) cells or preadipocytes were centrifuged at 800 g for 10 minutes at room temperature. The S/V cells were washed 3 times with DMEM/F12 medium followed by centrifugation. The cells were plated in DMEM/F12 with 10% fetal bovine serum at a density of 8×10^4 cell/cm² (Liu et al., 2005).

3.3.5 Proteomic analysis by LC-MS-MS and Data Processing and Analysis

Protein pellet was resuspended in 125 mM ABC. The suspension was first thermally denatured at 90 °C for 20 min, cooled on ice, and diluted by adding 100% methanol to produce a sample solution containing 60% (v/v) methanol. The final concentration of protein solution was 0.5 µg/µl. Tryptic digestion was performed at 37 °C for 5 h (protein: trypsin= 30:1, g/g). The suspension was

saved, and the remaining pellet was subjected to digestion with trypsin (protein:trypsin= 50:1,g/g) for another 5 h. The supernatants of these two digestions were combined and concentrated by SpeedVac. Protein samples were reconstituted in 6 μ l of elution buffer A (0.1% (v/v) FA in H₂O) and analyzed by μ LC-MS/MS. Protein identification which is the data from μ LC-MS/MS was proceeded by Ingenuity Pathway Analysis database (IPA) (Ingenuity System Inc, USA). IPA was used to interpret the human adipocytes protein data in the context of biological processes, pathways and networks.

3.3.6 Plasmid constructions for TN overexpressed and knockdown virus

To construct the TN overexpression plasmid pSIN-TN, full-length human TN cDNA was amplified by reverse transcription (RT)-PCR from human adipocytes cDNA and cloned into the pSIN- α plasmid. TN knockdown plasmid pLKO.1-puro-hTN and pLKO.1-puro-null was from National RNAi core facility of Taiwan Academia Sinica (TRCN0000062475, TRCN0000119435) for producing knockdown human TN and control virus separately.

3.3.7 Treatment of human primary adipocytes with DHA

When the S/V cells were approximately confluent, medium was removed and replaced with serum-free, hormone-supplemented differentiation medium. At the 13th day, the cells were differentiated. The cells then were treated with only DMEM/F12 for 24 h, then treated with DHA for 24h. The culture medium

was collected to determine the glycerol concentration and RNA was extracted from the cells.

3.3.8 Quantitative real-time PCR (qPCR) analysis

For qPCR, 5 µg RNA was digested with DNase I (Epicentre, Madison, WI) and then three µg RNA were reverse transcribed into cDNA using a High Capacity cDNA Reverse Transcription Kit (Applied Biosystems, Foster City, CA) which uses the random primer scheme for initiating cDNA synthesis. The cDNA for various genes was amplified using the DyNAmo Flash SYBR Green Kit (Finnzymes, Espoo, Finland) with paired sense and antisense primers designed from human gene sequences. The primer pairs and optimized annealing temperature for individual genes were listed in Supplemental Table 1. The conditions for PCR were denature at 95°C for 10 s (7 min in the first cycle), annealing at the optimized annealing temperature for 15 s, and extension at 74°C for 5 s. The qPCR reaction was carried out for 40 cycles. Melting curve analysis was routinely performed by increasing the temperature from 55 to 95 °C, and detecting signals every 0.5 °C. The mRNA concentration of each gene was normalized to the β-actin mRNA concentration in the same sample. Amplification of specific transcripts was further confirmed by melting curve profile analysis and agarose gel electrophoresis. Primer efficiency was calculated using the formula $[10^{(-1/\text{slope})}] - 1$ (Pfaffl, 2001). Threshold cycle (Ct) values were obtained and relative gene expression ratio was calculated using the formula $(1 + \text{Efficiency of target gene})^{\Delta\text{Ct of target}} / (1 + \text{Efficiency of } \beta\text{-actin})^{\Delta\text{Ct of } \beta\text{-actin}}$ (Pfaffl, 2001). The cDNA for various genes was amplified using the DyNAmo Flash SYBR Green Kit (Finnzymes, Espoo, Finland) with paired sense and antisense primers designed from human gene sequences.

3.3.9 Animals and diets

Male C57BL/6 mice (4 weeks of age) were purchased from the National Taiwan University Animal Center and the animal protocol was approved by the Animal Care and Use Committee of National Taiwan University. Mice were divided into three groups. HFD group of mice is fed with HFD (35.5% of fat, Bioserve #F3282, Frenchtown, NJ, USA) for 18 weeks to induce the obesity. Body weight was measured every week and blood samples were collected every month. DHA group mice were fed with HFD diet for 16 weeks and had 1% DHA oil for 2 weeks. The chow group mice were fed regular chow (RC, 4.5% of fat, Labdiet #5001, St Louis, MO, USA) (n = 5 in each group). At the end of the experiment, mice were sacrificed by exposure to carbon dioxide and the liver, gonadal white adipose tissues and blood samples (from the cheek) were collected. Portions of white adipose tissues were fixed in formalin for immune histochemical staining and other portions were snap-frozen in liquid nitrogen and stored at -80 °C for future analysis.

3.3.10 Statistical analysis

For each replicate, the control value for a variable was set to one with other variables expressed relative to the control. Homogeneity of the variance was determined and the treatment effects were analyzed using ANOVA to determine the effects at different concentrations. Tukey's test was used to evaluate differences among means (SAS Inst. Inc., Cary, NC). A significant difference indicates that the P value was ≤ 0.05 .

3.4 Result

3.4.1 TN is secreted from human adipocytes and expressed in the adipose tissues of the mice.

To identify protein factors secreted from adipocytes, we analyzed the culture medium of human primary adipocytes by 2-D PAGE. As expected, there is at least 80 spots found on the gels (Fig. 3-1), among which three prominent ones are further characterized by mass spectrometry (LC-MS/MS) and found to be TN (with pI = 5.3 and, M.W. = 22 kDa, Fig. 3-1), retinal binding protein 4 (RBP4) and cysteine sulfinic acid decarboxylase (data not indicated), respectively. We later confirmed that they are indeed expressed in adipocytes and were previously considered to be serum proteins^{85,86} with RBP4 defined as an adipocytokine, which regulates insulin signaling pathways and plays a role in the development of insulin resistance⁸⁷. Interestingly, TN was a novel secretory protein identified in the adipocyte culture medium in the current study.

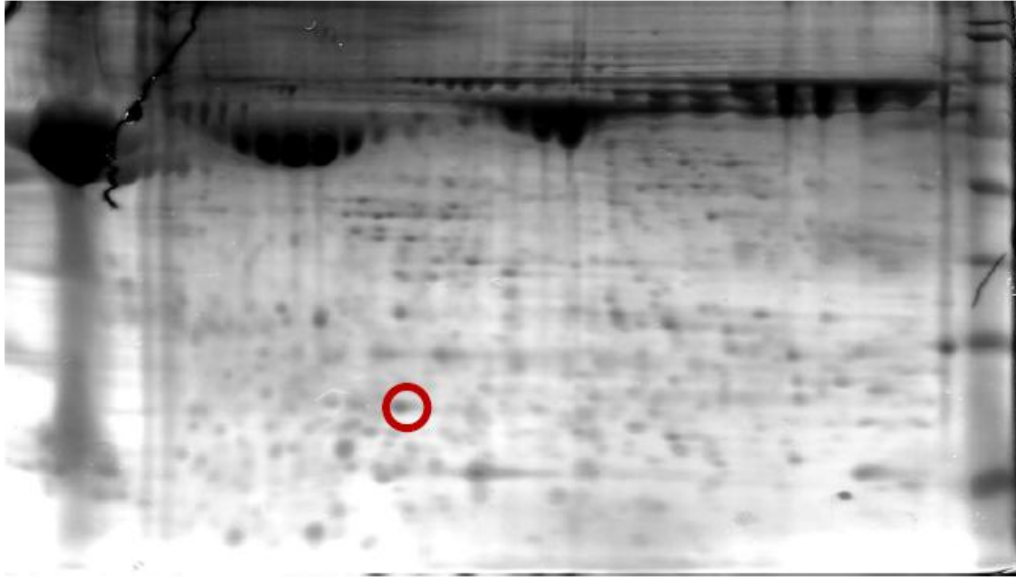
A

4

pl

7

kDa



B

4

pl

7

kDa

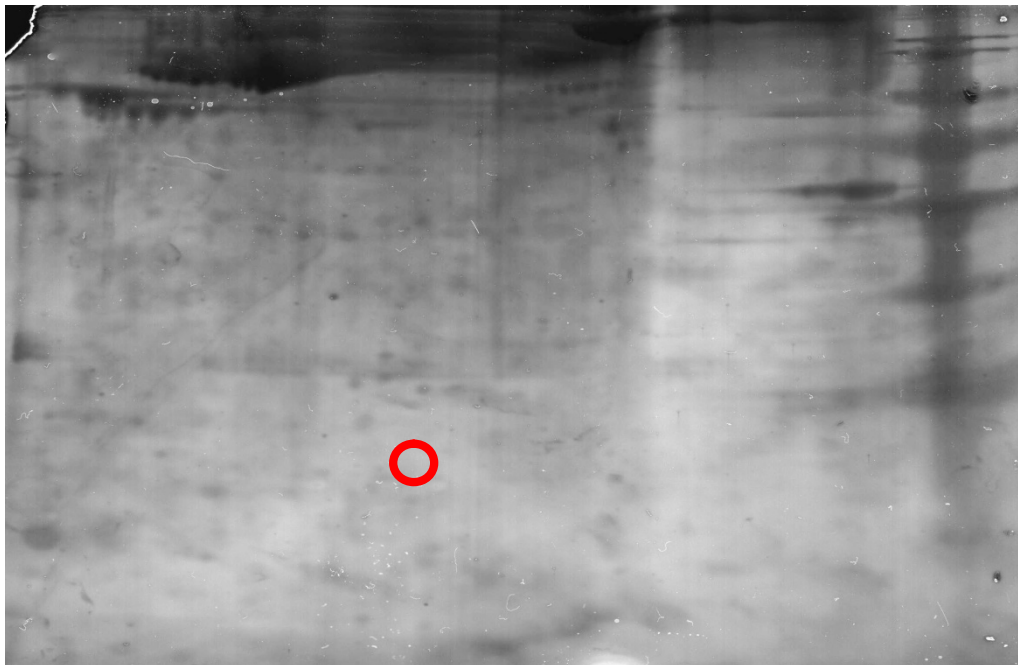
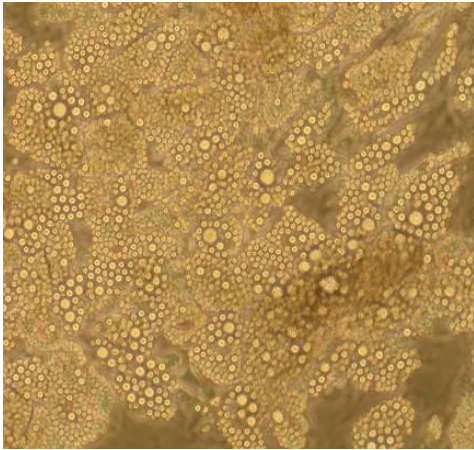


Fig 3-1 Tetranectin (TN) was a secreted cytokine from adipocytes. Culture medium from with primary human adipocytes (A) and without adipocytes (B) which was isolated from breast tissue and was analyzed by two-dimensional polyacrylamide gel-electrophoresis of proteins in culture medium of human primary adipocytes. Proteins were visualized by Zinc Staining and characterized by MALDI-TOF analysis. The red circle indicates TN with pI = 5.5 and Mr. = 22 kDa, respectively.

3.4.2 Expression of TN Correlates with Adipocyte Differentiation, Lipid Accumulation and BMI

To test the hypothesis that TN plays a role in adipogenesis, we analyzed TN expression during the differentiation of human preadipocytes and found that it was increased during the 18 days of differentiation period (Fig. 3-2A) with 70~ 80% of the cells containing lipid droplets (Fig.3-2B). This led us to exam its expression in the adipose tissues of people with different BMI and found that it also positively correlates with BMI (Fig. 3-2C). Taken together, our data suggest that TN potentially serves as an adipocytokine and plays roles in regulating lipid homeostasis.

A



C

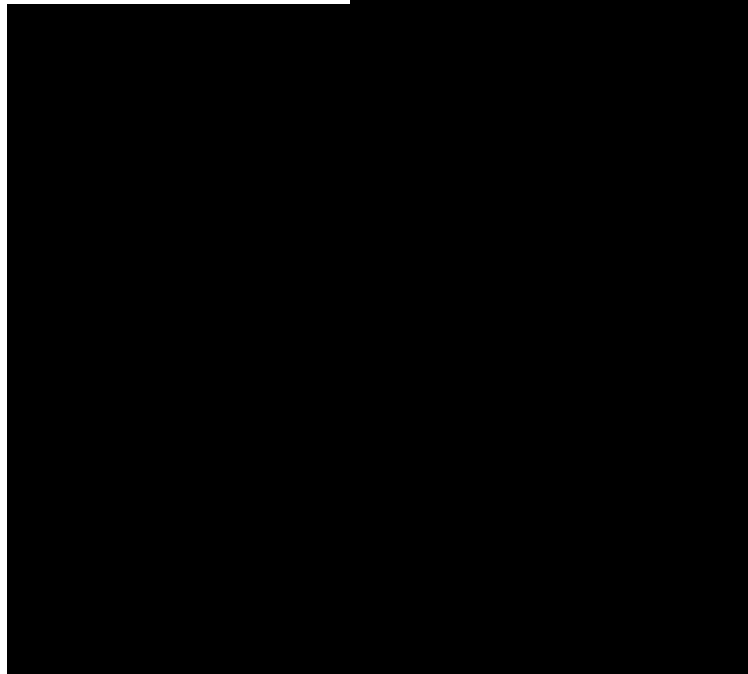


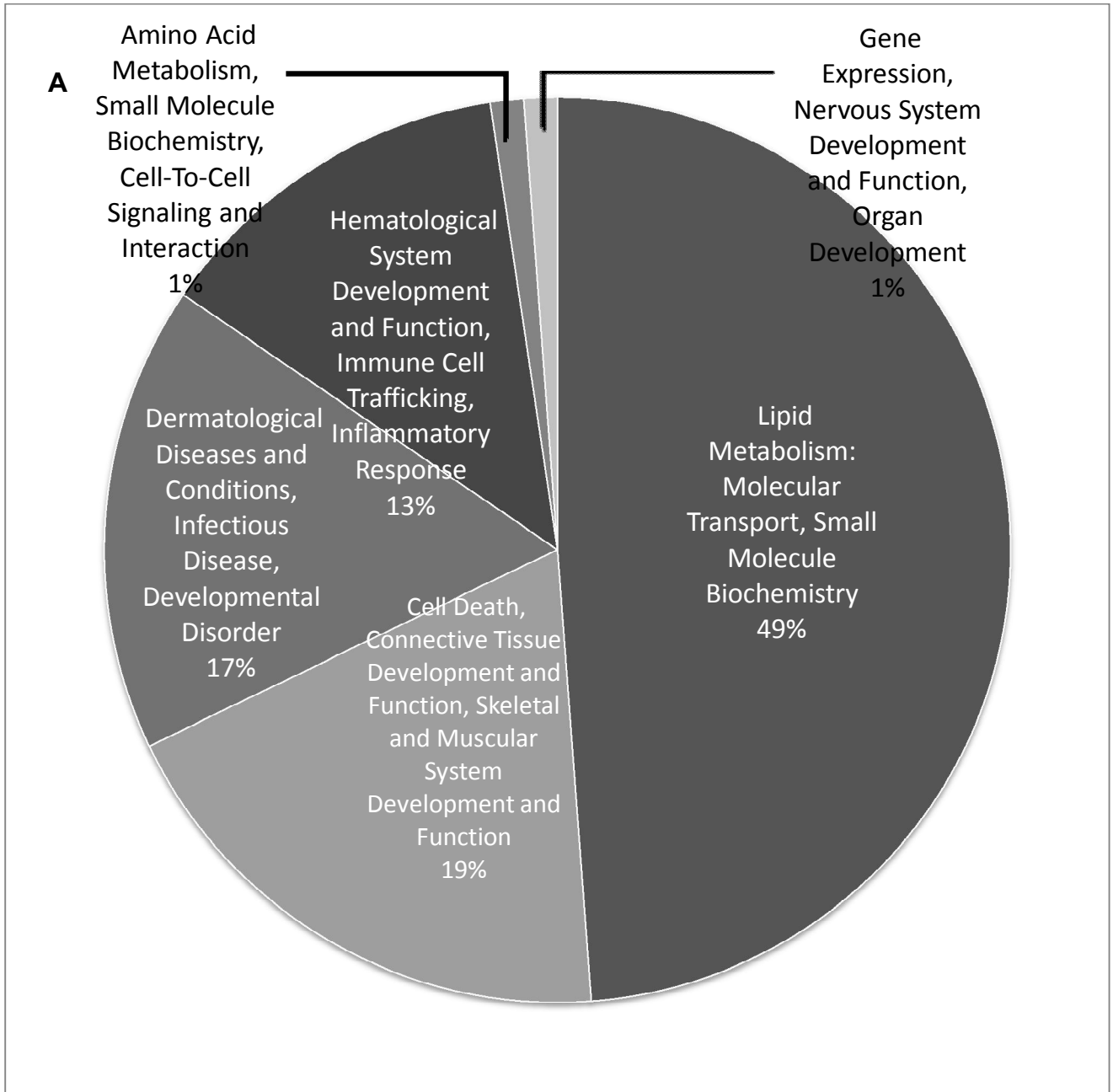
Fig.3-2 A-C Correlation of TN mRNA Expression adipogenesis. Light microscopy picture of human adipocytes, differentiated from preadipocyte, has 70-80% of lipid accumulation rate (A). Quantification of TN mRNA expression in adipocytes during the differentiation periods of day 0, 6, 12 and 18 by real-time PCR (B). Quantification of TN mRNA expression in adipose tissue of donors with different BMI level by real-time PCR (C). Different letters indicate statistically significance ($P < 0.05$). Data is presented as mean \pm SEM (n=5).

3.4.3 TN is primarily involved in lipid metabolism in human adipocytes

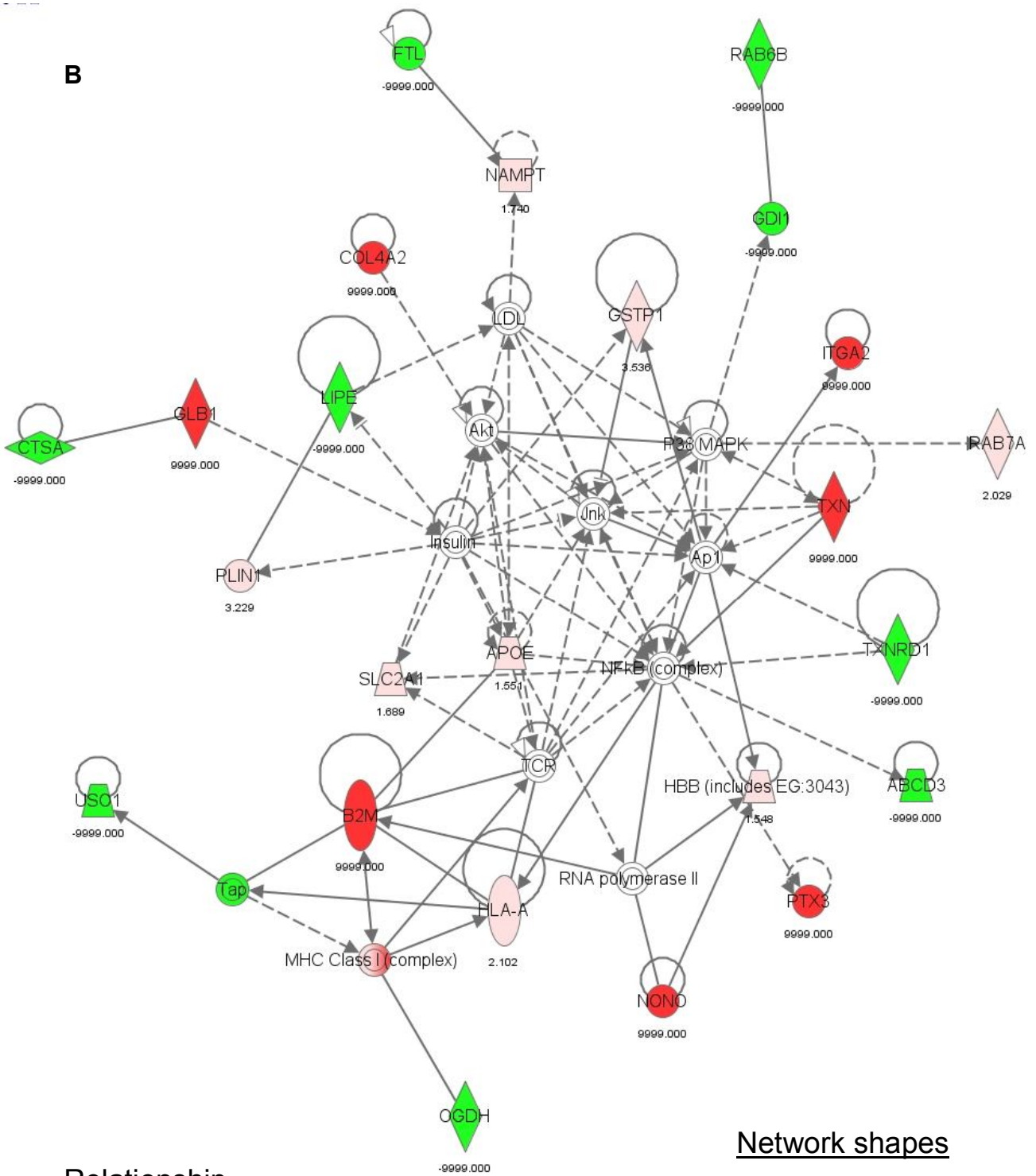
To explore the function of TN in human adipocytes, we over-expressed TN in human adipocytes and the resultant protein profile was characterized by proteomic analysis, which showed that 40 proteins are up-regulated and 80 down-regulated at least 1.5 folds by TN, as compared to the control. They were then annotated by molecular function and pathway analysis using the Ingenuity Pathway Analysis database (IPA). It was revealed that 49% of proteins which were affected by TN overexpression is related to lipid metabolism. There are 19% belongs to the second-ranking functional network of connective tissue, skeletal and muscular system development and function and 17% is involved in the functional network of dermatological diseases and conditions, infectious disease and developmental disorder. 13% belongs to the hematological system development and function, immune cell trafficking and inflammatory response (Fig. 3-3A). Output of the highest-scoring functional network of lipid metabolism from IPA was displayed graphically as nodes (proteins) and edges (the biological relationship between the nodes). In Figs.3-3B is the second-scoring functional network of lipid metabolism from IPA. Those two lipid metabolism functional networks gave us a hint about the function of TN in adipocytes. As a result, proteins regulated by TN overexpression in human adipocytes are involved primarily in lipid metabolism.

Detailed information of lipid metabolism-associated proteins regulated by TN is summarized in Table 3-1. Interestingly, TN dramatically decreases the protein levels of ATP-binding cassette, sub-family D, member 3 (ABCD3) and HSL. It also increases the perilipin levels, which coats intracellular lipid droplets in adipocytes^{6,19}. TN increased the expression of solute carrier family 2, facilitated glucose transporter member 1 (SLC2A1) which provides instructions for producing a protein called the

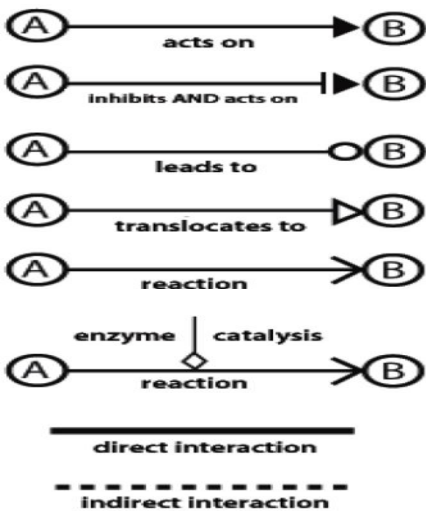
glucose transporter protein type 1 (GLUT1). Prostacyclin synthase (PTGIS) protein was inhibited by TN overexpression in adipocytes, then the inhibition of prostaglandin I₂ (PGI₂) production may be vanquished to lead to various cardiovascular disorder⁸⁸. We also found that TN may modulate MMPs family and its inhibitor, TIMPs in adipose tissue which initiate us to interested in knowing the relationship between TN and summarize above observations, TN promotes the proteins which involves in energy storage and suppresses energy expending in human adipocytes.



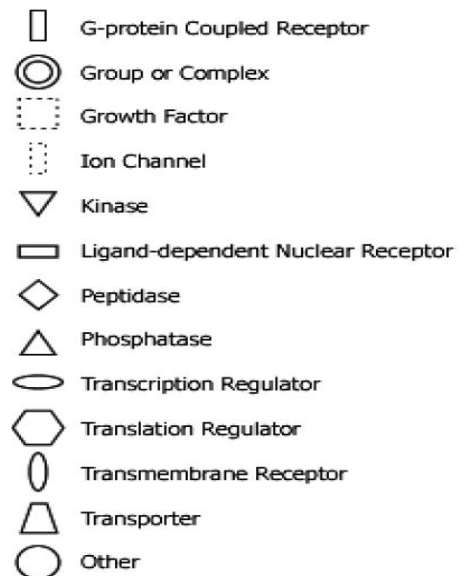
B



Relationship



Network shapes



C

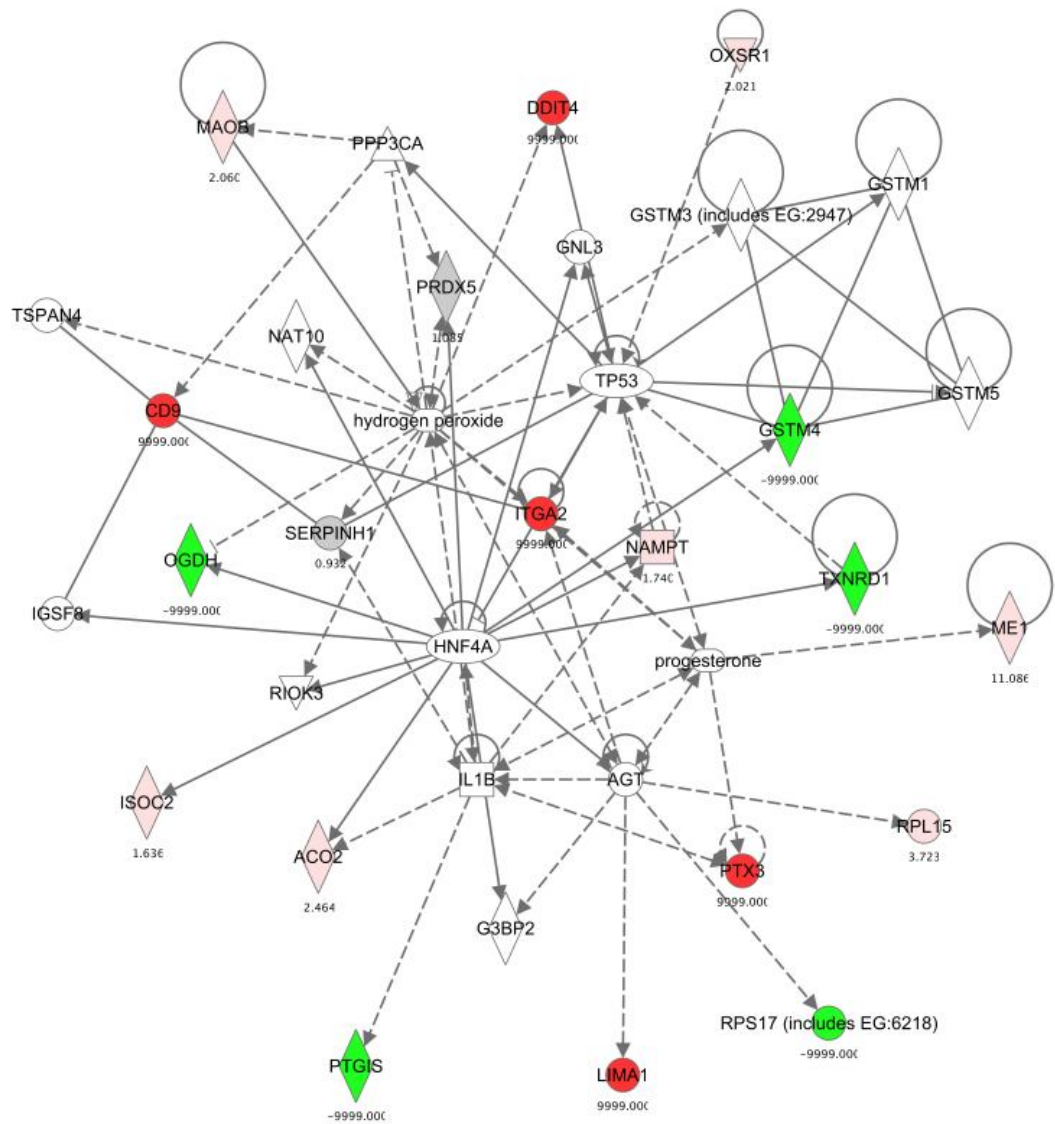


Fig 3-3. Functional analysis of Tetranectin in human adipocytes by proteomic analysis. Function network analysis of identified proteins which were influenced by TN overexpressed in primary human adipocytes. Classification was performed using the Ingenuity Pathway Analysis Knowledge Base (A). High-level functions for each network are reported, as are canonical pathways that were significant in the whole data set. The proteins of top 1-scoring lipid metabolism were represented by nodes, with their shape representing the functional class of the gene product, and edges indicate the biological relationship between the nodes (see legend). According to their score, nodes are color coded (red, overexpression; green, underexpression) (B). The

second canonical pathways of lipid metabolism were represented by nodes and edges
(C).

Table 3-1. Examples of function analysis from large scale analysis of the total cell lysate of TN-overexpressed human adipocytes.

Biological process	Protein name	Fold	Accession number
Lipid metabolism	Apolipoprotein E(APOE)	1.55	IPI00021842
Accumulation of triacylglycerol, Modification of lipid and fatty acid, Synthesis of cholesterol	Prostacyclin synthase (PTGIS)	-999	IPI00003411
	Nicotinamide phosphoribosyltransferase (NAMPT)	1.74	IPI00018873
	Perilipin (PLIN1)	3.29	IPI00028444
	Sterol-4-alpha-carboxylate 3-dehydrogenase,decarboxylating (NSDHL)	-999	IPI00019407
Glucose transportation	Solute carrier family 2, facilitated glucose transporter member 1 (SLC2A1)	1.68	IPI00220194
Synthesis of lipid	CD9		
	Prostacyclin synthase (PTGIS)	-999	IPI00003411
	Nicotinamide phosphoribosyltransferase (NAMPT)	1.74	IPI00018873
Lipolysis	Hormone-sensitive lipase (HSL)	-999	IPI00419542
	ATP-binding cassette sub-family D member 3 (ABCD3)	-999	IPI00002372
Conversion of lipid, triacylglycerol and fatty acid	Glutathione S-transferase P (GSTP1)	3.53	IPI00219757
	Isoform 1 of Beta-galactosidase (GLB1)	999	IPI00441344
Extracellular matrix modulation	matrix metalloproteinase 2 (MMP2)	1.396	IPI00027780
	TIMP metalloproteinase inhibitor 3(TIMP3)	0.363	IPI00218247

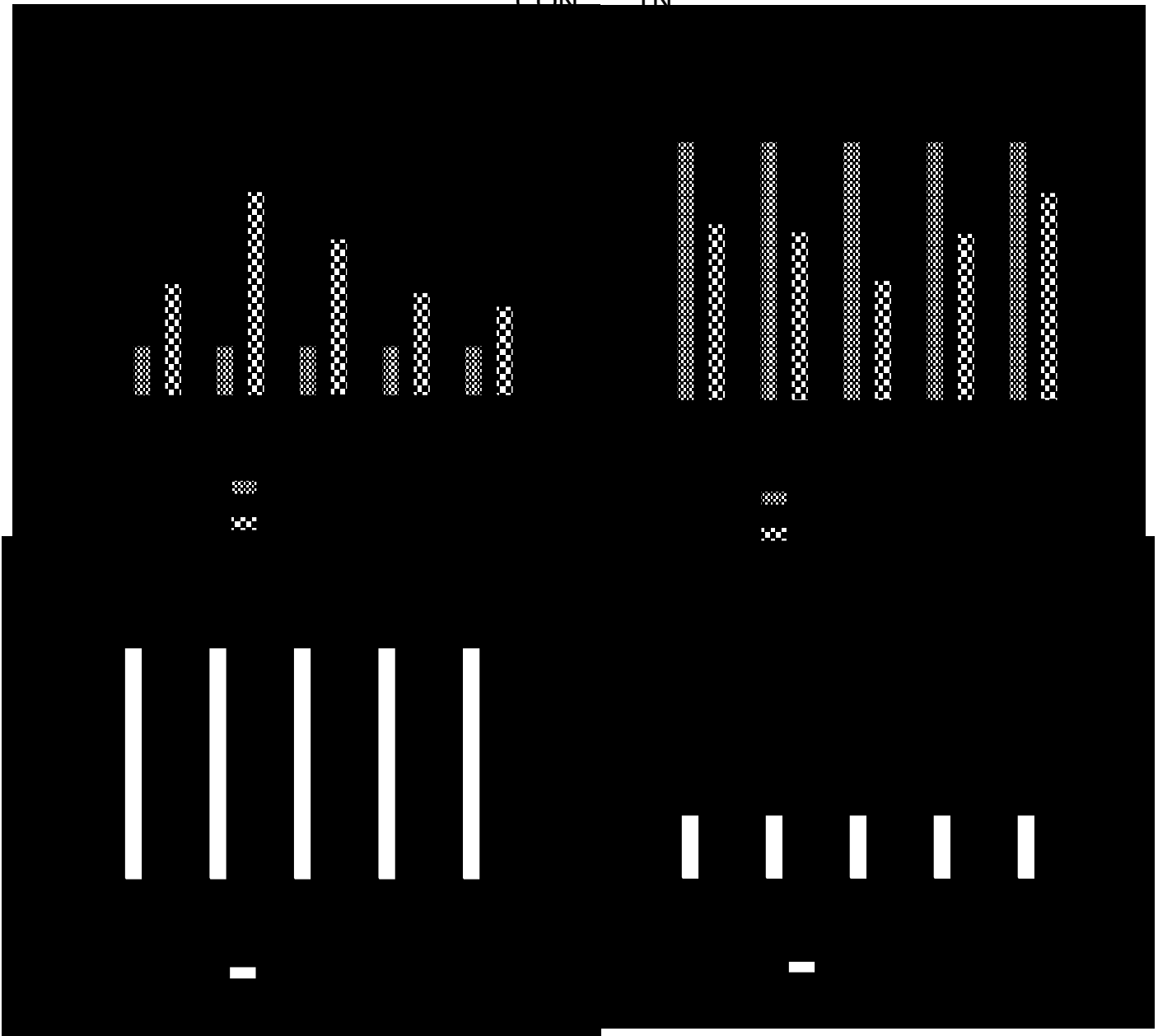
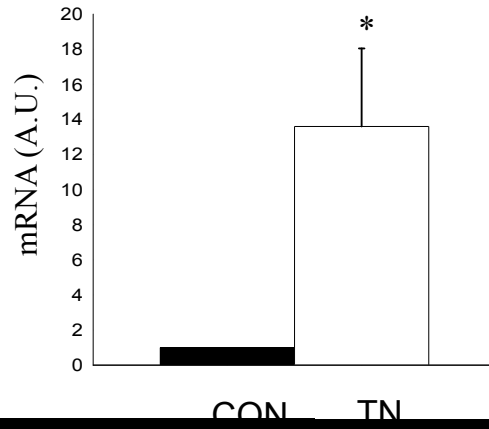
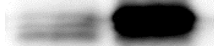
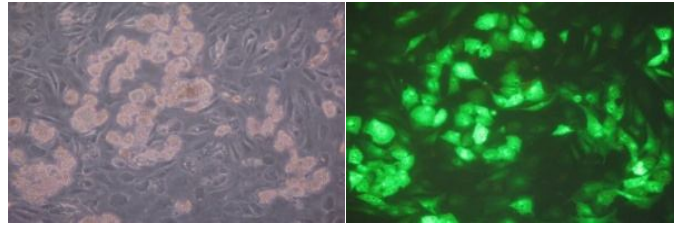
3.4.4 Ectopic expression of TN induced lipogenesis, but reduced lipolysis in PHA and which was decreased by TN knockdown

We examined the effect of TN on human adipocytes with TN overexpression, which results in an averaged 13.5-fold increase in the TN mRNA (Fig. 3-4A) and increased mRNA expression of genes associated with lipogenesis, including LPL, FAS, PPAR γ , FAS, SREBP1c and fatty acid binding protein 4 (FABP4) (Fig. 3-4B). In contrast, the expression of genes associated with lipid degradation are down-regulated by TN overexpression. This is also seen in lipolytic genes, including TNF α , IL-6, SAA1 and PPAR α only had 50% mRNA expression and HSL had 30% (Fig. 3-4D).

PHA was infected by TN knockdown virus has opposite result from above observations from TN overexpression in PHA. Decrease TN expression in PHA bring in the reduction of lipid accumulation and promotion of lipolysis through the change of mRNA level of lipogenesis and lipolysis related genes (Fig. 3-4 E and 3-4 F).

Furthermore, overexpression of TN renders cells with considerably stronger oil red O staining for lipids than control cells, confirming an enhanced lipogenesis and less lipid accumulate in adipocytes in TN knockdown group compare with control group separately (Fig. 3-4F).

A



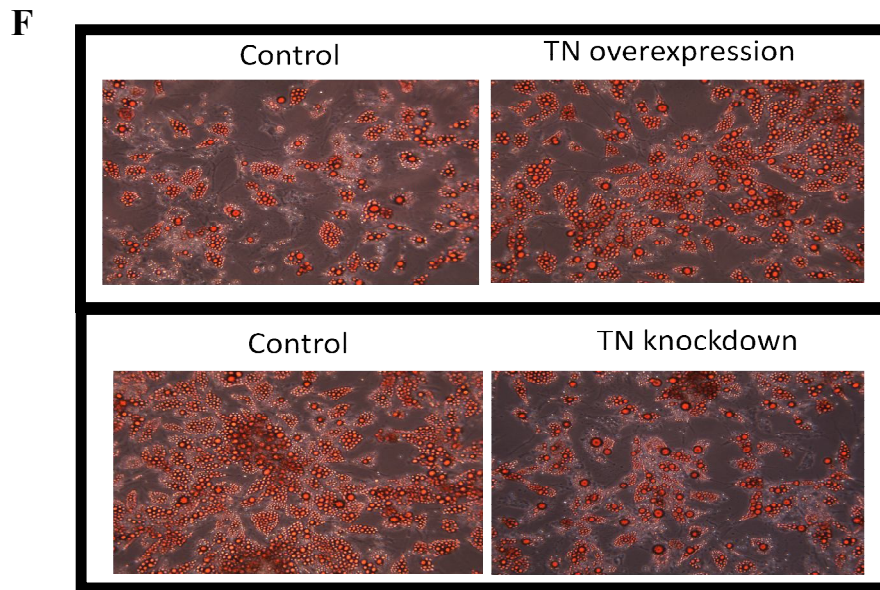


Fig 3-4 Effects of TN on lipid metabolism in primary human adipocytes. Isolated human preadipocytes were differentiated into adipocytes in vitro. At day 3 of differentiation, treated TN overexpressed virus to differentiating primary human adipocytes for 3 folds. TN was overexpressed in human adipocytes compare to control group which was infected by control virus. Light microscopy (top left panel), fluorescent microscopy (top right panel) and quantification of TN expression (bottom panel) by real-time PCR (A). Quantification of the effects of TN-overexpression and -knockdown on mRNA expression of genes associated to lipogenesis. TN indicate TN-overexpression group and KO indicate TN-knockdown group in PHA (B) (C). Quantification of the effects of TN-overexpression and -knockdown on mRNA expression of genes associated to lipolysis in human in PHA (D) and (E). Oil-red O staining on the lipid droplets in PHA which is infected by TN-overexpression and -knockdown virus (F). The mRNA concentration was quantified by real-time PCR analysis and related to the β -actin mRNA concentration in the same sample. Data are expressed as mean \pm SEM, n=6 independent experiments. Different

superscripts indicate a statistical significance ($P < 0.05$).

3.4.5 Potential role of TN in lipid metabolism, but not for extracellular matrix remodeling, by regulating MMPS and its tissue inhibitor 1 (TIMP1) in adipose tissues

MMP3 and TIMP1 are expressed in white adipose tissue and MMP/TIMP balance is shifted toward increased matrix degradation in obesity. TIMP1 is strongly induced in adipose tissue⁸⁹. TN also increases TIMP1 mRNA and decrease MMP3 expression in PHA to promote lipid accumulation. Expression of the metalloproteinase, MMP3 and the metalloproteinase inhibitor, TIMP1 were down- and up-regulated for 0.5 fold and 21 fold by overexpression of TN in PHA. Overexpression of TN in human adipocytes decreased the tPA mRNA concentration (Figure 3-5) which may be promote fibrosis in adipose tissue. Moreover, downregulation of TN expression in PHA had opposite results to overexpression (Figure 3-5).

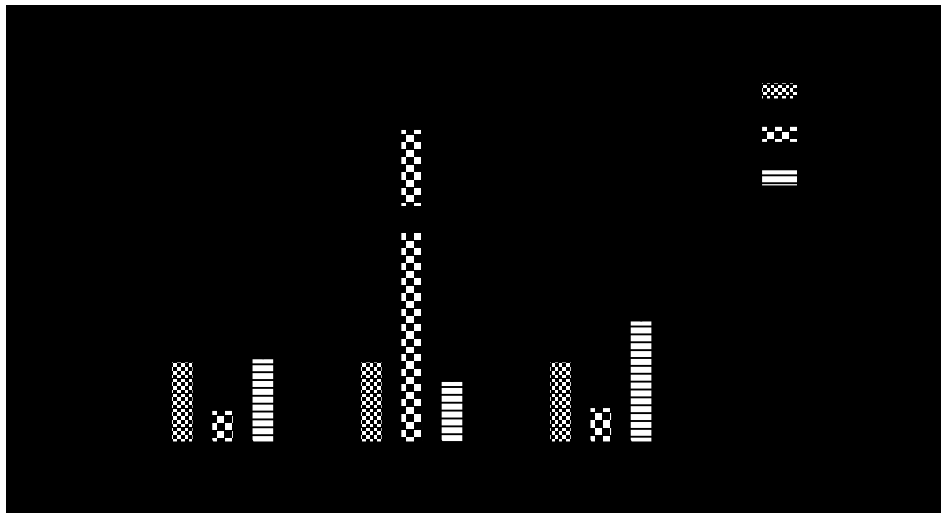


Fig 3-5 TN regulates lipid metabolism may through MMP3, TIMP1 and tPA. Quantification of MMP3, TIMP1 and tPA in PHA which were infected by TN-overexpressed and knockdown lentivirus by real-time PCR. Data are expressed as mean \pm SEM, n=6 independent experiments. Different superscripts indicate a statistical significance ($P < 0.05$).

3.4.6 TN levels are higher in the adipose tissues of obese mice than the lean ones

From above *in vitro* results (Fig 3-4, 3-5), we suspected that TN may express higher in obese mice and promote obesity. Therefore, we fed high fat diet (HFD) and chow diet to mice for 16 weeks to generate obese and control group then detect protein level of TN in adipose tissue. The physiologic result indicated that TN expression is higher in HFD treated mice in the top and middle panel (Fig 3-6). After 16 weeks HFD diet treatment to mice and then shifted diet into DHA for 2 weeks, the TN expression was dramatically decreased in mice adipose tissue (button panel of fig 3-6). Therefore, we observed that TN has high expression in obese mice and its expression was reversed by DHA treatment.

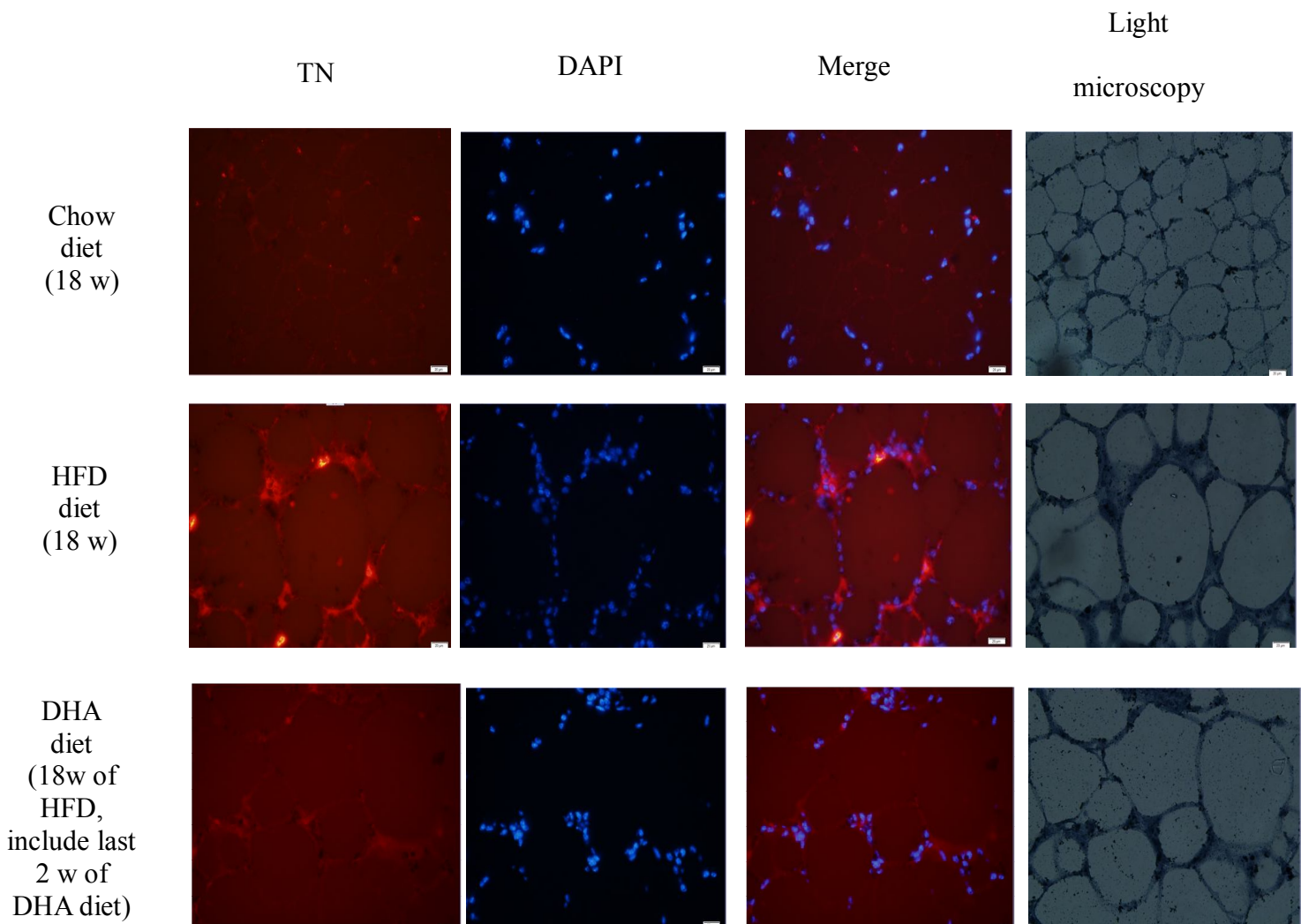


Fig 3-6 TN expresses higher in obese mice than lean and decrease expression by DHA treatment. Immunofluorescent images of TN level in adipose tissue of high fat diet, chow diet and DHA diet treated mice. First panel is the adipose tissue from the mice fed with chow diet for 18 weeks. Middle panel is from the mice fed with high fat diet for 18 weeks. The third panel is from the mice fed with high fat diet for 16 weeks and 2 weeks for DHA. Data are expressed as mean \pm SEM, n=5 independent experiments. Different superscripts indicate a statistical significance (P<0.05).

3.4.7 Polyunsaturated Fatty Acids (PUFA) inhibit the expression of TN and tissue type plasminogen (tPA)

Since PUFA have been reported to exert a beneficial effect on obesity-associated diseases and we previously showed that DHA reduced fat deposition *in vivo*¹⁹, and TN seems to enhance adipogenesis and lipogenesis, we thought TN may be the downstream target of PUFA and tested this hypothesis *in vitro*. As shown in Fig. 7A, the expression of TN in human adipocyte culture is reduced at least 50% by the treatments of 100 μ M of n-3 PUFA, including arachidonic acid (AA), eicosapentaenoic acid (EPA), linoleic acid (LA) and DHA (Fig 3-6A). The TN and tPA mRNA expression were decreased followed by increasing DHA concentration (Fig 3-6 B and C).

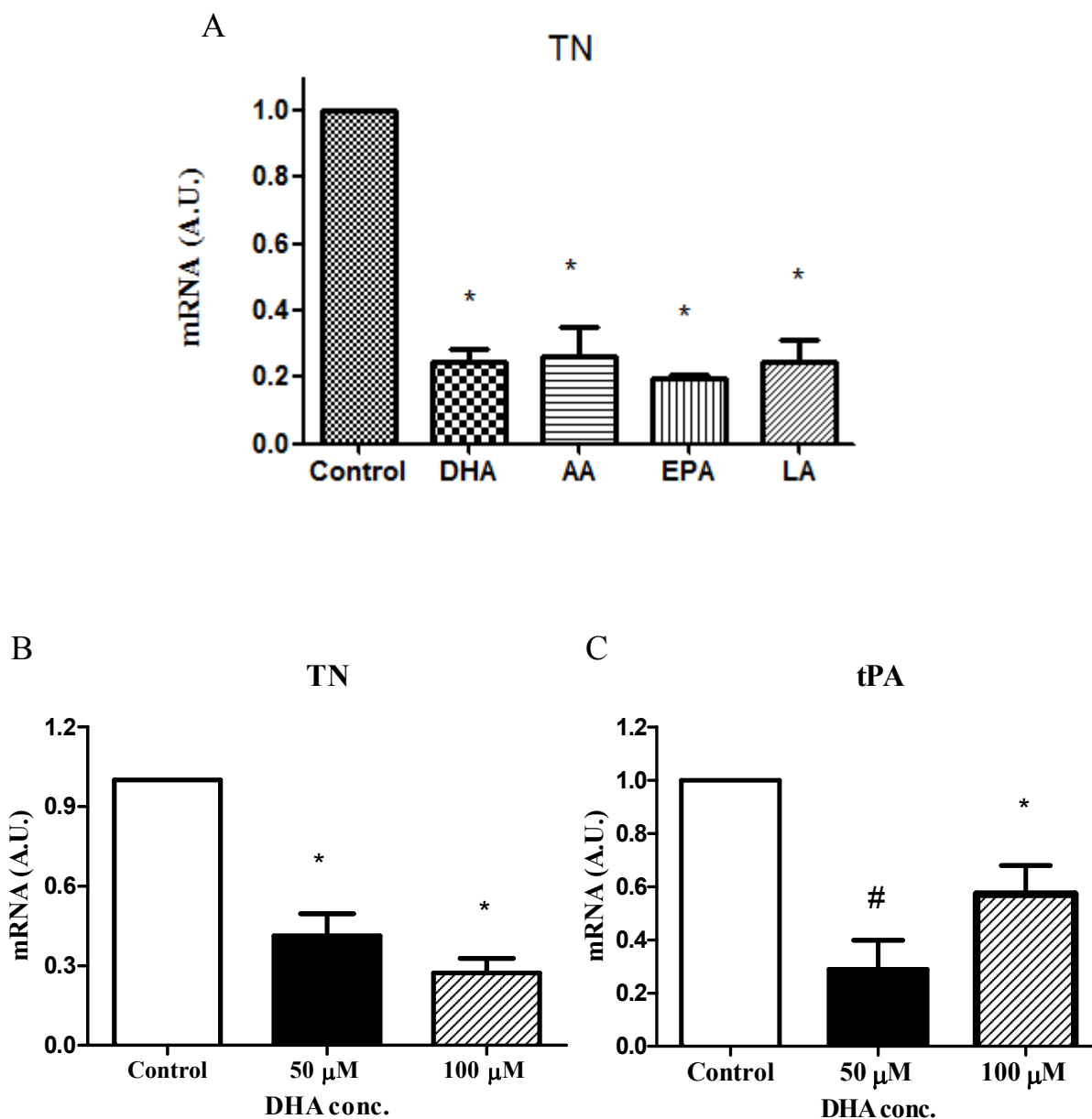


Fig. 3-7 The mRNA concentration of TN and tPA in human adipocytes were significantly inhibited by PUFA. Quantification of mRNA level of TN in PHA with 100 μ M docosahexanoic acid (DHA), arachidonic acid (AA), eicosapentaenoic acid (EPA), linoleic acid (LA) (A). Quantification of mRNA level of TN and tissue type plasminogen activator (tPA) in PHA with 50 and 100 μ M DHA (B) (C).decreased the mRNA expression of TN about 0.3 to 0.4 fold of control (group) in human adipocytes. Treatment of different concentration of DHA, 50 μ M and 100 μ M DHA in

human adipocytes for 24hr, dominantly inhibited the mRNA expression of TN and tissue type plasminogen (tPA). Data are expressed as mean \pm SEM, n=6 independent experiments. Different superscripts indicate a statistical significance (P<0.05). *, P<0.05; #, P<0.01.

3.5 Discussion

In this study, we have demonstrated the expression pattern of TN in the adipose tissue and its expression has positive pattern with obesity which was according to BMI. We then provide provided further evidences of changes of lipogenesis and lipolysis-related gene expression and genes in human adipocytes by TN overexpression. In the study, we found that the mRNA expression of TN is positively correlated with the adipogenesis and lipid accumulation in human adipocytes. Overexpression and knockdown of TN in human primary adipocytes demonstrated that TN promotes adipogenic and lipogenic gene expression, including PPAR γ , LPL, FAS and FABP4, but suppresses those related to lipolysis, including PPAR α , HSL, IL-6, TNF α and SAA. Analyze by quantitative proteomic analysis and quantitative real-time PCR further confirmed a altered profiles of proteins primarily responsible for lipid metabolism. From our observation, we propose that TN might play an integral role in lipogenesis.

Interestingly, the protein levels of ABCD3 and HSL were dramatically suppressed in TN overexpressing human adipocytes. ABCD3 is involved in the metabolic transport of long- and very long-chain FAs into peroxisomes for oxidation,⁹⁰ HSL converts cholesteryl esters to free cholesterol for steroid hormone production,⁹¹. It also increases the perilipin levels, which coats intracellular lipid droplets. We recently showed when perilipin expression was decreased, intracellular lipid droplets were susceptible to hydrolysis to the access of HSL and thereby to increased lipolysis in pig and human adipocytes^{6,19}. TN also promoted the expression

of SLC2A1, which provides sequential process to produce GLUT1 protein. GLUT1 protein is suited on part of the membranes of cells, where they transport glucose (a simple sugar) from the blood into the cells for use as fuel or storage in adipocytes ⁹².

It has long been known that TN stimulates the tPA to cleave plasminogen by tPA and then promote fibrinolysis ⁹³. TN and tPA specifically bound together as observed ligand blot analysis and ELISA ³⁶. Insulin, dexamethasone and IBMX induced 3T3L1 differentiation and caused lower activity of tPA, which is the major type of plasminogen activator in adipocytes ⁹⁴. Mice lacking tPA gene expression exhibited higher than that of WT mice ⁹⁵. tPA in adipose tissue thus is regulated to diminish the development and lipogenesis or adipogenesis. In our results, TN overexpression inhibited the mRNA expression of tPA, which thus may cause hypertrophy at adipocytes. In another aspect, the plasminogen activators (urokinase and tissue types) are suppressed by a physiological inhibitor, plasminogen activator inhibitor (PAI)-1 which is expressed in adipose tissue. Since plasma PAI-1 are increased in obesity and reduced with weight loss people, PAI-1 may have contribution to obesity through indirect effects on insulin signaling to influence adipocyte differentiation and cause weight gain and induction of obesity in mice ^{96,97}. Lipogenic gene expressions were promoted by TN overexpression in human adipocytes cause accumulation, and may promote expression of PAI-1. According our data TN decrease the gene expression of tPA. Our observation not only matches previous results but also demonstrated that TN inhibits tPA expression and promote fat accumulation in adipocytes and TN may play a role of induction of obesity development.

There is multitude functional properties attributed to the MMP system. MMP can

maintain the balance between the deposition and degradation of extra cellular matrix (ECM) ^{98,99} and act in concert to lead to the development of adipose mass. Adipogenesis, angiogenesis and tissue remodeling of the ECM are associated with an extensive reorganization of the adipose tissue with obesity development. The matrix is increased by MMPs which facilitate adipose tissue remodeling and /or adipocytes hypertrophy ⁸⁹. When mouse 3T3-L1 preadipocytes are induced to differentiate into adipocytes, they change from an extended fibroblast-like morphology to become rounded ones, with extracellular matrix remodeling charges the change of the morphology, a process known to be mediated in part by MMP ¹⁰⁰. MMPs also participate in cellular remodeling during adipogenesis ¹⁰¹. MMP3 is one of MMPs expressed in adipocytes. MMP levels diminishes in preadipocytes cells isolate from obese subjects compare to lean ones. MMP3 expression levels are negatively correlated to adiposity in human subcutaneous adipose tissue ¹⁰². MMP activity is further regulated through interaction with tissue inhibitors of MMPs (TIMPs) ¹⁰³. In the transgenic means, mice lack MMP3 had increased adipocytes hypertrophy when fed a high-fat diet ¹⁰⁴. MMP3^{-/-} mice or overexpress the tissue inhibitor of metalloproteinases, TIMP-1 had accelerated adipocyte differentiation during mammary gland involution ¹⁰⁵. In relation to adipose tissue development, TIMP1 has been studied the most. A recent report suggests that, beyond direct adipose tissue ECM remodeling, TIMP1 may have an effect on adipose tissue development by acting in the hypothalamus to regulate food intake ¹⁰⁶. We may demonstrate that diminished expression of MMP3 and/or facilitated TIMP1 would promote lipid accumulation in adipocytes. However, one of cytokines which is secreted by adipocytes, tumor necrosis factor α (TNF α) which is also a lipolysis related protein treated to adipocytes to induced substantial increases in MMP3 mRNA expression and

MMP3 protein release from adipocytes¹⁰⁷. And the activated form of MMP3 promoted glycerol release as well as TNF α protein secretion from 3T3L1 adipocytes¹⁰⁸. MMP3 and TNF α have similar pattern in lipid metabolism and may involve in lipolysis in adipocytes. Mature adipocytes appear to spend much energy on the modulation of ECM. The balance of constructive and destructive enzymes together, such as MMP3 with one of its inhibitors, TIMP1 mediates the ECM remodeling to affect the dynamics and physiology of the adipose tissue. We speculate that TN suppresses the expression of MMP3 and simultaneously promotes the expression of TIMP1 to further lipid accumulation in adipocytes and may help develop the obesity *in vivo*.

PUFA is being identified as one of anti-obesity nutrient. In patients with metabolic syndrome, n-3 PUFA contained in the diet is represented to improve their health and prevent cardiovascular diseases by decreasing triacylglyceral and HDL-cholesterol levels in plasma. PUFA prevent the expression of obesity and advance glucose sensitivity in rodents¹⁰⁹. Mitochondrial biogenesis and oxidative metabolism related genes, such as PPAR γ co-activator 1 α and nuclear respiratory factor-1 were increased respectively with 3-fold expression in abdominal fat. The stearoyl-CoA desaturase gene, Scd-1 was down-regulated by n-3 PUFA in white fat to induct lipid oxidation as in other tissues^{110,111}. Thus n-3 PUFA which include DHA induce metabolic switch to lipid oxidation. In our observation, n-3 and n-6 PUFA inhibits the gene expression of TN which may indicate that PUFA modulate lipid metabolism through TN to inhibit lipid accumulation. Therefore, the regulation pathway between PUFA and TN is an important issue to regulate the expression of TN to suppress lipogenesis in fat.

chapter4 General Discussion

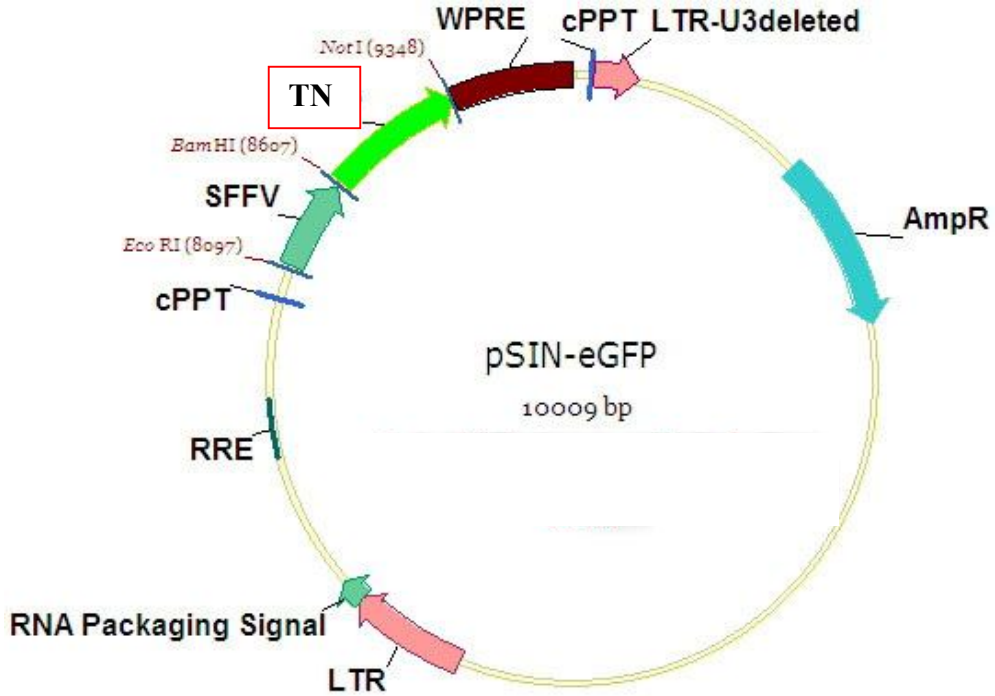
Obesity is defined as chronic inflammation in adipose tissue. Obesity and dyslipidemia induced by high fat diet (HFD) are intimately linked to chronic low-grade inflammation, which are characterized by elevated levels of circulating adipocytokines. Numerous results showed that adipocytokines regulate the physiology of adipose tissue. For example: RBP4, adiponectin, TNF α , IL-6 etc. can influence adipose tissue hypertrophy through different ways. RBP4 has a detrimental effect on lipolysis^{112,113}, but adiponectin protects adipocytes against lipid accumulation through MAPK pathway¹¹³. Moreover, TNF α and IL-6 are identified as pro-inflammation cytokines in obese individuals. Significant increase of IL-1 β and TNF α , in adipose tissue in obese group compared to control¹¹⁴. We demonstrated SAA and TN as novel adipocytokines in human and studied their functions in adipose tissue. Evidences suggested that PUFAs regulate some adipocytokines to affect lipid metabolism. We found that SAA is upregulated by DHA in porcine hepatic cells and SAA also induced IL-6, TNF α , glycerol release and decreased perilipin which indicating increased lipolysis³³. The same results were observed in the study. DHA promotes the expression of SAA1 to induce lipolysis by downregulating perilipin expression in human adipocytes⁶. In porcine adipocytes, we proved that SAA induces lipolysis by downregulating perilipin through Erk1/2 phosphorylation and PKA signaling pathways¹¹⁵. In human hepatoma cells, SK-HEP-1, DHA enhances SAA expression through a

CCAAT/enhancer-binding protein β -binding site in the SAA1 promoter¹¹⁶ .

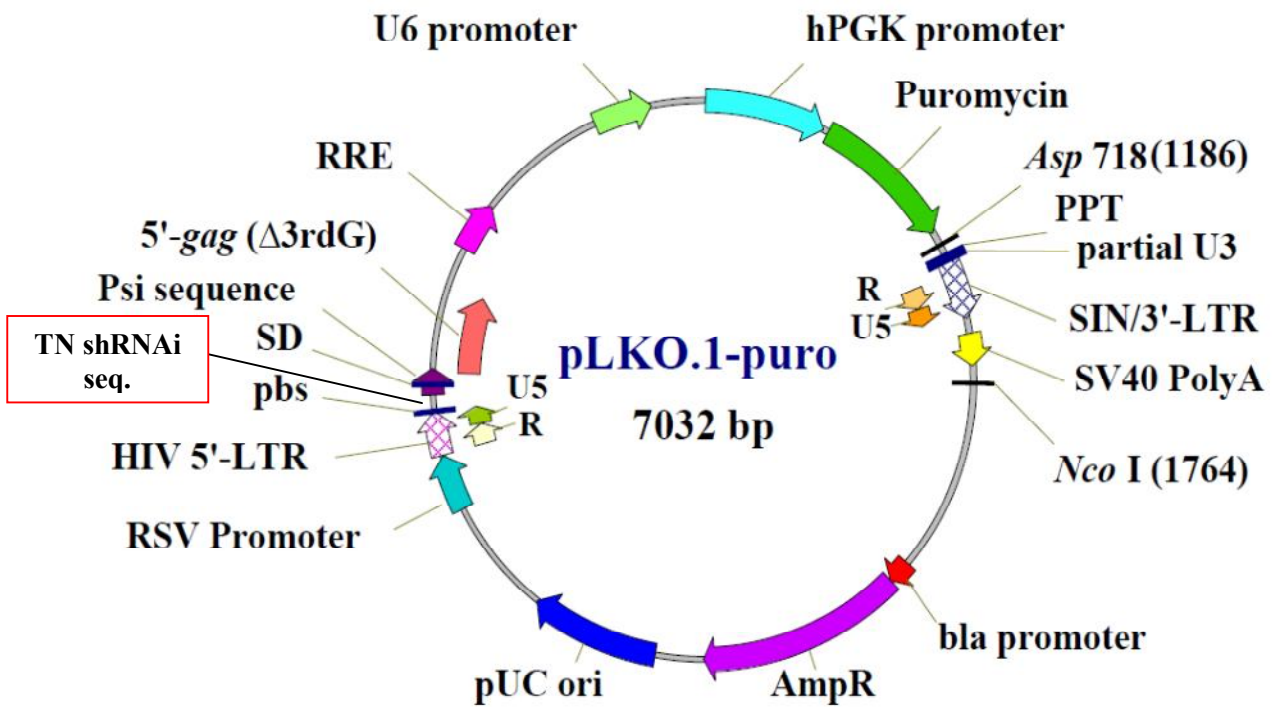
This pioneering study revealed that TN as an adipocytokine secreted from adipose tissue into serum and its function in lipid metabolism. DHA promotes SAA expression which may through perilipin and reduce TN for increasing lipolysis which thus way provide one therapeutic strategy to treat or prevent obesity development in human.

Appendix

A. Vector for TN overexpression in PHA



B. Vector for TN knockdown in PHA



REFERENCES

1. Yang, R.Z. et al. Acute-phase serum amyloid A: an inflammatory adipokine and potential link between obesity and its metabolic complications. *PLoS Med* **3**, e287 (2006).
2. Trayhurn, P. & Wood, I.S. Adipokines: inflammation and the pleiotropic role of white adipose tissue. *Br J Nutr* **92**, 347-55 (2004).
3. Falcao-Pires, I., Castro-Chaves, P., Miranda-Silva, D., Lourenco, A.P. & Leite-Moreira, A.F. Physiological, pathological and potential therapeutic roles of adipokines. *Drug Discov Today* **17**, 880-9 (2012).
4. Koerner, A., Kratzsch, J. & Kiess, W. Adipocytokines: leptin--the classical, resistin--the controversial, adiponectin--the promising, and more to come. *Best Pract Res Clin Endocrinol Metab* **19**, 525-46 (2005).
5. Vigerust, N.F. et al. Krill oil versus fish oil in modulation of inflammation and lipid metabolism in mice transgenic for TNF-alpha. *Eur J Nutr* (2012).
6. Wang, Y.C. et al. Docosahexaenoic acid regulates serum amyloid A protein to promote lipolysis through down regulation of perilipin. *J Nutr Biochem* **21**, 317-24 (2010).
7. Oliver, E., McGillicuddy, F., Phillips, C., Toomey, S. & Roche, H.M. The role of inflammation and macrophage accumulation in the development of obesity-induced type 2 diabetes mellitus and the possible therapeutic effects of long-chain n-3 PUFA. *Proc Nutr Soc* **69**, 232-43 (2010).
8. Finucane, M.M. et al. National, regional, and global trends in body-mass index since 1980: systematic analysis of health examination surveys and epidemiological studies with 960 country-years and 9.1 million participants. *Lancet* **377**, 557-67 (2011).
9. Ofei, F. Obesity - a preventable disease. *Ghana Med J* **39**, 98-101 (2005).
10. Ruzickova, J. et al. Omega-3 PUFA of marine origin limit diet-induced obesity in mice by reducing cellularity of adipose tissue. *Lipids* **39**, 1177-85 (2004).
11. Aguilera, A.A., Diaz, G.H., Barcelata, M.L., Guerrero, O.A. & Ros, R.M. Effects of fish oil on hypertension, plasma lipids, and tumor necrosis factor-alpha in rats with sucrose-induced metabolic syndrome. *J Nutr Biochem* **15**, 350-7 (2004).
12. Lopez-Huertas, E. The effect of EPA and DHA on metabolic syndrome patients: a systematic review of randomised controlled trials. *Br J Nutr* **107 Suppl 2**, S185-94 (2012).
13. Browning, L.M. n-3 Polyunsaturated fatty acids, inflammation and obesity-related disease. *Proc Nutr Soc* **62**, 447-53 (2003).
14. Xu, H. et al. Chronic inflammation in fat plays a crucial role in the development of obesity-related insulin resistance. *J Clin Invest* **112**, 1821-30 (2003).
15. Perreault, M. & Marette, A. Targeted disruption of inducible nitric oxide synthase protects against obesity-linked insulin resistance in muscle. *Nat Med* **7**, 1138-43 (2001).
16. Sartipy, P. & Loskutoff, D.J. Monocyte chemoattractant protein 1 in obesity and insulin resistance. *Proc Natl Acad Sci U S A* **100**, 7265-70 (2003).
17. Weisberg, S.P. et al. Obesity is associated with macrophage accumulation in adipose tissue. *J Clin Invest* **112**, 1796-808 (2003).
18. Todoric, J. et al. Adipose tissue inflammation induced by high-fat diet in obese

- diabetic mice is prevented by n-3 polyunsaturated fatty acids. *Diabetologia* **49**, 2109-19 (2006).
19. Tai, C.C. & Ding, S.T. N-3 polyunsaturated fatty acids regulate lipid metabolism through several inflammation mediators: mechanisms and implications for obesity prevention. *J Nutr Biochem* **21**, 357-63 (2010).
 20. Jump, D.B. N-3 polyunsaturated fatty acid regulation of hepatic gene transcription. *Curr Opin Lipidol* **19**, 242-7 (2008).
 21. Kunesova, M. et al. The influence of n-3 polyunsaturated fatty acids and very low calorie diet during a short-term weight reducing regimen on weight loss and serum fatty acid composition in severely obese women. *Physiol Res* **55**, 63-72 (2006).
 22. Lefils, J., Geloën, A., Vidal, H., Lagarde, M. & Bernoud-Hubac, N. Dietary DHA: time course of tissue uptake and effects on cytokine secretion in mice. *Br J Nutr* **104**, 1304-12 (2010).
 23. Hsu, J.M. & Ding, S.T. Effect of polyunsaturated fatty acids on the expression of transcription factor adipocyte determination and differentiation-dependent factor 1 and of lipogenic and fatty acid oxidation enzymes in porcine differentiating adipocytes. *Br J Nutr* **90**, 507-13 (2003).
 24. Hsu, J.M., Wang, P.H., Liu, B.H. & Ding, S.T. The effect of dietary docosahexaenoic acid on the expression of porcine lipid metabolism-related genes. *J Anim Sci* **82**, 683-9 (2004).
 25. Liu, B.H., Kuo, C.F., Wang, Y.C. & Ding, S.T. Effect of docosahexaenoic acid and arachidonic acid on the expression of adipocyte determination and differentiation-dependent factor 1 in differentiating porcine adipocytes. *J Anim Sci* **83**, 1516-25 (2005).
 26. Benatti, P., Peluso, G., Nicolai, R. & Calvani, M. Polyunsaturated fatty acids: biochemical, nutritional and epigenetic properties. *J Am Coll Nutr* **23**, 281-302 (2004).
 27. Yu, Y.H. et al. The function of porcine PPARgamma and dietary fish oil effect on the expression of lipid and glucose metabolism related genes. *J Nutr Biochem* **22**, 179-86 (2011).
 28. Kralisch, S. et al. Therapeutic perspectives of adipocytokines. *Expert Opin Pharmacother* **6**, 863-72 (2005).
 29. Wellen, K.E. & Hotamisligil, G.S. Inflammation, stress, and diabetes. *J Clin Invest* **115**, 1111-9 (2005).
 30. Mies, F., Shlyonsky, V., Goolaerts, A. & Sariban-Sohraby, S. Modulation of epithelial Na⁺ channel activity by long-chain n-3 fatty acids. *Am J Physiol Renal Physiol* **287**, F850-5 (2004).
 31. Chang, W.J., Chen, C.H., Cheng, W.T.K. & Ding, S.T. The effects of dietary docosahexaenoic acid enrichment on the expression of porcine genes. *Asian-Aust. J. Anim. Sci.* **20**, 768-774 (2007).
 32. Poitou, C. et al. Serum amyloid A: production by human white adipocyte and regulation by obesity and nutrition. *Diabetologia* **48**, 519-28 (2005).
 33. Chen, C.H. et al. Serum amyloid A protein regulates the expression of porcine genes related to lipid metabolism. *J Nutr* **138**, 674-9 (2008).
 34. Graversen, J.H. et al. The plasminogen binding site of the C-type lectin tetranectin is located in the carbohydrate recognition domain, and binding is sensitive to both calcium and lysine. *J Biol Chem* **273**, 29241-6 (1998).
 35. Klüft, C., Los, P. & Clemmensen, I. Calcium-dependent binding of tetranectin to fibrin. *Thromb Res* **55**, 233-8 (1989).

36. Westergaard, U.B., Andersen, M.H., Heegaard, C.W., Fedosov, S.N. & Petersen, T.E. Tetranection binds hepatocyte growth factor and tissue-type plasminogen activator. *Eur J Biochem* **270**, 1850-4 (2003).
37. Sugg, R.M. et al. Argatroban tPA stroke study: study design and results in the first treated cohort. *Arch Neurol* **63**, 1057-62 (2006).
38. Kamper, E.F. et al. Tetranection levels in patients with acute myocardial infarction and their alterations during thrombolytic treatment. *Ann Clin Biochem* **35 (Pt 3)**, 400-7 (1998).
39. Fuhlendorff, J., Clemmensen, I. & Magnusson, S. Primary structure of tetranection, a plasminogen kringle 4 binding plasma protein: homology with asialoglycoprotein receptors and cartilage proteoglycan core protein. *Biochemistry* **26**, 6757-64 (1987).
40. Jaquinod, M. et al. Mass spectrometric characterisation of post-translational modification and genetic variation in human tetranection. *Biol Chem* **380**, 1307-14 (1999).
41. Hogdall, C.K., Christensen, L. & Clemmensen, I. The prognostic value of tetranection immunoreactivity and plasma tetranection in patients with ovarian cancer. *Cancer* **72**, 2415-22 (1993).
42. Obrist, P. et al. Aberrant tetranection expression in human breast carcinomas as a predictor of survival. *J Clin Pathol* **57**, 417-21 (2004).
43. Pfaffl, M.W. A new mathematical model for relative quantification in real-time RT-PCR. *Nucleic Acids Res* **29**, e45 (2001).
44. Chen, C.H., Wang, P.H., Liu, B.H., Mersmann, H.J. & Ding, S.T. Serum amyloid A protein regulates the expression of porcine genes related to lipid metabolism. *J Nutr.* (2008).
45. Seo, J.B. et al. Activated liver X receptors stimulate adipocyte differentiation through induction of peroxisome proliferator-activated receptor gamma expression. *Mol Cell Biol* **24**, 3430-44 (2004).
46. Diraison, F. et al. Over-expression of sterol-regulatory-element-binding protein-1c (SREBP1c) in rat pancreatic islets induces lipogenesis and decreases glucose-stimulated insulin release: modulation by 5-aminoimidazole-4-carboxamide ribonucleoside (AICAR). *Biochem J* **378**, 769-78 (2004).
47. Knight, B.L. et al. A role for PPARalpha in the control of SREBP activity and lipid synthesis in the liver. *Biochem J* **389**, 413-21 (2005).
48. Marcus, S.L. et al. Diverse peroxisome proliferator-activated receptors bind to the peroxisome proliferator-responsive elements of the rat hydratase/dehydrogenase and fatty acyl-CoA oxidase genes but differentially induce expression. *Proc Natl Acad Sci U S A* **90**, 5723-7 (1993).
49. Poirier, H. et al. Differential involvement of peroxisome-proliferator-activated receptors alpha and delta in fibrate and fatty-acid-mediated inductions of the gene encoding liver fatty-acid-binding protein in the liver and the small intestine. *Biochem J* **355**, 481-8 (2001).
50. Tecles, F. et al. Analytical validation of commercially available methods for acute phase proteins quantification in pigs. *Res Vet Sci* **83**, 133-9 (2007).
51. Yang, R.Z. et al. Acute-phase serum amyloid A: an inflammatory adipokine and potential link between obesity and its metabolic complications. *PLoS Med.* **3**, e287 (2006).
52. Parra, M.D. et al. Porcine acute phase protein concentrations in different diseases in field conditions. *J Vet Med B Infect Dis Vet Public Health* **53**,

- 488-93 (2006).
53. Stauffer, F., Petrow, E.P., Burgmann, H., Graninger, W. & Georgopoulos, A. Release of TNF alpha and IL6 from human monocytes infected with *Mycobacterium kansasii*: a comparison to *Mycobacterium avium*. *Infection* **22**, 326-9 (1994).
 54. Ruzek, M.C., Miller, A.H., Opal, S.M., Pearce, B.D. & Biron, C.A. Characterization of early cytokine responses and an interleukin (IL)-6-dependent pathway of endogenous glucocorticoid induction during murine cytomegalovirus infection. *J Exp Med* **185**, 1185-92 (1997).
 55. Petersen, A.M. & Pedersen, B.K. The anti-inflammatory effect of exercise. *J Appl Physiol* **98**, 1154-62 (2005).
 56. Schindler, R. et al. Correlations and interactions in the production of interleukin-6 (IL-6), IL-1, and tumor necrosis factor (TNF) in human blood mononuclear cells: IL-6 suppresses IL-1 and TNF. *Blood* **75**, 40-7 (1990).
 57. Tilg, H., Trehu, E., Atkins, M.B., Dinarello, C.A. & Mier, J.W. Interleukin-6 (IL-6) as an anti-inflammatory cytokine: induction of circulating IL-1 receptor antagonist and soluble tumor necrosis factor receptor p55. *Blood* **83**, 113-8 (1994).
 58. Bethin, K.E., Vogt, S.K. & Muglia, L.J. Interleukin-6 is an essential, corticotropin-releasing hormone-independent stimulator of the adrenal axis during immune system activation. *Proc Natl Acad Sci U S A* **97**, 9317-22 (2000).
 59. Steensberg, A., Fischer, C.P., Keller, C., Moller, K. & Pedersen, B.K. IL-6 enhances plasma IL-1ra, IL-10, and cortisol in humans. *Am J Physiol Endocrinol Metab* **285**, E433-7 (2003).
 60. Xing, Z. et al. IL-6 is an antiinflammatory cytokine required for controlling local or systemic acute inflammatory responses. *J Clin Invest* **101**, 311-20 (1998).
 61. Verlengia, R. et al. Comparative effects of eicosapentaenoic acid and docosahexaenoic acid on proliferation, cytokine production, and pleiotropic gene expression in Jurkat cells. *J Nutr Biochem* **15**, 657-65 (2004).
 62. Fritsche, K.L., Anderson, M. & Feng, C. Consumption of eicosapentaenoic acid and docosahexaenoic acid impair murine interleukin-12 and interferon-gamma production in vivo. *J Infect Dis* **182 Suppl 1**, S54-61 (2000).
 63. Schadinger, S.E., Bucher, N.L., Schreiber, B.M. & Farmer, S.R. PPARgamma2 regulates lipogenesis and lipid accumulation in steatotic hepatocytes. *Am J Physiol Endocrinol Metab* **288**, E1195-205 (2005).
 64. Ding, S.T., McNeel, R.L. & Mersmann, H.J. Expression of porcine adipocyte transcripts: tissue distribution and differentiation in vitro and in vivo. *Comp Biochem Physiol B Biochem Mol Biol* **123**, 307-18 (1999).
 65. Festuccia, W.T., Laplante, M., Berthiaume, M., Gelinias, Y. & Deshaies, Y. PPARgamma agonism increases rat adipose tissue lipolysis, expression of glyceride lipases, and the response of lipolysis to hormonal control. *Diabetologia* **49**, 2427-36 (2006).
 66. Holm, C. Molecular mechanisms regulating hormone-sensitive lipase and lipolysis. *Biochem Soc Trans* **31**, 1120-4 (2003).
 67. Path, G. et al. Human breast adipocytes express interleukin-6 (IL-6) and its receptor system: increased IL-6 production by beta-adrenergic activation and effects of IL-6 on adipocyte function. *J Clin Endocrinol Metab* **86**, 2281-8

- (2001).
68. van Hall, G. et al. Interleukin-6 stimulates lipolysis and fat oxidation in humans. *J Clin Endocrinol Metab* **88**, 3005-10 (2003).
 69. Rahn Landstrom, T., Mei, J., Karlsson, M., Manganiello, V. & Degerman, E. Down-regulation of cyclic-nucleotide phosphodiesterase 3B in 3T3-L1 adipocytes induced by tumour necrosis factor alpha and cAMP. *Biochem J* **346 Pt 2**, 337-43 (2000).
 70. Ryden, M. et al. Targets for TNF-alpha-induced lipolysis in human adipocytes. *Biochem Biophys Res Commun* **318**, 168-75 (2004).
 71. Fricke, K., Heitland, A. & Maronde, E. Cooperative activation of lipolysis by protein kinase A and protein kinase C pathways in 3T3-L1 adipocytes. *Endocrinology* **145**, 4940-7 (2004).
 72. Dalen, K.T. et al. Adipose tissue expression of the lipid droplet-associated proteins S3-12 and perilipin is controlled by peroxisome proliferator-activated receptor-gamma. *Diabetes* **53**, 1243-52 (2004).
 73. Gorjao, R. et al. Effect of docosahexaenoic acid-rich fish oil supplementation on human leukocyte function. *Clin Nutr* **25**, 923-38 (2006).
 74. Tappia, P.S., Man, W.J. & Grimble, R.F. Influence of unsaturated fatty acids on the production of tumour necrosis factor and interleukin-6 by rat peritoneal macrophages. *Mol Cell Biochem* **143**, 89-98 (1995).
 75. Bradley, R.L., Fisher, F.M. & Maratos-Flier, E. Dietary Fatty Acids Differentially Regulate Production of TNF-alpha and IL-10 by Murine 3T3-L1 Adipocytes. *Obesity (Silver Spring)* (2008).
 76. Trebble, T. et al. Inhibition of tumour necrosis factor-alpha and interleukin 6 production by mononuclear cells following dietary fish-oil supplementation in healthy men and response to antioxidant co-supplementation. *Br J Nutr* **90**, 405-12 (2003).
 77. Delarue, J., LeFoll, C., Corporeau, C. & Lucas, D. N-3 long chain polyunsaturated fatty acids: a nutritional tool to prevent insulin resistance associated to type 2 diabetes and obesity? *Reprod Nutr Dev* **44**, 289-99 (2004).
 78. Diep, Q.N., Touyz, R.M. & Schiffrin, E.L. Docosahexaenoic acid, a peroxisome proliferator-activated receptor-alpha ligand, induces apoptosis in vascular smooth muscle cells by stimulation of p38 mitogen-activated protein kinase. *Hypertension* **36**, 851-5 (2000).
 79. Larter, C.Z. et al. Activation of peroxisome proliferator-activated receptor alpha by dietary fish oil attenuates steatosis, but does not prevent experimental steatohepatitis because of hepatic lipoperoxide accumulation. *J Gastroenterol Hepatol* **23**, 267-75 (2008).
 80. Li, J.J., Huang, C.J. & Xie, D. Anti-obesity effects of conjugated linoleic acid, docosahexaenoic acid, and eicosapentaenoic acid. *Mol Nutr Food Res* **52**, 631-45 (2008).
 81. LaRosa, P.C. et al. Trans-10, cis-12 conjugated linoleic acid causes inflammation and delipidation of white adipose tissue in mice: a microarray and histological analysis. *Physiol Genomics* **27**, 282-94 (2006).
 82. Park, Y., Storkson, J.M., Albright, K.J., Liu, W. & Pariza, M.W. Evidence that the trans-10,cis-12 isomer of conjugated linoleic acid induces body composition changes in mice. *Lipids* **34**, 235-41 (1999).
 83. House, R.L., Cassady, J.P., Eisen, E.J., McIntosh, M.K. & Odle, J. Conjugated linoleic acid evokes de-lipidation through the regulation of genes controlling lipid metabolism in adipose and liver tissue. *Obes Rev* **6**, 247-58 (2005).

84. Thorsdottir, I. et al. Randomized trial of weight-loss-diets for young adults varying in fish and fish oil content. *Int J Obes (Lond)* **31**, 1560-6 (2007).
85. Graham, T.E. et al. Retinol-binding protein 4 and insulin resistance in lean, obese, and diabetic subjects. *N Engl J Med* **354**, 2552-63 (2006).
86. Skoldberg, F. et al. Analysis of antibody reactivity against cysteine sulfinic acid decarboxylase, a pyridoxal phosphate-dependent enzyme, in endocrine autoimmune disease. *J Clin Endocrinol Metab* **89**, 1636-40 (2004).
87. Yang, Q. et al. Serum retinol binding protein 4 contributes to insulin resistance in obesity and type 2 diabetes. *Nature* **436**, 356-62 (2005).
88. Vane, J. & Corin, R.E. Prostacyclin: a vascular mediator. *Eur J Vasc Endovasc Surg* **26**, 571-8 (2003).
89. Chavey, C. et al. Matrix metalloproteinases are differentially expressed in adipose tissue during obesity and modulate adipocyte differentiation. *J Biol Chem* **278**, 11888-96 (2003).
90. Tanaka, A.R. et al. ATP binding/hydrolysis by and phosphorylation of peroxisomal ATP-binding cassette proteins PMP70 (ABCD3) and adrenoleukodystrophy protein (ABCD1). *J Biol Chem* **277**, 40142-7 (2002).
91. Kraemer, F.B. & Shen, W.J. Hormone-sensitive lipase: control of intracellular tri-(di)-acylglycerol and cholesteryl ester hydrolysis. *J Lipid Res* **43**, 1585-94 (2002).
92. Kim, S.H. et al. Berberine activates GLUT1-mediated glucose uptake in 3T3-L1 adipocytes. *Biol Pharm Bull* **30**, 2120-5 (2007).
93. Clemmensen, I., Petersen, L.C. & Kluft, C. Purification and characterization of a novel, oligomeric, plasminogen kringle 4 binding protein from human plasma: tetranectin. *Eur J Biochem* **156**, 327-33 (1986).
94. Seki, T. et al. Reciprocal regulation of tissue-type and urokinase-type plasminogen activators in the differentiation of murine preadipocyte line 3T3-L1 and the hormonal regulation of fibrinolytic factors in the mature adipocytes. *J Cell Physiol* **189**, 72-8 (2001).
95. Morange, P.E. et al. Influence of t-pA and u-PA on adipose tissue development in a murine model of diet-induced obesity. *Thromb Haemost* **87**, 306-10 (2002).
96. Alessi, M.C., Poggi, M. & Juhan-Vague, I. Plasminogen activator inhibitor-1, adipose tissue and insulin resistance. *Curr Opin Lipidol* **18**, 240-5 (2007).
97. Morange, P.E. et al. Influence of PAI-1 on adipose tissue growth and metabolic parameters in a murine model of diet-induced obesity. *Arterioscler Thromb Vasc Biol* **20**, 1150-4 (2000).
98. Nagase, H. & Woessner, J.F., Jr. Matrix metalloproteinases. *J Biol Chem* **274**, 21491-4 (1999).
99. Vu, T.H. & Werb, Z. Matrix metalloproteinases: effectors of development and normal physiology. *Genes Dev* **14**, 2123-33 (2000).
100. Croissandeau, G., Chretien, M. & Mbikay, M. Involvement of matrix metalloproteinases in the adipose conversion of 3T3-L1 preadipocytes. *Biochem J* **364**, 739-46 (2002).
101. Kubo, Y., Kaidzu, S., Nakajima, I., Takenouchi, K. & Nakamura, F. Organization of extracellular matrix components during differentiation of adipocytes in long-term culture. *In Vitro Cell Dev Biol Anim* **36**, 38-44 (2000).
102. Traurig, M.T. et al. Differential expression of matrix metalloproteinase 3 (MMP3) in preadipocytes/stromal vascular cells from nonobese nondiabetic versus obese nondiabetic Pima Indians. *Diabetes* **55**, 3160-5 (2006).

103. Gomez, D.E., Alonso, D.F., Yoshiji, H. & Thorgeirsson, U.P. Tissue inhibitors of metalloproteinases: structure, regulation and biological functions. *Eur J Cell Biol* **74**, 111-22 (1997).
104. Maquoi, E., Demeulemeester, D., Voros, G., Collen, D. & Lijnen, H.R. Enhanced nutritionally induced adipose tissue development in mice with stromelysin-1 gene inactivation. *Thromb Haemost* **89**, 696-704 (2003).
105. Alexander, C.M., Selvarajan, S., Mudgett, J. & Werb, Z. Stromelysin-1 regulates adipogenesis during mammary gland involution. *J Cell Biol* **152**, 693-703 (2001).
106. Kralisch, S. et al. Tissue inhibitor of metalloproteinase-1 predicts adiposity in humans. *Eur J Endocrinol* **156**, 257-61 (2007).
107. O'Hara, A., Lim, F.L., Mazzatti, D.J. & Trayhurn, P. Microarray analysis identifies matrix metalloproteinases (MMPs) as key genes whose expression is up-regulated in human adipocytes by macrophage-conditioned medium. *Pflugers Arch* **458**, 1103-14 (2009).
108. Unoki, H. et al. Macrophages regulate tumor necrosis factor-alpha expression in adipocytes through the secretion of matrix metalloproteinase-3. *Int J Obes (Lond)* **32**, 902-11 (2008).
109. Kopecky, J. et al. n-3 PUFA: bioavailability and modulation of adipose tissue function. *Proc Nutr Soc* **68**, 361-9 (2009).
110. Flachs, P. et al. Polyunsaturated fatty acids of marine origin upregulate mitochondrial biogenesis and induce beta-oxidation in white fat. *Diabetologia* **48**, 2365-75 (2005).
111. Paton, C.M. & Ntambi, J.M. Biochemical and physiological function of stearoyl-CoA desaturase. *Am J Physiol Endocrinol Metab* **297**, E28-37 (2009).
112. Steppan, C.M. et al. The hormone resistin links obesity to diabetes. *Nature* **409**, 307-12 (2001).
113. Spranger, J. et al. Adiponectin and protection against type 2 diabetes mellitus. *Lancet* **361**, 226-8 (2003).
114. El-Wakkad, A., Hassan, N.E., Sibaii, H. & El-Zayat, S.R. Proinflammatory, anti-inflammatory cytokines and adiponkines in students with central obesity. *Cytokine* (2013).
115. Liu, L.R. et al. Serum amyloid A induces lipolysis by downregulating perilipin through ERK1/2 and PKA signaling pathways. *Obesity (Silver Spring)* **19**, 2301-9 (2011).
116. Tai, C.C. et al. Docosahexaenoic acid enhances hepatic serum amyloid A expression via protein kinase A-dependent mechanism. *J Biol Chem* **284**, 32239-47 (2009).