

Institute of Occupational Medicine and Industrial Hygiene, Collage of Public Health, National Taiwan University

Master thesis

一、早期塑化劑暴露與孩童智力表現之相關探討

The association between early exposure to phthalates and intellectual performance in young children

二、產前全氟碳化物暴露與孩童注意力缺陷過動症症狀之相關探討

Prenatal exposure to perfluorinated chemicals and attention deficit/hyperactivity symptoms in children at 7 years of age

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寫到這一頁,回想起好多事。

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## Part I.

# 一、早期塑化劑暴露與孩童智力表現之相關探討 The association between early exposure to phthalates and intellectual performance in young children

摘要

**背景:**在動物實驗研究中發現鄰苯二甲酸鹽暴露可能導致動物神經行為缺陷。 而近期研究也指出環境中的汙染物與兒童的智商有關,然而環境中塑化劑暴露 對於兒童智力的表現研究更需深入探討。

目的:本研究為探討早期塑化劑暴露對於兒童智力之影響。

材料與方法:本研究團隊從 Taiwan Birth Panel Study (TBPS) 中 170 位兒童作為 研究對象。收集其尿液樣本,以極致液相層析串聯式質譜儀(ultra-high performance liquid chromatography tandem mass spectrometry, UPLC-MS/MS)測 量四種塑化劑代謝物之濃度,其代謝物分別有 mono-ethyl phthalate (MEP), mono-n-butyl phthalate (MBP), mono-benzyl phthalate (MBzP) 及 mono-2-ethylhexyl phthalate (MEHP)。另外,以魏氏兒童智力量表第四版 (Wechsler intelligence scale for children fourth edition, WISC-IV) 量測智力分 數,其指標包含全量表智商 (full scale IQ, FSIQ)、語文理解指數 (verbal comprehension index, VCI)、知覺推理指數 (perceptual reasoning index, PRI)、工 作記憶指數 (working memory index, WMI) 及處理速度指數 (processing speed index, PSI)。統計方法上,使用多變相線性回歸,並校正性別、週數、臍帶血中 鉛(lead)與古丁尼(cotinine)濃度、母親年齡、母親智商、母親教育程度、0-3 歲 兒童家庭物理環境評估量表(Infant/Toddler HOME of Home Observation for Measurement of the Environment Inventory, IT-HOME)分數,以及家庭年收入等 干擾因子。而在多變相邏輯式回歸分析中,我們將所有智力指數低於第1四分 位數作為較低組,大於等於第1四分位數作為較高組,分析塑化劑與兒童的智 力指數之相關。

結果:在多變相線性回歸分析中,本研究發現尿液中 MBP 和 FSIQ、PRI 及 PSI 有統計顯著負相關。另外,隨著每 log10 MBP (µg/g-creatinine)的濃度增加, 導致全量表 FSIQ 智商分數較低的勝算比(odds ratio, OR)為 4.36,其百分之九十

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五信賴區間(95% confidence interval, 95% CI)為 1.22 - 15.59。導致知覺推理指 PRI 數較低的勝算比為 3.69 (OR = 3.69; 95% CI = 1.10 - 12.39)。導致工作記憶 WMI 指數較低的勝算比為 3.69 (OR = 3.69; 95% CI = 1.10 - 12.40)。導致處理 速度 PSI 指數較低的勝算比為 4.88 (OR = 4.88; 95% CI = 1.47 - 16.25)。

結論:本研究發現早期暴露塑化劑對於兒童智力表現可能有負面影響,因此對 於環境中塑化劑之暴露來源應更加謹慎;而未來尚需要更多研究來驗證其因果 關係。

關鍵字:智力表現、塑化劑、鄰苯二甲酸單丁酯、兒童

#### Abstract

**Background:** Phthalate exposure is associated with neurobehavioral deficits in animals. Recent evidences indicated that early exposure to environmental pollutants may be detrimental to intelligence quotient (IQ) in children. However, examine the impact of phthalate exposure on children's intelligence needs more explore.

**Objectives:** The purpose of this study is to evaluate the intellectual effect of early phthalate exposure in young children.

Methods: A total of 170 children from the Taiwan Birth Panel Study (TBPS) were followed up in northern Taiwan. We collected urine samples and measured phthalate metabolites including mono-ethyl phthalate (MEP), mono-n-butyl phthalate (MBP), mono-benzyl phthalate (MBzP), and mono-2-ethylhexyl phthalate (MEHP) by ultra-high performance liquid chromatography tandem mass spectrometry. We used the Wechsler intelligence scale 4th edition (WISC-IV), whose indicates including full scale IQ (FSIQ), verbal comprehension index (VCI), perceptual reasoning index (PRI), working memory index (WMI) and processing speed index (PSI), to assess these children's intelligence. To examine the association between phthalate concentrations and children's intelligence, we used multiple linear regression models to control confounders including children gender, gestational age, cotinine and lead level in cord blood, maternal age, maternal intelligence, maternal education level, Infant/Toddler HOME of Home Observation for Measurement of the Environment Inventory, (IT-HOME) score and yearly income. In logistic regression models, we categorized the all IQ indicates which score less than lower quartile (Q1) as lower

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WISC-IV score.

**Results:** We found negative significant associations between MBP concentration and full scale IQ (FSIQ), perceptual reasoning index (PRI), and processing speed index (PSI) in multiple linear regression models. There were significantly higher risks of have lower quartile FSIQ (OR = 4.36, 95% CI=1.22–15.59), PRI (OR = 3.69; 95% CI = 1.10–12.39), WMI (OR = 3.69; 95% CI = 1.10–12.40), and PSI (OR = 4.88; 95% CI = 1.47-16.25) per log<sub>10</sub> MBP concentration (µg/g–creatinine), respectively.

臺

**Conclusions:** Early childhood exposure to phthalates may have an adverse effect on children's intellectual performance. Further study is needed to elucidate the mechanism between phthalates and children's intelligence.

Key words: intelligence, mono-n-butyl phthalate (MBP), phthalates, young children

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## Introduction

Phthalates are a group of the environmental chemicals with a wide spectrum of industrial products and household uses, such as personal care product, food packaging, medical device, building materials and children's toys. Phthalates can be ingested through food or inhaled through contaminated air or dust. Dermal contact with care products that contain phthalates and medical devices contaminated with phthalates are another possible source of exposure [1]. After entering the body, phthalates undergo rapid metabolism to monoesters and can also be oxidized further to oxidative metabolites (Engel et al. 2010). The issue about children health and exposure to phthalate had been raised concerns. Recently studies had shown an inverse association on phthalate exposure and poor birth outcomes [2], infant neurobehavior [3, 4], child mental, psychomotor and behavioral development [5, 6] In an aspect of neurobehavioral, phthalate exposure is associated with neurobehavioral deficits in animal studies. A rat study had reported that phthalates cause hyperactivity and impulsivity [7]. Xu et al. reported in utero exposure to DEHP might alter the lipid metabolome in the fetal brain in rats[8]. Recently, a recent cross-sectional survey also reported associations between phthalate metabolites and ADHD symptoms in school-aged children [9]

However, one cross-sectional study examined the impact of phthalate exposure on children's intelligence [10] They reported an inverse relationship between phthalate metabolites and IQ scores after controlling for maternal IQ and other covariates, and the prospective epidemiological studies are needed. Therefore, the objective in our study is to explore the consequences of early phthalate exposure on children IQ development during a period of time.

## Materials and Methods



#### Study Population and Design

This study was a part of the Taiwan Birth Panel Study (TBPS), a total of 486 mother-infant paired was enrolled in northern Taiwan from April 2004 to January 2005 [11]. Subjects were recruited from one regional hospital, one local hospital, and two clinics, because considering about potential environmental exposures. Subsequently, the follow-up was carried out at children's 5-7 years. The children's urine was collected at 5 years of age; and further, the children's and mother's intellectual measurement was surveyed at 6-7 years of age. This study has been approved by the ethical committee of National Taiwan University Hospital [11], and the subjects signed the inform consent after visitors introduce the purpose of each surveys.

#### Phthalate metabolite in urine

Children were asked to collect the spot urine at investigation and then store the sample in the freezer. Each urinary sample was collected in a brown-glass which had been cleaned by methanol, hexane, and acetone respectively in our laboratory, and the urine samples were stored at -80  $^{\circ}$ C for further laboratory analysis. We measured phthalate metabolites including mono-n-butyl phthalate (MBP), mono-ethyl phthalate (MEP), mono-benzyl phthalate (MBzP) and mono-2-ethylhexyl phthalate (MEHP). Phthalate metabolites had been grouped into two categories, high-molecular-weight phthalate (HMWP) and low-molecular-weight phthalate (LMWP), separately defined by the molecular weight of the monoesters (>250 Da) and (< 250 Da) [4, 12]. These groupings were chosen because they each represent similar structures and biologic activity and are derived from similar

sources. Therefore, the metabolites measured in our study included two kinds of each category. The monoester phthalates were measured by using high-performance liquid chromatography tandem mass spectrometry. To determine the concentration of phthalate, the frozen samples were removed from the freezer and thawed at room temperature via vortex mixing. The extracts were poured into the glass culture tube (75x125mm). Then spiked the 250  $\mu$ L ammonium acetate (1M, pH = 6.5) and a mixture of isotope phthalate monoester standards (20 ng/ml) and 5  $\mu$ L  $\beta$ -glucuronidase enzyme (200 U/ml). Then the sample diluted with 1 mL phosphate buffer (0.14 M NaH2PO4 IN 0.85% H3PO4, pH = 2). After the mixture was using by solid-phase extraction (SPE), the elution was evaporated by SPD 1010 Speed Vac concentration at 45°C. Finally, added 200 µL of Mili-Q water, and then filtrated with 0.22-µm PVDF syringe filter. The chromatographic separation of extracts was performed by using ultra-high performance liquid chromatography/tandem mass spectrometry. Analytes were separated on a Waters ACQUITY BEH C18 column (1.7 um, 2.1 mm x100 mm) maintained at 27°C inside a column oven and operated at a 0.5 mL/min flow rate with acetonitrile as mobile phase A and 0.1% formic acid in Mili-Q water (pH = 2.6) as mobile phase B.

#### Measurement of Intelligence

We used the Wechsler Intelligence Scale for Children Fourth edition to assess these children's intelligence at 6-7 years of age. The WISC-IV is a battery of tests designed to assess intellectual abilities in children and adolescents. The 10 core subtests in WISC-IV yield four index scores: Verbal Comprehension (VCI); Perceptual Reasoning (PRI); Working Memory (WMI); Processing Speed (PSI) and a full-scale IQ score. These 10 subtests are combined to yield a FSIQ [13]. We use a group of seasoned professional examiners to increased WISC-IV stability, and determine the generalizability of the

measurement steady [13]. Previous study suggested that maternal IQ might have influenced the children's environmental exposure to phthalate [10], so we also measured the maternal intelligence by using Raven's progressive matrices (RPM). The examiners completed a college course in intelligence testing and passed a WISC-IV administration proficiency examination before beginning this study. Examiners administered and scored the WISC-IV according to standard procedures.

#### **Statistical Analysis**

All analyses were performed using SAS statistical software (SAS Institute Inc., Cary, NC) Version 9.2 for windows. We used the t test and the chi-square test to analysis the demographic variables. To examine the association between the urine phthalate concentration (MEP, MBP, MBzP, and MEHP) and the WISC scores (FSIQ, VCI, PRI, WMI, and PSI), we uses a linear regression model. In logistic regression model, we compared the risks of each lower WISC-IV score (below quartile 1) per log10 MBP concentration ( $\mu$ g/g-creatinine), respectively. Two-tailed p values < 0.05 were considered to be statistically significant. To improve the linearity of the model relationship, we used log10–transfermed for the analysis of phthalate metabolites. Creatinine-corrected concentrations of urinary phthalate metabolites ( $\mu$ g/g-creatinine) were used to normalize for urine dilution [14].

To choice the covariates and risk factors into the multivariate models, we searched the literatures associated with phthalate exposure or child's IQ. The main covariates used in this study were the following: children gender (male / female), cotinine in cord blood [15], lead in cord blood [16], maternal age, maternal intelligence, maternal education (high school and below / university and above), annual family income (less than NT\$ 1,000,000/NT\$ 1,000,000 and above), and HOME score (Table 1). The covariates were

based on self-reported information given during the following up interview.

## Results



#### Subjects characteristics

The gender distribution of our study subjects was as follows: male, n = 88 (51.8 %); female, n = 82 (48.2 %). The mean ( $\pm$  SD) age of participants was 6.1  $\pm$  0.3 years (rang, 6-7). The mean of all the IQ score among the participants in our study were both above one hundred (Table 1).The mean ( $\pm$  SD) of FSIQ for the total participant was 109.29  $\pm$  12.32, the mean VCI was 107.88  $\pm$  13.23, the mean PRI was 109.98  $\pm$  14.72, and the mean WMI was 100.14  $\pm$  12.29. The proportion of maternal education was as follows: university or above, n = 108 (63.53); high school and below, n = 62 (36.47). Maternal intelligence average score in our study were higher than general range. This may reflect a potential sampling bias, because parental social status might influence the willingness to involve their children in research. Therefore, we adjust the socioeconomic factors, such as yearly income, home score, maternal education, and maternal intelligence to control this bias.

#### Phthalate biomarkers concentration and intelligence

Table 2 showed the crude and adjusted results of children phthalate biomarkers concentration and Wechsler Intelligence Scale for Children-Fourth edition (WISC-IV). After controlling the potential confounders, we found the negative association between log10 MBP concentration ( $\mu$ g/g–creatinine) and FSIQ, VCI, PRI, and PSI in multiple linear regression models, respectively. Table 3 showed that there were significantly higher risks of have lower quartile FSIQ [odds ratio (OR) = 4.36; 95% confidence interval (CI) = 1.22-15.59], PRI (OR = 3.69; 95% CI = 1.10–12.39), WMI (OR = 3.69; 95% CI = 1.10– 12.40), and PSI (OR = 4.88; 95% CI = 1.47–16.25) per log10 MBP concentration

( $\mu$ g/g–creatinine), respectively. Further, we conducted a categorical analysis to estimate association of VCI and PRI with quartiles of creatinine-corrected MBP, because MBP was found significant before. There were significant group differences in VCI (p = 0.009) and PRI (p = 0.038) scores among MBP quartiles (Figure 1.)

## Discussion

In this study, we found an inverse association between phthalate and IQ. Even a small shift in the mean IQ score distribution toward to the left could cause a public health burden among the susceptible groups. Further, there also existed dose-response gradient in MBP with VCI and PRI respectively. Thus these results provided strong evidence that children's IQ was associated with environmental exposure of phthalate.

The phthalate concentrations measured by the different research teams are not consistent. In this study, the mean of MEP, MBP, MBzP, and MEHP concentrations in children urine were 47.7, 74.3, 7.9, and 23.3  $\mu$ g/g–creatinine. The MBP and MEHP levels in this study were relatively high compared with concentrations reported in other studies. In recent study in the Germany performed a geometric mean of MBP and MEHP levels for children's urine at 6.8 years of age were 46.9 and 3.8  $\mu$ g/g–creatinine, respectively [17]. In USA, NHANES reported the geometric mean of MBP and MEHP were 18.9 and 2.99  $\mu$ g/g–creatinine in urine from the age of 6-80 [18]. They also showed geometric mean of MBP and MEHP were 48 and 5.4  $\mu$ g/g creatinine in female, and 38 and 5.5 in male during 6-11 years old from NHANES 1999-2002 [19]. In contrast, the MBzP level in this study was relatively low compared with concentrations reported in other studies. In Germany, they reported MBzP was 12.2  $\mu$ g/g–creatinine [17], and the level in a USA study were 13.0  $\mu$ g/g creatinine [18]. These different levels in phthalate were partly explained by the social style, life style, and ethnic difference in the data collection of time point.

The major strengths in this study are the collection of reliable data from the medical records, and adjustment for important potential confounders which affecting phthalate exposure and IQ. First, we measured the cotinine in cord blood, because the previous study reported the prenatal EST exposure was significantly associated with neurobehavioral for 5

weeks infant. Measurement to cotinine in blood is considered to be one of the most sensitive biomarkers of cotinine for smoking exposure in this study [20]. Second, we also measured the lead level in cord blood because the previous study reported that lead levels may have lagged effects on neurodevelopment at 5 to 8 years old [21]. Therefore we adjusted the cotinine and lead in cord blood well to avoid report bias or exposure misclassification. The mean  $\pm$  S.D. of cotinine and lead in cord blood separately were 0.12  $\pm$  0.16 ng/mL and 1.26  $\pm$  0.68 mg/dL. Furthermore, we also stratified analysis to maternal IQ to understand the effect individually (Appendix 1). However, we didn't find the phthalates concentration had been effect by maternal IQ. The simple and multiple linear regression between children phthalate level and maternal IQ shows no significant association after adjustment for children gender, children age, gestational age, concentration of lead in cord blood, maternal age, and yearly income (Appendix 2).

The mechanism that might cause negative effects of phthalates on neural development is uncertain. PPARs have been observed in developing neural tubes. Its signal transduction pathway has recently been implicated in the progression of neurodegenerative and psychiatric diseases and its relation to cognitive function. Several animal studies have revealed that the dopamine system in the central nervous system is affected by phthalates. Low-dose phthalates can cause the loss of midbrain dopaminergic neurons, and impair tyrosine hydroxylase immunoreactivity. The mechanism underlying a possible association between phthalates and neurodevelopment has not been established, but may be associated with prenatal disruption of the maternal thyroid hormone system [3].

There are also some limitations in our study. Diester and monoester phthalates have short biologic half-lives of approximately 6-12 hours and we just measure exposure to phthalate once time in 5 years of age. However, Hauser et al. and Hoppin et al. reported the frequent application of personal care products may result in semisteady-state levels, making it possible to estimate typical phthalate body burden from a single urine sample [22, 23].

Moreover, Frederiksen et al. in Denmark examined the reliability of urinary phthalate levels in exposure classification by comparing the inter- and intra-subject variation [24]. They collected two spot-, three first-morning- and three 24-hour urine samples during a three month period from each 33 young healthy men. Samples were analyzed for the content of 12 urinary metabolites of seven different phthalates. Variability was assessed as intraclass correlation coefficients (ICC). They found that moderate ICCs were observed for the urinary excretion of metabolites of DEP, DBP, and BBzP. The irrespective of types of sampling indicating that a single urine sample may provide a reasonable good estimate of a person's overall exposure to these three phthalates.

## Conclusions

This study showed that environmental phthalate may play important role in children IQ. These findings highlight the need for reducing the level of phthalate exposure in high-risk population, particularly children with susceptibility. However the causal relationship between phthalates and children's intelligence is needed to elucidate.

臺

Table 1. Demographic characteristics of the population	· 注注:
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	All narticinants
Characteristics	(N = 170)
Children characteristics	· 学· 学
Gender (%)	
Male	88 (51.76)
Female	82 (48.24)
age (year, mean $\pm$ S.D.)	$6.06\pm0.25$
Cotinine in cord blood (ng/mL, mean $\pm$ S.D.)	$0.12 \pm 0.16$
Lead in cord blood (mg/dL, mean $\pm$ S.D.)	$1.26 \pm 0.68$
Gestational age (week, mean $\pm$ S.D.)	$38.76 \pm 1.63$
Maternal characteristics	
Age when measure children IQ (mean $\pm$ S.D.)	$39.58\pm4.09$
$SPM+$ Score (mean $\pm$ S.D.)	$39.1 \pm 4.62$
Maternal education (%)	
High school and below	62 (36.47)
University and above	108 (63.53)
Family characteristics	
Annual family income (%)	
less than 1,000,000 NT\$	85 (50)
above 1,000,000 NT\$	85 (50)
HOME <sup>a</sup> score at 2 years of child's age (mean $\pm$ S.D.)	$40.89 \pm 2.6$
Wechsler Intelligence Scale <sup>b</sup> (mean ± S.D.)	
FSIQ	$109.29 \pm 12.32$
VCI	$107.88 \pm 13.23$
PRI	$109.98 \pm 14.72$
WMI	$109.59 \pm 14.56$
PSI	$100.14 \pm 12.29$
Phthalate <sup>c</sup> in child's urine ( $\mu$ g/g-creatinine, mean ± S.D.)	
MEP	$47.72 \pm 95.4$
MBP	$74.31 \pm 67.35$
MBzP	$7.88\pm22.68$
MEHP	$23.25 \pm 43.06$

#### Table 1. Demographic characteristics of the population

<sup>a</sup> HOME, Home Observation for Measurement of the Environment Inventory

<sup>b</sup>FSIQ, full scale IQ; VCI, verbal comprehension index; PRI, perceptual reasoning index; WMI, working memory index; PSI, processing speed index

<sup>c</sup> MEP, mono-ethyl phthalate; MBP, mono-n-butyl phthalate; MBzP, mono-benzyl phthalate; MEHP, mono-2-ethylhexyl phthalate

Table 2. Multiple linear regression models of WISC-IV by phthalate level b in urine



WISC-IV	MEP	MBP	MBzP	MEHP	MEP	MBP	MBzP	МЕНР	
•••••SC-1• -		Cruc	le β			Adjusted β <sup>a</sup>			
FSIQ	-3.37	-8.80**	1.33	1.66	-1.24	-9.29**	0.42	0.81	
VCI	-1.40	-7.43*	0.61	-2.52	0.62	-7.28	0.42	-2.89	
PRI	-3.22	-7.39*	1.10	-2.20	-1.23	<b>-8.1</b> 1*	0.21	-2.97	
WMI	-5.45*	-5.26	0.54	6.95*	-4.70	-5.31	-0.12	5.31	
PSI	-0.99	-6.60*	1.95	3.64	0.17	-7.66*	0.97	2.07	

a Adjustment for children gender, gestational age, cotinine in cord blood, lead in cord blood, maternal age, maternal intelligence, maternal education, HOME score and yearly income

b We examined the association between  $log_{10}$  transformed phthalate concentrations ( ( $\mu g/g$ -creatinine)

c Abbreviation : FSIQ, full scale IQ; VCI, verbal comprehension index; PRI, perceptual reasoning index; WMI, working memory index; PSI, processing speed index

\* P < 0.05, \*\* P < 0.01, # P < 0.001

				Phthalate	e biomarkers		Y	苏
WISC-IV	MEP	MBP	MBzP	МЕНР	MEP	MBP	MBzP	MEHP
		Crude OF	R (95% CI )			Adjusted OR	(95% CI )	ISIO
FSIQ < Q1	2.18	3.68	0.39	0.61	1.80	4.36 **	0.39*	0.96
FSIQ≤QI	(1.04-4.57)	(1.17-11.52)	(0.16-0.91)	(0.21-1.73)	(0.76-4.06)	(1.22-15.59)	(0.13-0.95)	(0.22 - 2.34)
VCL < 01	1.01	3.07	0.45	0.96	0.78	3.03	0.43	1.17
VCISQI	(0.46-2.20)	(0.86-9.62)	(0.21-1.24)	(0.25-2.32)	(0.33-1.83)	(0.83-10.91)	(0.19-1.24)	(0.26-2.81)
DDI < O1	1.69	3.15	0.68	0.84	1.64	3.69 *	0.71	1.25
PRISQI	(0.54 - 2.43)	(0.87-8.98)	(0.15-0.92)	(0.21-1.85)	(0.45-2.23)	(1.00-12.05)	(0.16-1.00)	(0.26-2.81)
WMI < 01	2.29 *	3.76	0.59	0.73	2.20	3.69	0.69	0.91
WMI≦QI	(1.10-5.28)	(1.21-11.09)	(0.25 - 1.40)	(0.24-2.19)	(0.94-5.26)	(1.10-12.40)	(0.28-1.7)	(0.27 - 3.03)
DSI < O1	1.36	3.83	0.73	0.75	1.27	4.88 **	0.81	0.99
r51 S Q1	(0.74-3.65)	(1.48-11.64)	(0.45-2.48)	(0.25-2.02)	(0.62-3.52)	(1.47-16.25)	(0.37-1.79)	(0.28-2.89)

 Table 3. Multiple logistic regression model of children phthalate concentration and intelligence levels

<sup>a</sup> Adjustment for children gender, gestational age, cotinine in cord blood, lead in cord blood, maternal age, maternal intelligence, maternal education HOME score and yearly income

<sup>b</sup> We examined the association between log<sub>10</sub> transformed phthalate concentrations

<sup>c</sup> Abbreviation: Full Scale IQ, FSIQ; Verbal Comprehension Index, VCI; Perceptual Reasoning Index, PRI; Working Memory Index, WMI; Processi Speed

Index, PSI

<sup>d</sup> We compared the risks of each lower quartile WISC-IV score per log10 MBP concentration (µg/g-creatinine), respectively



Adjusted for children gender, cotinine in cord blood, lead in cord blood, maternal age, maternal intelligence, maternal education, HOME score and yearly income. The values for MBP first, second, third, and fourth quartiles were <1.56, 1.56 to 1.76, 1.76 to 1.91, 1.91 to 2.7  $\mu$ g/g-creatinine.

	All participant	Maternal IQ	Maternal IQ
Characteristics	(N = 170)	$\leq P25$ (N = 43)	> P25 (N =127)
Children characteristics		R.	
Gender [N (%) ]			200010101010101010101010101010101010101
Male	88 (51.8)	26 (60.47)	62 (48.8)
Female	82 (48.2)	17 (39.53)	65 ( 51.2)
Age [Mean ± SD]	$6.1 \pm 0.3$	$6.0 \pm 0.2$	$6.0 \pm 0.2$
Gestational age [Mean $\pm$ SD]	$38.8 \pm 1.6$	$38.6\pm2.0$	$38.8 \pm 1.5$
Concentration of lead in cord blood $(\mu g/dl)$ [Mean ± SD]	$12.6 \pm 6.8$	$15.0 \pm 6.5$	$11.8 \pm 6.7$
Maternal characteristics			
Maternal age (year) [Mean $\pm$ SD]	$39.6 \pm 4.1$	$40.7\pm4.3$	$39.2\pm4.0$
Maternal Intelligence [Mean ± SD]	$39.1 \pm 4.6$	$33.5\pm2.5$	$41.0\pm3.5$
Maternal education [N(%)]			
$\leq$ High school	62 (36.5)	20 ( 46.51)	42 ( 33.1)
$\geq$ University	108 (63.5 )	23 ( 53.49)	85 ( 66.9)
Family characteristics	N (%)		
Yearly income (NT\$)			
< 1000,000	84 (49.4)	26 ( 59.5)	59(46.5)
$\geq 1000000$	86 (50.6)	17 ( 40.5)	68(53.5)
Phthalate	$Mean \pm SD$		
MEP	$47.7\pm95.4$	$46.97{\pm}~74.9$	$48.0\pm101.7$
MBP	$74.3\pm67.4$	$80.94 \pm 85.8$	$72.1\pm60.1$
MBzP	$7.9\pm22.7$	$6.62\pm8.9$	$8.3\pm25.8$
MEHP	$23.3\pm43.1$	$18.36 \pm 13.7$	$24.9\pm49.1$
Wechsler Intelligence Scale	$Mean \pm SD$		
FSIQ	$109.3 \pm 12.3$	$105.5\pm14.4$	$110.6\pm11.3$
VCI	$107.9\pm13.2$	$104.5\pm13.8$	$109.0\pm12.9$
PRI	$110.0\pm14.7$	$108.0\pm15.1$	$110.6\pm14.6$
WMI	$109.6 \pm 14.6$	$107.9 \pm 16.7$	$110.2\pm13.8$
PSI	$100.1 \pm 12.3$	$96.2 \pm 12.8$	$101.5 \pm 11.8$

A

		Maternal	Intelligence	•
Phthalate	Crude β ( 95% CI ),	p-value	Adjusted $\beta$ ( 95% CI ),	p-value
MEP	-0.002 (-0.018, 0.013)	0.76	-0.003 ( -0.019, 0.014),	0.75
MBP	0.004 (-0.006, 0.014)	0.46	0.003 ( -0.008, 0.014)	0.58

Appendix 2. Simple and multiple linear regression result of children phthalate concentration and maternal intelligence

0.006 (-0.008, 0.021)

0.005 (-0.006, 0.016)

MBzP

MEHP

<sup>a</sup> Adjustment for children gender, children age, gestational age, Concentration of lead in cord blood, maternal age, and yearly income <sup>b</sup> We examined the association between  $\log_{10}$  transformed phthalate concentrations ( (µg/g-creatinine)

0.40

0.40

0.008 (-0.008, 0.024)

0.006 (-0.006, 0.018)

0.34

0.34

Appendix 3.	Simple a	nd multiple l	ogistic r	egression	result of	children	Phthalate of	concentration	and maternal	intelligence	levels
	······································		8			• •					

Phthalata <sup>b</sup>	Maternal	Maternal In	telligence ≤ P25
i ninalate	Intelligence > P25	Crude OR ( 95% CI )	Adjusted OR (95% CI)
log <sub>10</sub> MEP	Reference	1.13 (0.50 - 2.52)	1.39 (0.57 - 3.42)
log <sub>10</sub> MBP	Reference	1.26 (0.37 - 4.38)	1.82 (0.49 - 6.78)
og <sub>10</sub> MBzP	Reference	0.82 (0.34 - 1.97)	0.85 (0.35 - 2.11)
og <sub>10</sub> MEHP	Reference	0.42 (0.13 - 1.41)	0.33 (0.09 - 1.21)

<sup>a</sup> Adjustment for children gender, children age, gestational age, Concentration of lead in cord blood, maternal age, and yearly income <sup>b</sup>We examined the association between log<sub>10</sub> transformed phthalate concentrations ( (μg/g-creatinine)

Phthalates (Abbreviation) Di(2-ethylhexyl) phthalate (DEHP)	Molecular structure $ \begin{array}{c}                                     $	Metabolites (Abbreviation) Mono-2-ethylhexy l phthalate (MEHP)	Molecular structure Mono-(2-ethylhexyl) (MEHP) $\int_{c} \int_{c} \int_{c} \int_{c} \int_{c} \int_{H_3} \int_{c} H_3$
Diethyl phthalate (DEP)		Mono-ethyl phthalate (MEP)	$\overrightarrow{O}$ Monoethyl (MEP) $\overrightarrow{O}$
Di-n-butyl phthalate (DBP)	C-O-C <sub>4</sub> H <sub>9</sub> C-O-C <sub>4</sub> H <sub>9</sub> Di-butyl phthalate, DBP	Mono-n-butyl phthalate (MBP)	Mono-butyl phthalate, MBP
Butylbenzyl phthalate (BBzP)	G-O-C4H9 G-O-CH2-CD Benzyl-butyl phthalate, BBP	Mono-benzyl phthalate (MBzP)	C-OH C-O-CH2-CD Mono-benzyl phthalate, MBzP

Appendix 4. The chemical structures of common used phthalates, and their metabolites



After entering the body, phthalates normally follow a metabolic pathway in at least two steps; a phase I hydrolysis and phase II conjugation (Fig. 1). In the first step, the diester phthalate is hydrolyzed into the primary metabolite monoester phthalate, in a process catalysed by lipases and esterases in the intestine and parenchyma. Normally this first step in the metabolism would be a detoxification. Conjugates are easily excreted in urine [25].

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## Part II.

二、 產前全氟碳化物暴露與孩童注意力缺陷過動症症 狀之相關探討

# Prenatal exposure to perfluorinated chemicals and attention deficit/hyperactivity symptoms in children at

7 years of age

#### 摘要

背景:全氟化合物(perfluorinated chemicals; PFCs)是一種環境中持久污染物,可以 穿過胎盤屏障進入胎兒循環。動物研究指出,成年小鼠暴露全氟碳化物可能導致 神經行為缺陷。然而目前探討全氟辛酸(perfluorooctanoic acid, PFOA)、全氟辛烷磺 酸(perfluorooctyl sulfonate, PFOS)暴露與兒童注意力缺陷過動症症狀(attention deficit hyperactivity disorder; ADHD)的流行病學研究結果有限且無明確定論。

目的:本研究主要目的為探討臍帶血中全氟辛烷磺酸(PFOA)、全氟辛烷磺酸 (PFOS)、全氟壬酸(perfluorononanoic acid; PFNA)和全氟酸(perfluoroundecanoic acid; PFUA)與兒童注意力缺陷過動症症狀之相關性。

方法:本研究對象為 Taiwan Birth Panel Study (TBPS)及 Taiwan birth cohort study (TBCS)共計 282 對母親與孩童。研究對象來自位於台北、雲林、嘉義、台南、高 雄、台東的醫療中心、地區醫院以及診療所的生產婦女,於產後進行結構式問卷 訪談,並於生產時收集胎兒臍帶血樣本。臍帶血血漿中全氟碳化合物之濃度以極 致效能液相層析/串聯式譜儀(ultra-high performance liquid chromatography tandem mass spectrometry, UPLC-MS/MS)测量。以注意力缺陷過動症中文版 Swanson, Nolan, and Pelham, Version IV (SNAP-IV)量表、長處與困難問卷(Strengths and Difficulties Questionnaire; SDQ)以及兒童行為檢核表(Child Behavior Checklist; CBCL)評估注意力缺陷過動症之特徵情形。統計方法上,使用多變項回歸分析, 校正性別、哺餵母乳、母親年齡、母親教育程度後、母親懷孕期間二手煙及飲酒 暴露、胎次、家庭年收入、週數、出生體重、臍帶血中鉛濃度等潛在干擾因子, 探討全氟碳化合物濃度與兒童注意力缺陷過動症之相關。並使用分層分析,以50、 75、90百分位作為切點,將 PFCs 濃度分為由低到高四個程度,探討其劑量效應。 結果: PFOA, PFOS, PFNA和 PFUA 濃度的中位數與四分位距(IOR)分別為0.75 (1.9), 3.7 (3.5), 1.29 (4.3), 2.86 (11.0) ng/mL。本研究發現, 全氟壬酸 PFNA 和 SNAP-IV 量表中的注意力不集中(inattention)以及對立違抗性障礙(oppositional defiant disorder)呈顯著負相關。

結論: PFNA 與注意力不集中及對立違抗性障礙之間發現負相關結果。未來需要

Х

更多的研究來闡明因果關係。

**關鍵詞:**注意力缺陷過動症、全氟化合物、兒童



## Abstract

**Background:** Perfluorinated compounds (PFCs), persistent pollution in environment, can cross the placental barrier and enter fetal circulation. Animal studies report exposure to the PFCs can give irreversible change in mouse brain and affect fetal growth and development. The association between perfluorooctanoic acid (PFOA) and perfluorooctyl sulfonate (PFOS) exposure and ADHD symptoms is controversial in epidemiological studies.

**Objectives:** We evaluated the association between prenatal exposures to PFOA, PFOS, perfluorononanoic acid (PFNA) and perfluoroundecanoic acid (PFUA) and ADHD symptoms.

**Methods:** A total of 282 mother–newborn pairs from various medical facilities, which included three medical centers, one local hospital, and eight clinics, recruited from May 2004 to July 2005, and completed the all follow-up interviews. Cord blood samples were collected at birth and analyzed for PFOA, PFOS, perfluorononanoic acid (PFNA), and perfluoroundecanoic acid (PFUA) by ultra-high performance liquid chromatography/tandem mass spectrometry. When the children were 7 years of age, we assessed children behavioral health by using the Chinese version of the Swanson, Nolan, and Pelham, version IV scale (SNAP-IV), the Strengths and Difficulties Questionnaire (SDQ), and the Child Behavior

Checklist (CBCL). We divided PFCs in four categories, with cut points at the 50th (the reference category), 75th, and 90th percentiles in linear regression model to examine the relationship between nature log transformed PFCs concentrations and rating scales.

**Results:** After adjusting for potential confounding factors, we found that increased PFNA concentrations were inversely associated with inattention and oppositional defiant disorder in SNAP.

**Conclusions:** PFNA are protected with inattention and oppositional defiant disorder in SNAP, but not found in CBCL and SDQ. More studies are needed to elucidate the causal relationship.

**Key words:** attention deficit/hyperactivity disorder (ADHD), perfluorinated compounds (PFCs), young children

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## Introduction

Perfluorinated compounds (PFCs), persistent pollutions in environment, can cross the placental barrier and enter fetal circulation. They were first produced in the 1950 s, and have been used in a variety of consumer and industrial products. They are a group of synthetic chemicals used as surfactants, surface treatment chemicals, and processing aids for many products, including repellent coatings on carpet, textiles, leather, and paper. Exposure occurs through transfer from food packaging and preparation materials, bioaccumulation in the food chain, and household dust.

In preview study, animal studies report exposure to the PFCs can give irreversible change in mouse brain and affect fetal growth and development. Johansson et. al found neonatal exposure to PFOS and PFOA affected the cholinergic system, manifested as a hypoactive response to nicotine, compared to a hyperactive response to nicotine in controls. PFOS and PFOA developmental neurotoxic effects are similar to those we reported earlier for PCBs and PBDEs. PFOS and PFOA be included in the group of POPs known to be developmental neurotoxicants.[1].

However, the results of animal study are equivocal to human epidemiologic studies. In epidemiological study, one study examined developmental milestones in relation to PFC exposure. In this sub-study from the Danish National Birth Cohort (n = 1,400), early pregnancy plasma PFOA and PFOS levels were essentially unrelated to motor or mental development through 18 months of age, although there were weak associations between increased PFOS levels and sitting without assistance or using wordlike sounds to indicate wants [2].

Three studies have evaluated the association between perfluorooctanoic acid (PFOA)

and perfluorooctylsulfonate (PFOS) exposures and ADHD disease or symptom in children. One study which examining the association between PFCs exposure and attention deficit/hyperactivity disorder (ADHD) in children from the 1999—2000 and 2003—2004 NHANES has indicated increased odds of disease with higher serum PFC levels [3]. However, these finding is inconsistent with the other two studies, the current data provides only limited evidence that higher prenatal exposures cause ADHD symptoms in children.

Based on the above, the results of human epidemiologic studies are equivocal to animal study. Moreover, the association between perfluorooctanoic acid (PFOA) and perfluorooctyl sulfonate (PFOS) exposure and ADHD disease or symptom in children is controversial in preview epidemiological studies. Therefore, the objective in this study is to evaluate the association between prenatal exposures to PFCs and ADHD symptoms.

### **Materials and Methods**

#### Study design and participants



This study was combined with the Taiwan Birth Panel Study (TBPS) and Taiwan birth cohort study (TBCS). The study participants were recruited from three medical centers, one local hospital, and eight clinics. These facilities were located in various cities and counties which included Taipei, Yune-Lin, Chia-Yi, Tainan, Kaohsiung, and Taitung.

A total of 282 mother-child pair was enrolled from April 2004 to January 2005 [4].

Subsequently, we continued to follow-up these subjects to children's school age at 6 to7 years old, then we measured their ADHD symptom in this time point. For measure ADHD symptoms in children, we prepared three rating scales, the Child Behavior Checklist [5], the Strengths and Difficulties Questionnaire [6] and the Chinese version of the Swanson, Nolan, and Pelham rating scale version IV [7]. First, we cleaned and edited the data. To avoid the influence of smoking, we excluding those participants whose mother actively smoked during pregnancy. Moreover, according standard procedures, CBCLs with more than 8 missing item ratings were also excluded (N=3). This study has been approved by the ethical committee of National Taiwan University Hospital, and the subjects signed the inform consent after visitors introduce the purpose of each surveys [4].

#### Exposure assessment

Cord blood samples were collected at birth and analyzed for PFOA, PFOS, perfluorononanoic acid (PFNA), and perfluoroundecanoic acid (PFUA) by ultra-high performance liquid chromatography/tandem mass spectrometry [8]. Samples were processed with protein precipitation using formic acid and methanol, mixed with stable

isotope labeled standard, followed by sonication and centrifugation, and were analyzed using a Waters ACQUITY UPLC coupled with a Waters Quattro Premier XE triple-quadrupole mass spectrometer. All samples were primarily prepared using protein precipitation. Firstly, the frozen samples were thawed at room temperature and then were vortexed for 30 s to ensure homogeneity. 100 µL of plasma sample in polypropylene centrifuge tube was vortexed with 100 µL of 1% formic acid (pH 2.8) for 30 s. Then 80 µL of methanol and 20 µL of 0.375 ng/mL internal standard solution (13C8-PFOA) were added to each sample before the second vortex. The mixture was sonicated for 20 min and then centrifuged at 14,000 rpm (14,462×g) for 20 min using a bench top centrifuge. The supernatant was collected ( 150µL) and then was filtered through 0.22-µm PVDF syringe filter into a 2.0 mL auto-sampler vial. Ten calibration standard solutions were prepared in 100  $\mu$ L of bovine plasma and went through sample preparation under the same procedure, which the concentrations of all analytes were equivalent to 0.15-300 ng/mL in bovine plasma with a fixed amount of internal standard (75 ng/mL). The instrument was operated in selected reaction monitoring (SRM) with negative electrospray ionization. Using BEH C18 column (2.1 mm×50 mm, 1.7 µm) with 10-mM N-methylmorpholine/methanol gradient elution provided a fast chromatographic separation (5.5 min) and sharp peaks [8].

#### The Swanson, Nolan, and Pelham IV scale (SNAP-IV)

The SNAP-IV, a revision of the Swanson, Nolan and Pelham (SNAP) questionnaire, has been used in several clinical trials to assess the efficacy of treatment for ADHD and cross-sectional studies to screen for ADHD [9, 10]. Chinese version of SNAP-IV was translated by Suan Shur-fen Gau with the Dr. Swanson's agreement. The scale of SNAP-IV, contain 26-items, is includes the DSM-IV criteria for Attention Deficit Hyperactivity Disorder (ADHD) and Oppositional Defiant Disorder (ODD).

The domain of ADHD included inattention and hyperactivity/impulsivity (see Appendix 1). Each item is rated on a four-point rating scale (0 if not at all, 1 if just a little, 2 if quite a bit and 3 if very much) [11-13].

#### Child Behavior Checklist (CBCL)

The Child Behavior Checklist (CBCL) is a parental report which is concerned their children aged 4-18. CBCL measures eight narrow-band behavioral syndromes and two broad-band behavioral which were defined according to Achenbach [5]. Eight narrow-band behavioral syndromes include anxious/depressed, withdrawn, somatic complaints, social problems, thought problems, attention problems, rule-breaking behavior and aggressive behavior. The broad-band syndromes include internalizing problems (sum of withdrawn, somatic complaints, and anxious/depressed), externalizing problems (sum of rule-breaking behavior and aggressive behavior). Internalizing refers to psychological problems within the child itself and is made up of the subscales: withdrawn, somatic complaints, and anxious/depressed; Externalizing encompasses those problematic behavior that are related to the child in relation with others (social environment) and is made up of rule-breaking and aggressive behavior.

The total problems were summed of eight narrow-band syndromes scores together (see Appendix 2). The items are scored on a 3-point scale (0 if not true, 1 if somewhat true or sometimes true, and 2 if very true or often true). Any item with missing data below 15% was replaced with the mode of the other individuals' response in that item. [14].

#### Strengths and Difficulties Questionnaire (SDQ)

The Strengths and Difficulties Questionnaire (SDQ), a 25-item behavioral screening questionnaire completed by parents, reflected their children's behavior in the past 6 months. The SDQ comprising five domains (emotional, conduct, hyperactivity, peer and social disorders) is also a validated tool to screen for hyperactivity and attention problems among children [6, 15]. The responses for each item were coded as 0 for "not true", 1 for "partly true" and 2 for "very true". The score for each of the five scales is generated by summing the scores for the five items that make up that scale, thereby generating a scale score ranging from 0 to 10. The scores for hyperactivity, emotional symptoms, conduct problems, and peer problems were further summed to generate a total difficulties score ranging from 0 to 40. The prosocial score is not incorporated in the reverse direction into the total difficulties score since the absence of prosocial behavior is conceptually different from the presence of psychological difficulties. (see Appendix 3).

#### Covariates

We investigated a number of covariates in the association between PFCs and ADHD. The covariates included socio-demographic information, life style, characteristics of the child's birth and environmental exposures. Socio-demographic information (i.e., age, gender, annual family income and maternal education) and life style (i.e., breast-feeding and alcohol during pregnancy) was elicited by interview and the structured guestionnaire. The annual family income was dichotomized into above versus below 100,000 new Taiwan dollars (NTD) per year. The maternal education was stratified on the basis of the level of school (senior high school and below/college and above). The maternal alcohol intake as determined by questionnaire was dichotomized into "yes" versus "no" consumption of alcohol during pregnancy. Because advanced maternal age was associated with a higher risk of adverse pregnancy outcomes, we also considered mother's age at childbirth which were classified into two groups by age 35 years. The characteristics of the child's birth (i.e., birth weight, gestational age, birth parity and deliver type) were from reliable medical records. Birth weight was classified into two groups "less than 2,500 gm versus greater or equal than 2,500 gm) according the WHO definition of low birth weight. Gestational age was defined into two groups by 37 weeks because the WHO definition of preterm birth. The environmental exposures to environmental tobacco smoke (ETS) including prenatal exposure to ETS during pregnancy and postnatal ETS at children five years old were described on the questionnaire. Moreover we determined the lead level in cold blood.

#### **Statistical Analysis**

First, we cleaned and edited the data. To avoid the influence of smoking, we excluding those participants whose mother actively smoked during pregnancy. Moreover, according standard procedures, CBCLs with more than 8 missing item ratings were also excluded (N=3). Secondly, we examined the distribution of the independent and dependent variable to check for possible errors by scatter plot. We found an extreme distribution in low level side relative to the rest of the data, because the detect limit of PFCs concentration in the two cohort study were different. Therefore, we divided PFCs in four categories, with cut points at the 50th (the reference category), 75th, and 90th percentiles in linear regression model and also weight study group. The confounding adjustment set included children sex, breast feeding, mother age, maternal education, birth parity, maternal ETS during pregnancy, maternal alcohol during pregnancy, annual family income, gestational age, birth weight, lead level in cord blood  $(\mu g/dL)$ , study group. The selection of potential confounders based on prior knowledge and literature[16]. On the other hand, due to exposure was relatively low in most people and variance was considerably greater at the higher exposure end, we displayed the median with range of PFC concentrations. All statistical analyses were performed using SAS software system (9.2 vision, Statistical Analysis Systems, Inc., Cary, NC).

## Results

There were totally 282 mother-child pairs in our study. First, in overall, the gender distribution of study population was as follows: male, n=145 (51.4%); female, n= 137(48.6%), this distribution was also similar in separate study. The mean ( $\pm$  SD) age of all participants was 7.0±0.8 years (Table 1). The mean ( $\pm$  SD) of children's birth weight was higher than 2500gm. The percent number in mother who has habit of breast-feeding in TBPS is larger than TBCS. In table 1, we also found the characteristics about socio-demographic information (i.e., maternal education, maternal age at baby born and annual family income) in TBPS are higher than TBCS.

**Table 2** shows that the median (IQR, interquartile range) levels for four kinds of PFCs. In totally, the median (IQR) of PFOA, PFOS, PFNA, and PFUA were 0.75 (1.86), 3.7 (3.45), 1.29 (4.32), and 2.86 (10.99) ng/mL, respectively. In separate, we can also found that all of PFCs levels in TBPS were higher than TBCS.

**Table 3** showed the PFCs levels which were stratified by every covariates. By way of stratified analysis, we can found the PFCs concentration with children's gestational age less than 37 weeks were higher than gestational age greater than 37 weeks. Similarly, we found the PFCs concentration with children's birth weight greater than 2,500 gm were higher than birth weight less than 2,500 gm. On the other hand, the levels with annual family income greater than 1 million were higher than annual family income less than 1 million.

**Table 4** shows the distribution of the SNAP-IV, CBCL and SDQ scores for this study population. First, the mean ( $\pm$  SD) scores of SNAP were respectively 6.9 (5.7), 5.3 (5.6) and 5.6 (5.0) for inattention, hyperactivity/Impulsivity and oppositional defiant disorder. Secondly, the mean( $\pm$  SD) of scores of broad-band syndromes in CBCL were

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respectively 6.7 (6.1), 6.8 (5.4) and 22.0 (16.1) for internalizing problems, externalizing problems and total problems. The other narrow-band syndromes of CBCL were shown in Table 4. Thirdly, the mean ( $\pm$  SD) of scores in SDQ were respectively 8.6 (5.9), 1.9 (2.1), 1.1(1.6), 3.8 (2.9), 1.9 (1.7) and 7.4 (3.0) for total difficult, emotional symptoms, conduct problems, hyperactivity-inattention, peer problems and pro-social behavior. Lastly, above all, these score and domain indicated these children's behavior performance is almost in normal range.

**Table 5** summarized the association of nature log transformed categories of PFCs concentration with children behavior in SNAP-IV, CBCL, and SDQ after the adjustment for potential covariates. We displayed the mean and standard error of scales across different categories of log transformed PFCs levels (ng/mL) in linear regression models. After adjusting for potential covariates and weighting study group, the nature log transformed mean of inattention level in SNAP were significantly decreased across categories of PFNA (7.3, 7.2, 6.3, and 5.2; p for trend = 0.04). Oppositional defiant disorder level were also significantly decreased with PFNA (6.0, 5.7, 4.8, and 4.2; p for trend = 0.03). We also found that the mean of oppositional defiant disorder (5.8, 5.5, 5.5, and 4.7; p for trend = 0.95) in SNAP-IV and conduct problems (1.10, 1.11, 1.13, and 1.31; p for trend = 0.5) in SDQ were slightly decreased across categories of PFOS, but were not significant.

## Discussion

Among these children in this study, we did not find evidence to support an association between cold blood levels of PFOA, PFOS, and PFUA and behavioral problems. However, we found that increased PFNA concentrations were negative associated with inattention and oppositional disorder in SNAP. This finding was differed from preview human studies, and this result may be due to different exposures assessment and outcome measurement.

Compare exposure assessment with three epidemiology studies, we had different analyze time point in exposure assessment with others—cord blood exposure to PFCs. We provided the evidence about earlier exposure in utero. Two studies assessed the postnatal children exposure to PFCs and ADHD at age 12–15 and 5–18 years of age, respectively. In 2010, Hoffman et al. first explored the association between ADHD and PFOS, PFOA, PFHxS, and PFNA levels in children  $\geq$  12 years of age by using cross-sectional data from the National Health and Nutrition Examination Survey (NHANES) 1999–2000 and 2003–2004 cycles [3]. In 2011, Stein et al. examined the diagnosis and treatment medications for ADHD and 5–18 years of age children serum level of PFOS, PFOA, PFNA and PFHxS [17]. Only one study also measured prenatal exposure of PFCs and children behavioral or coordination problems at age 7 years, but the sample was maternal blood in early pregnancy to perfluorooctanoic acid (PFOA) or perfluorooctane sulfate (PFOS) [18].

Secondary, compare outcome measures with three epidemiology studies, although we did not use the clinical diagnosis of ADHD to determine the presence or absence disease, but we used the sub-screens for ADHD (i.e., SNAP, SDQ and CBCL) which are used by many community studies. These valid parent's report instruments, which are

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internationally comparable and standardized parent-reported rating scale, because the measurement of symptoms are dependent heavily on parent's reports and that can further confirm ADHD symptom.

In our study, the unexpected positive finding to PFNA and SNAP scale maybe due to those different exposure and health measurements. Moreover, our PFC levels are lower than other studies.

The strength in this study is its prospective cohort study design, which can minimize recall bias, and have more clear time relationship. Finally, the extractions of characteristics information were also from reliable medical records and, like the other studies, our method of exposure assessment was also according the steps in publication [8].

The mechanisms for the development of ADHD remain unclear. There are both genetic and environmental factors have been concerned. Recent experimental evidence suggests that prenatal or neonatal exposure to PFOA or PFOS correlated with behavioral anomalies in rats or mice and delayed neuromotor maturation [19]. It is likely that some of these chemicals act through cholinergic or dopaminergic mechanisms involving altered responses to nicotine or imbalanced expression of the acetylcholine/dopamine phenotype[1]. The alterations in the dopaminergic system may be a possible pathophysiological cause for attention deficit/hyperactivity disorder (ADHD) symptoms [20]. PFCs can also affect protein levels of functional importance during neuron growth and synaptogenesis [21].

This study also has several potential limitations. First, Limit of postnatal PFCs exposure. Therefore, we had investigated other important postnatal environmental exposure, Braun et al. advanced our knowledge of the effects of environmental tobacco smoke (ETS) and lead on the central nervous system of children [16]. Secondly, the limitation

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in study design is losing follow-up. The participants who willingly keep the track of studies maybe is particular group. Therefore, the results could not be extended to the general population.

## Conclusions

In summary, cold blood levels of PFOA, PFOS, and PFUA maybe not associated with behavioral problems in this study. However, PFNA is inversely associated with inattention and oppositional defiant disorder in SNAP at 7 years of age, but not found in CBCL and SDQ. More studies are needed to elucidate the causal relationship.

#### Characteristics Total TBPS TBCS 121 (42.91) Total (%) 282 (100) 161 (57.09) **Children characteristic** Gender Boy 145 (51.4) 85 (52.8) 60 (49.59) Girl 137 (48.6) 76 (47.2) 61 (50.41) Age (mean±SD, years) $7.0\pm0.8$ 6.8±0.5 7.1±0.6 Gestational age (mean±SD, weeks) 38.8±1.6 38.7±1.7 38.8±1.12 Gestational age (weeks) <37 weeks 10 (3.6) 8 (5.0) 2(1.7) $\geq$ 37 weeks 272 (96.5) 153 (95.0) 119 (98.4) 3161.5± Birth weight (mean±SD, gm) 3259.1±451.9 3095.91±360.5 486.1 Birth weight (gm) <2,500 gm 9 (3.2) 5 (3.1) 4 (3.3) ≥2,500 gm 273 (96.8) 156 (96.9) 117 (96.7) ETS exposure at 5-year-old Yes 63 (22.3) 28 (17.4) 35 (28.9) Breast feeding Yes 230 (81.6) 155 (96.3) 75 (62.0) Maternal characteristic Mother age (mean±SD, years) 30.52±5.47 32.63±3.95 29.09±4.43 Mother age (years) <35 217 (77.0) 52 (32.3) 108 (89.3) >35 65 (23.1) 109 (67.7) 13 (10.7) Maternal education senior high school and below 158 (56.0) 55 (34.2) 103 (85.1) college and above 124 (44.0) 106 (65.8) 18 (14.9) Deliver type NSD 197 (69.9) 104 (64.7) 93 (76.9) CS 85 (30.1) 57 (35.4) 28 (23.1) Parity 70 (43.5) Primiparous 119 (42.2) 49 (40.5)

#### Table 1. Demographic characteristics of the study population

 below 1,000,000
 193 (68.4)
 80 (49.7)

 above 1,000,000
 89 (31.6)
 81 (50.3)

Abbreviations: TBPS, Taiwan birth panel study; TBCS, Taiwan birth cohort study.

Multiparous

<Median

>Median

Yes

No

Yes

No

Lead in cord blood ( $\mu g/dL$ )

ETS during pregnancy

Alcohol during pregnancy

**Family characteristic** Annual family income (NT\$)

Lead in cord blood (mean $\pm$ SD,  $\mu$ g/dL)

163 (57.8)

1.3±0.7

125 (50.2)

126 (50.2)

99 (35.1)

183 (64.9)

8 (2.8)

274 (97.2)

91 (56.5)

1.3±0.6

77 (54.6)

64 (45.4)

35 (21.7)

126 (78.3)

6 (3.7)

155 (96.3)

72 (59.5)

1.4±0.6

48 (43.6)

62 (56.4)

64 (52.9)

57 (47.1)

2(1.7)

119 (98.4)

113 (93.4)

8 (6.6)

Table 2. PFCs level in cord blood in this study



Exposures		Tota	I		TBPS				TBCS			
PFCs levels (ng/mL)	Median	IQR	P <sub>25</sub>	P <sub>75</sub>	Median	IQR	P <sub>25</sub>	P <sub>75</sub>	Median	IQR	P <sub>25</sub>	P <sub>75</sub>
PFOA	0.75	1.86	0.23	2.09	1.71	2.46	0.75	3.21	0.225	1.345	0.225	1.57
PFOS	3.7	3.45	2.31	5.76	4.65	3.66	3.39	7.05	3.1	3	1.6	4.6
PFNA	1.29	4.315	0.375	4.69	2.25	6.585	0.375	6.96	1.03	2.62	0.38	3.0
PFUA	2.86	10.99	0.71	11.7	10.17	17.07	3.03	20.1	0.93	5.62	0.13	5.75

Abbreviations: TBPS, Taiwan birth panel study; TBCS, Taiwan birth cohort study; PFOA, perfluorooctanoic acid; PFNA, perfluorononanoic acid; PFOS, perfluorooctyl sulfonate; PFUA, perfluoroundecanoic acid; IQR, interquartile range; P25, 25th percentile; P50, 50th percentile ; P75, 75th percentile; P90, 90th percentile.

#### Table 3. Health outcome in this study



		Total			 TBPS		TBCS	
Outcomes	Mean(SD)	IQR	P25	P75	Mean(SD)	IQR	Mean(SD)	IQR
SNAP-IV	•				•			
Inattention	6.9 (5.7)	7	3	10	5.8 (4.5)	7	7.6 (4.9)	6
Hyperactivity/ Impulsivity	5.3 (5.6)	6	2	8	4.5 (4.7)	5	5.9 (4.6)	7
Oppositional	5.6 (5.0)	6	2	8	4.5 (4.1)	6	6.3 (4.1)	5
CBCL								
Narrow-band syndromes								
Anxious/Depressed	3.1 (3.9)	4	1	5	3.4 (3.2)	4	2.9 (3.3)	3
Withdrawn/Depressed	1.3 (1.9)	2	0	2	1.3 (1.5)	2	1.2 (1.6)	2
Somatic Complaints	2.3 (3.2)	3	0	3	2.0 (2.3)	3	2.4 (2.9)	2
Social Problems	2.8 (3.3)	3	1	4	3.0 (2.6)	3	2.7 (2.9)	2
Thought Problems	2.0 (3.3)	3	0	3	2.4 (2.4)	2	1.8 (3)	2
Attention Problems	2.9 (3.2)	3	1	4	3.0 (2.5)	3	2.8 (2.8)	3
Rule-Breaking Behavior	1.6 (2.5)	2	0	2	1.6 (1.5)	5	1.6 (2.4)	2
Aggressive Behavior	4.9 (5.2)	5	2	7	5.2 (4.2)	5	4.7 (4.6)	4
<b>Broad-band syndromes</b>								
Internalizing problems	6.7 (7.7)	7	2	9	6.7 (6.1)	8	6.6 (6.7)	7
Externalizing problems	6.5 (7.2)	6	3	9	6.8 (5.4)	6	6.2 (6.5)	6
Total problems	20.9(21.5)	17	10	27	22.0 (16.1)	20	20.1 (19.3)	15
SDQ								
Emotional	1.9 (2.1)	2	1	3	1.8 (2.0)	1	1.9 (1.5)	2
Conduct	1.1 (1.6)	2	0	2	1.1 (1.2)	2	1.1 (1.4)	2
Hyperactive	3.8 (2.9)	3	2	5	3.8 (2.4)	3	3.7 (2.4)	3
Peer	1.9 (1.7)	2	1	3	1.6 (1.4)	1	2.0 (1.5)	2
Total difficult	8.6 (5.9)	6	5	11	8.3 (4.6)	6	8.8 (5.2)	7
Pro-social Behaviour	7.4 (3.0)	3	6	9	7.5 (2.0)	3	7.3 (2.8)	3

Abbreviations: TBPS, Taiwan birth panel study; TBCS, Taiwan birth cohort study; PFOA, perfluorooctanoic acid; PFNA, perfluorononanoic acid; PFOS, perfluorooctyl sulfonate; PFUA, perfluoroundecanoic acid; CBCL, child behavior checklist; SDQ, strength and difficulties questionnaire; SNAP-IV, Swanson, Nolan, and Pelham, version IV. Detection limit

 Table 4. Demographic characteristics of all study population and median (range)
 of PFC levels (ng/mL).

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Characteristics	No.	PFOA	PFOS	PFNA	PFUA
Total	282	2.5 (2.6)	6.0 (4.3)	5.8 (9.2)	13.8 (14.7)
Children characteristic					
Gender					
Boy	145	0.75 (13.2)	3.9 (29.1)	1.4 (54.5)	2.7 (98.7)
Girl	137	0.75 (17.2)	3.6 (16.3)	1.0 (63.8)	3.0 (102.3)
Gestational age (weeks)					
<37 weeks	10	0.96 (1.9)	3.8 (10.8)	1.8 (6.8)	9.2 (33.7)
≥37 weeks	272	0.75 (17.2)	3.7 (29.1)	1.3 (63.8)	2.7 (102.3)
Birth weight (gm)					
<2,500 gm	9	0.2 (1.9)	2.5 (21.9)	1.0 (20.5)	2.0 (20.2)
≥2,500 gm	273	0.8 (17.2)	3.7 (29.1)	1.3 (63.8)	2.9 (102.3)
ETS exposure at 5-year-old					
Yes	63	1.0 (8.5)	4.3 (29.1)	1.0 (39.8)	2.2 (35.2)
No	219	0.8 (17.2)	3.5 (22.7)	1.4 (63.8)	3.1 (102.3)
Breast feeding					
Yes	230	0.8 (17.2)	3.8 (22.7)	1.4 (63.8)	5.0 (102.3)
No	52	0.2 (13.2)	3.6 (29.1)	1.1 (54.5)	0.9 (31.6)
Maternal characteristic					
Mother age (year)					
<35	217	0.8 (9.2)	3.5 (29.1)	1.3 (56.5)	2.1 (98.7)
≥35	65	1.1 (17.2)	4.2 (21.9)	1.3 (63.8)	8.2 (102.3)
Maternal education					
senior high school and below	158	0.6 (10.6)	3.6 (29.1)	1.3 (63.8)	1.6 (102.3)
college and above	124	1.2 (17.2)	3.8 (22.7)	1.4 (39.8)	8.1 (51.7)
Deliver type					
NSD	197	0.8 (10.6)	3.8 (22.7)	1.2 (63.8)	2.7 (102.3)
CS	85	1.0 (17.2)	3.6 (29.1)	1.7 (54.5)	3.0 (98.7)
Parity					
Primiparous	119	1.2 (10.6)	3.7 (22.7)	1.2 (63.8)	3.2 (102.3)
Multiparous	163	0.8 (17.2)	3.7 (29.1)	1.4 (54.5)	2.3 (51.7)
Lead in cord blood ( $\mu g/dL$ )					
<median< td=""><td>125</td><td>0.8 (10.6)</td><td>3.4 (29.1)</td><td>1.0 (39.8)</td><td>2.7 (45.4)</td></median<>	125	0.8 (10.6)	3.4 (29.1)	1.0 (39.8)	2.7 (45.4)
>Median	126	1.0 (13.2)	3.9 (22.0)	1.4 (63.8)	2.3 (102.3)
ETS during pregnancy					
Yes	99	0.2 (8.7)	3.5 (29.1)	1.3 (39.8)	1.6 (32.8)
No	183	0.9 (17.2)	3.8 (22.7)	1.6 (63.8)	5.7 (102.3)
Alcohol during pregnancy					
Yes	8	0.8 (7.5)	5.2 (10.2)	1.4 (14.2)	2.5 (23.5)
No	274	0.7 (17.2)	3.6 (29.1)	1.3 (63.8)	2.9 (102.3)
Family characteristic					
Annual family income (NT\$)					
below 1,000,000	193	0.8 (13.2)	3.4 (29.1)	1.2 (63.8)	1.9 (102.3)
above 1,000,000	89	1.7 (17.2)	4.7 (22.7)	1.4 (27.4)	8.7 (51.7)

Abbreviations: PFOA, perfluorooctanoic acid; PFNA, perfluorononanoic acid; PFOS, perfluorooctyl sulfonate;

PFUA, perfluoroundecanoic acid.

	SNAP-IV			CBCL			SDQ					
Characteristics	Inattention	Hyperactivty/ Impusivity	Oppositional Defiant Disorder	Internalizing Problems	Externalizing Problems	Total problems	Emotional symptoms	Conduct problems	Hyperactivity -inattention	Peer problems	Total difficult	Pro-social Behaviour
In PFOA percentile <sup>b</sup>												
<50th	8.12(0.6)	5.84(0.53)	6.75(0.47)	7.19(0.9)	6.85(0.87)	22.2(2.7)	2.0(0.185)	1.3(0.16)	3.76(0.29)	2.1(0.17)	9.2(0.6)	7.5(0.37)
50th—74th	5.8(0.406)	4.79(0.45)	4.6(0.34)	6.09(0.52)	5.95(0.48)	19.4(1.4)	1.8(0.19)	1.1(0.11)	3.7(0.208)	1.6(0.11)	8.0(0.4)	7.5(0.16)
75th-89th	6.3(0.62)	5.16(0.66)	4.7(0.62)	6.41(0.77)	6.61(0.71)	19.8(1.9)	1.83(0.21)	0.9(0.14)	3.8(0.34)	2.1(0.25)	8.7(0.7)	6.7(0.29)
≥90th	6.73(0.71)	5.4(0.66)	5.85(0.71)	7.12 (0.74)	6.53 ( 0.65)	22.9(2.0)	1.53(0.19)	1.02(0.2)	4.1(0.39)	1.75(0.2)	8.4(0.7)	7.9(0.31)
p for trend <sup>a</sup>	0.60	0.57	0.88	0.67	0.45	0.41	0.49	0.06	0.69	0.90	0.58	0.68
In PFOS percentile <sup>b</sup>												
<50th	6.91(0.40)	5.35(0.41)	5.8(0.34)	6.32(0.62)	6.2 (0.54)	20.0(1.8)	1.94 (0.18)	1.10(0.1)	3.57(0.21)	1.82(0.1)	8.4(0.4)	7.20(0.19)
50th-74th	7.3 (0.60)	5.07 (0.51)	5.51(0.52)	6.5(0.61)	6.77 ( 0.68)	21.4(1.8)	1.88(0.16)	1.11(0.1)	3.95(0.3)	1.95(0.2)	8.9(0.6)	7.85 (0.39)
75th-89th	6.39(0.7)	5.88 (0.75)	5.48(0.59)	7.45(0.89)	6.61 ( 0.74)	21.9(2.3)	1.86(0.22)	1.13(0.2)	3.98(0.3)	1.98(0.2)	9.0(0.7)	7.28 (0.28)
$\geq 90$ th	6.21(0.9)	4.87(0.88)	4.68(0.75)	7.29(1.18)	6.51(1.27)	21.7(3.4)	1.48(0.22)	1.31(0.3)	3.87(0.42)	1.8(0.3)	8.5(0.9)	7.43 (0.3)
p for trend <sup>a</sup>	0.90	0.57	0.95	0.24	0.83	0.63	0.41	0.49	0.45	0.61	0.61	0.51
In PFNA percentile <sup>b</sup>												
<50th	7.3(0.4)	5.7(0.4)	6.0(0.4)	6.6(0.49)	6.4(0.48)	20.6(1.3)	1.9(0.1)	1.1(0.1)	3.7(0.186)	1.9(0.1)	8.6(0.4)	7.4(0.2)
50th—74th	7.2(0.6)	5.4(0.6)	5.7 (0.5)	6.8(1.11)	6.9 (0.93)	22.3(3.2)	2.1(0.3)	1.3 (0.2)	3.9(0.31)	2.0(0.2)	9.3(0.7)	7.5(0.3)
75th-89th	6.3(0.6)	5.2(0.7)	4.8(0.5)	6.7(0.78)	6.5(0.68)	20.8(2.1)	1.5(0.2)	1.0(0.1)	3.9(0.39)	1.7(0.2)	8.1(0.7)	7.3(0.3)
$\geq 90$ th	5.2(0.9)	3.7(0.7)	4.21(0.7)	6.2(0.74)	5.8(1.18)	19.0(2.5)	1.8(0.17)	1.0(0.2)	3.7(0.52)	1.7(0.2)	8.3(0.8)	7.3(0.3)
p for trend <sup>a</sup>	0.04*	0.08	0.03*	0.558	0.58	0.48	0.18	0.55	0.83	0.24	0.30	0.76
In PFUA percentile <sup>b</sup>												
<50th	7.3(0.5)	5.57(0.43)	5.83(0.39)	6.52(0.50)	5.92(0.50)	19.6(1.4)	1.92(0.13)	1.0(0.12)	3.63(0.20)	2.0(0.1)	8.6(0.5)	7.2(0.25)
50th-74th	6.8(0.5)	5.47(0.59)	5.89(0.46)	7.67(1.06)	7.39(0.87)	24.1(3.0)	2.04(0.18)	1.29(0.2)	3.76(0.28)	1.7(0.2)	8.7(0.6)	7.5(0.23)
75th-89th	5.9(0.7)	4.21(0.58)	3.91(0.46)	4.62(0.53)	6.16 (0.83)	17.6(1.8)	1.49(0.39)	1.12(0.1)	4.08 (0.38)	1.6(0.2)	8.3(0.7)	7.9 (0.24)
≥90th	6.5(0.7)	5.34(0.65)	5.95 ( 0.72)	7.95(0.94)	7.21 ( 0.80)	24.4(2.5)	1.7(0.24)	1.2(0.2)	3.95 (0.41)	2.1(0.2)	9.0(0.8)	7.2 (0.41)
p for trend <sup>a</sup>	0.93	0.75	0.55	0.64	0.56	0.86	0.40	0.51	0.15	0.87	0.51	0.72

Table 5. Mean and standard error of SNAP-IV, CBCL, and SDQ across different categories of PFC levels (ng/mL) in linear regression models

Abbreviation: PFCs, perfluorinated compounds; PFOA, perfluorooctanoic acid; PFOS, perfluorooctyl sulfonate; PFNA, perfluorononanoic acid; PFUA, perfluoroundecanoic acid; CBCL, child behavior checklist; SDQ, strength and difficulties questionnaire; SNAP-IV, Swanson, Nolan, and Pelham, version IV. <sup>a</sup> Model adjusted for children gender, breast feeding, mother age, maternal education, birth parity, maternal ETS during pregnancy, maternal alcohol during pregnancy, annual family income, gestational age, birth weight,

Lead in cord blood (µg/dL), study group (TBPS/TBCS) and weight study group (TBPS/TBCS).

<sup>b</sup> The cut points of PFCs concentrations (50th, 75 th and 90th percentiles) were listed below: PFOA, 0.75, 2.09 and 3.78 ng/mL; PFOS, 3.7,5.76 and 8.45 ng/mL; PFNA, 1.29, 4.69, and 14.2 ng/mL; PFUA, 2.86, 11.7 and 21.18 ng/mL, respectively.



Appendix 1. The scoring of SNAP-IV items



DSM-IV criteria	Scales	items
	Inattention	items 1 to 9
DSM-IV criteria for ADHD	Hyperactivity/impulsivity	items 10 to 18
DMS-IV criteria for Oppositional Defiant Disorder	Oppositional Defiant Disorder	items 19 to 26

Appendix 2. The scor	ing of items for CBC	L	X H X				
Syndromes		Items					
Narrow-band syndromes							
Anxious/Depressed	<ol> <li>14. Cries a lot</li> <li>29. Fears</li> <li>30. Fears school</li> <li>31. Fears doing bad</li> <li>32. Must be perfect</li> </ol>	<ul><li>33. Feels unloved</li><li>35. Feels worthless</li><li>45. Nervous</li><li>50. Anxious</li></ul>	<ul><li>52. Feels guilty</li><li>71.Self-conscious</li><li>91.Talks about suicide</li><li>112. Worries</li></ul>				
Withdrawn/Depressed	42. Rather be alone 65. Won't talk 69. Secretive	75. Shy 102. Underactive 103. Sad	111. Withdrawn				
Somatic Complaints	<ul><li>47. Nightmares</li><li>49. Constipated</li><li>51. Dizzy</li><li>54. Overtired</li></ul>	56a. Aches 56b. Headaches 56c. Nausea 56d. Eye problems	56e. Skin problems 56f. Stomachaches 56g. Vomiting				
Social Problems	<ul><li>11. Dependent</li><li>12. Lonely</li><li>25. Doesn't get along</li><li>27. Jealous</li></ul>	<ul><li>34. Others out to get him/her</li><li>36. Accident-prone .</li><li>38. Teased</li><li>48. Unliked</li></ul>	62. Clumsy 64. Prefers younger kids 79. Speech problems				
Thought Problems	<ul> <li>9. Can't get mind off</li> <li>thoughts</li> <li>18. Harms self</li> <li>40. Hears things</li> <li>46. Twitching</li> <li>58. Picks skin</li> </ul>	<ul><li>59. Sex parts in public</li><li>60. Sex parts too much</li><li>66. Repeats acts</li><li>70. Sees things</li><li>76. Sleeps less</li></ul>	<ul><li>83. Stores things</li><li>84. Strange behavior</li><li>85. Strange ideas</li><li>92. Sleep talks/walks</li><li>100. Trouble sleeping</li></ul>				
Attention Problems	<ol> <li>Acts young</li> <li>Can't concentrate</li> <li>Can't sit still</li> </ol>	<ol> <li>13. Confused</li> <li>17. Daydreams</li> <li>41. Impulsive</li> </ol>	61. Poor schoolwork 80. Stares blankly				
Rule-Breaking Behavior	<ul><li>26. Lacks guilt</li><li>39. Bad friends</li><li>43. Lies, cheats</li><li>63. Prefers older kids</li><li>67. Runs away</li></ul>	<ul><li>72. Sets fires</li><li>73. Sex problems</li><li>81. Steals at home</li><li>82. Steals outside</li><li>home</li></ul>	<ul><li>90. Swearing</li><li>96. Thinks of sex too</li><li>much</li><li>101.Truant</li><li>106. Vandalism</li></ul>				
Aggressive Behavior	<ul> <li>3. Argues</li> <li>16. Mean</li> <li>19. Demands attention</li> <li>20. Destroys own</li> <li>things</li> <li>21. Destroys others'</li> <li>things</li> <li>22. Disobedient at</li> <li>home</li> </ul>	<ul> <li>23. Disobedient at school</li> <li>37. Fights</li> <li>57. Attacks people</li> <li>68. Screams</li> <li>86. Stubborn</li> <li>87. Mood changes</li> </ul>	<ul><li>88. Sulks</li><li>89. Suspicious</li><li>94. Teases</li><li>95. Temper</li><li>97. Threats</li><li>104. Loud</li></ul>				
Broad-band syndromes							
Internalizing problems	Sum of Anxious/depres	sed, withdrawn and somati	c complaints				
Externalizing problems	Sum of Rule-breaking a	nd aggressive behaviour					
Total problems	All eight narrow-band s	All eight narrow-band syndromes' scores summed together					

Appendix 3. The Classi	fication for 25 SDQ items and each 5 domains							
scales	items							
	Restless, overactive, cannot stay still for long							
	Constantly fidgeting or squirming							
Hyperactivity Scale	Easily distracted, concentration wanders							
	Thinks things out before acting							
	Sees tasks through to the end, good attention span							
	Often complains of headaches, stomach-ache or sickness							
	Many worries, often seems worried							
Emotional Symptoms Scale	Often unhappy, down-hearted or tearful							
	Nervous or clingy in new situations, easily loses confidence							
	Many fears, easily scared							
	Often has temper tantrums or hot tempers							
	Generally obedient, usually does what adults request							
Conduct Problems Scale	Often fights with other children or bullies them							
	Often lies or cheats							
	Steals from home, school or elsewhere							
	Rather solitary, tends to play alone							
	Has at least one good friend							
Peer Problems Scale	Generally liked by other children							
	Picked on or bullied by other children							
	Gets on better with adults than with other children							
	Considerate of other people's feelings							
	Shares readily with other children (treats, toys, pencils, etc.)							
Prosocial Scale	Helpful if someone is hurt, upset or feeling ill							
	Kind to younger children							
	Often volunteers to help others (parents, teachers, other children)							
Total difficulties score	<ul> <li>Sum of the scores from all the scales except the prosocial scale. The resultant score can range from 0~40.</li> <li>● The prosocial score is not incorporated in the reverse direction into the total difficulties score since the absence of prosocial behaviours is conceptually different from the presence of psychological difficulties</li> </ul>							

		ir study	2010 Hoffn	2010 Hoffman, K.		unyuan Fei	2011, Stein, C.R.	
	Cord blood		Child serum Samples (12–15 years of age)		prenatal exposure to PFOA and PFOS in Maternal blood in early pregnancy		Child serum Samples (5–18 years of age)	
ng/mL	Median	IQR	Median	IQR	Median	IQR	Mean ± SD	
PFOA	0.8	1.9 (0.2-2.1)	4.4	2.7	5.4	3.1 (4.0-7.1)	66.3 ± 106.1	
PFOS	3.7	3.5 (2.3-5.8)	22.6	15.9	34.4	17.9 (26.6-44.5)	22.9 ± 12.5,	
PFNA	1.3	4.3 (0.4-4.7)	0.6	0.5	-	-	$1.7\pm1.0$	

Appendix 4. Compare PFCs level in this study with similar target study

Title	Subjects	Exposure	Outcome	Result
2010, Hoffman, K.	NHANES <sup>a</sup> 1999–2000 and 2003–2004 age 12–15	1. Children serum 2. PFOS PFOA PFNA PFHxS	<ol> <li>Parental report of a previous diagnosis by a doctor</li> <li>Health care professional of ADHD was the primary outcome measure</li> </ol>	<ul> <li>1. PFOS aOR for parentally reported ADHD was 1.03 (1.01–1.05)</li> <li>2. PFOA and PFHxS aOR for 1-μg/L increases were statistically significant</li> <li>3. PFNA Non-significant positive association with PFNA OR = 1.32(0.86–2.02).</li> </ul>
2011, Stein, C.R.	C8 Health Project 2005–2006 5–18 years of age	1. Children serum 2. PFOS PFOA PFNA PFHxS	<ol> <li>Diagnosis of ADHD as reported in questionnaire</li> <li>List treatment medications for ADHD</li> </ol>	<ol> <li>PFOA and ADHD inverted J-shaped association</li> <li>ADHD plus medication and PFHxS increased with PFHxS levels (aOR=1.59, 1.21 to 2.08) comparing the highest exposure to the lowest</li> </ol>
2011, Chunyuan Fei, USA	Danish National Birth Cohort	1. Maternal blood in pregnancy 2. PFOA PFOS	<ol> <li>Strengths and Difficulties Questionnaire</li> <li>Developmental Coordination Disorder Questionnaire</li> </ol>	<ol> <li>No association between higher SDQ scores and maternal levels</li> <li>Didn't any statistically significant in motor coordination disorders</li> </ol>

Appendix 5. Compare with similar target study concerning PFCs and ADHD.

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